

### Suburban East Conference Meet - 2014

Low 60s, winds 10-15 mph				Tuesday, October 14, 2014										Falcon Ridge Golf Course, Stacy, MN							
Team	Meet	Varsity		1st	2nd	3rd						Same Meet		Last Race		CC Pers Best		Varsity Team Scores	Points		
Place	Place	Runner	Grd	1600m	1600m	3200m	1600m	5000m	Avg	mi3:mi1	mi2:mi1	Last yr	Improv.	Alex.	Change	5k	2mi	Change			
1	7	Alex Plasencia	11	05:05.0	05:30.0	10:35.0	05:04.0	<b>16:17.0</b>	05:14.5	-00:01.0	00:25.0	16:45.0	00:28.0	16:56.5	-00:39.5	16:39.7	10:26.7	-00:22.7	1. Stillwater	32	
2	24	Ben Carpenter	12	05:19.0	05:33.0	10:52.0	05:20.0	<b>16:52.0</b>	05:25.7	00:01.0	00:14.0	17:26.0	00:34.0	17:16.0	-00:24.0	17:09.9	11:06.0	-00:17.9	2. White Bear Lake	86	
3	26	Tim Pease	10	05:19.0	05:40.0	10:59.0	05:26.2	17:06.0	05:30.2	00:07.2	00:21.0	17:18.0	00:12.0	17:13.6	-00:07.6	17:00.0	11:02.8		3. Woodbury	88	
4	27	Mark Sheldon	12	05:21.0	05:38.0	10:59.0	05:27.1	17:07.0	05:30.6	00:06.1	00:17.0	17:13.0	00:06.0	17:27.2	-00:20.2	17:04.2	10:57.0		4. Mounds View	112	
5	28	Devon McDonald	12	05:11.0	05:41.0	10:52.0	05:34.2	17:08.0	05:30.9	00:23.2	00:30.0	17:00.0	+00:08.0	17:08.1	-00:00.1	17:00.0	11:03.4		5. East Ridge	142	
6	30	Sean Wentworth	12	05:24.0	05:43.0	11:07.0	05:23.6	<b>17:11.0</b>	05:31.8	-00:00.4	00:19.0	18:32.0	01:21.0	17:38.5	-00:27.5	17:38.5	11:17.3	-00:27.5	6. Roseville	162	
7	34	Matt Ericson	12	05:24.0	05:44.0	11:08.0	05:33.3	<b>17:23.0</b>	05:35.7	00:09.3	00:20.0	17:35.0	00:12.0	17:48.3	-00:25.3	17:34.2	11:17.0	-00:11.2	<b>JV Team Scores</b>		
8	47	Grant Delaune	11	05:24.0	05:49.0	11:13.0	05:38.7	<b>17:34.0</b>	05:39.2	00:14.7	00:25.0	17:17.0	+00:17.0	18:20.9	-00:46.9	17:17.0	11:38.6		1. Stillwater	24	
9	52	Harrison Hirsch	11	05:27.0	05:59.0	11:26.0	05:32.4	<b>17:40.0</b>	05:41.2	00:05.4	00:32.0	18:53.0	01:13.0	17:57.2	-00:17.2	17:57.2	11:41.0	-00:17.2	2. White Bear Lake	44	
10	61	Ben Snuggerud	12	05:39.0	05:57.0	11:36.0	05:38.7	17:57.0	05:46.7	-00:00.3	00:18.0	17:50.0	+00:07.0	18:34.6	-00:37.6	17:40.5	11:39.4		3. Mounds View	87	
																			4. East Ridge	95	
																			5. Roseville	163	
																			<b>Most Improved Career 5k</b>		
1	6	Joey Lawson	9	05:26.0	05:52.0	11:18.0	05:32.4	<b>17:32.0</b>	05:38.6	00:06.4	00:26.0	DNR	-	10:56.3	N/A	18:47.6		-01:15.6	John Paul Braun	-01:54.5	
2	20	Graham Fiebiger	12	05:34.0	06:06.0	11:40.0	05:36.0	<b>17:58.0</b>	05:47.0	00:02.0	00:32.0	18:24.0	00:26.0	18:29.1	-00:31.1	18:24.0	12:22.3	-00:26.0	Edward Brody	-01:43.7	
3	24	Henry Henson	11	05:33.0	06:08.0	11:41.0	05:44.0	<b>18:08.0</b>	05:50.2	00:11.0	00:35.0	DNR	-	19:15.0	-01:07.0	18:27.2	12:18.0	-00:19.2	Andrew Fortmeyer	-01:16.6	
4	32	Anders Bandt	9	05:45.0	06:09.0	11:54.0	05:42.2	<b>18:19.0</b>	05:53.7	-00:02.8	00:24.0	DNR	-	11:52.7	N/A	-	11:52.0		Joey Lawson	-01:15.6	
5	35	Sam McGinnity	12	05:42.0	06:10.0	11:52.0	05:47.6	18:23.0	05:55.0	00:05.6	00:28.0	18:08.0	+00:15.0	19:10.8	-00:47.8	17:54.6	11:41.6		<b>Most Improved 5k Same Meet Last Yr</b>		
6	40	Joey Floeder	10	05:36.0	06:12.0	11:48.0	05:57.3	<b>18:30.0</b>	05:57.3	00:21.3	00:36.0	18:43.0	00:13.0	19:20.8	-00:50.8	18:39.5	11:51.6	-00:09.5	Aaron Marx	-03:24.0	
7	42	Nick Simser	9	05:46.0	06:12.0	11:58.0	05:49.3	<b>18:31.0</b>	05:57.6	00:03.3	00:26.0	DNR	-	11:42.8	N/A	19:04.1	11:42.8	-00:33.1	Sean Wentworth	-01:21.0	
8	51	Jackson Denny	10	06:05.0	06:14.0	12:19.0	05:44.9	<b>18:47.0</b>	06:02.7	-00:20.1	00:09.0	19:20.0	00:33.0	19:10.9	-00:23.9	19:10.9	12:32.4	-00:23.9	Harrison Hirsch	-01:13.0	
9	52	Harrison Lien	10	06:00.0	06:18.0	12:18.0	05:46.7	<b>18:48.0</b>	06:03.1	-00:13.3	00:18.0	DNR	-	19:52.7	-01:04.7	19:52.7	13:20.1	-01:04.7	Spencer Pauly	-00:52.0	
10	73	Levi Johnson	11	05:44.0	06:23.0	12:07.0	06:11.6	19:05.0	06:08.5	00:27.6	00:39.0	19:07.0	00:02.0	19:29.1	-00:24.1	18:48.5	12:05.0		<b>Most Improved From Last Meet</b>		
11	84	Aaron Marx	10	06:13.0	06:29.0	12:42.0	05:52.9	<b>19:19.0</b>	06:13.0	-00:20.1	00:16.0	22:43.0	03:24.0	19:55.0	-00:36.0	19:55.0	13:26.0	-00:36.0	Karl Keeler	-01:28.4	
12	101	Aaron Voiovich	11	06:10.0	06:34.0	12:44.0	06:12.4	<b>19:43.0</b>	06:20.8	00:02.4	00:24.0	20:02.0	00:19.0	21:11.1	-01:28.1	20:02.0	15:16.0	-00:19.0	Aaron Voiovich	-01:28.1	
13	106	Spencer Pauly	10	06:17.0	06:43.0	13:00.0	06:00.9	<b>19:46.0</b>	06:21.7	-00:16.1	00:26.0	20:38.0	00:52.0	20:11.7	-00:25.7	20:11.7	14:31.8	-00:25.7	Henry Henson	-01:07.0	
14	116	Jared Herbert	9	06:04.0	06:38.0	12:42.0	06:26.7	<b>19:57.0</b>	06:25.3	00:22.7	00:34.0	DNR	-	12:20.5	N/A	20:56.4	12:20.5	-00:59.4	Harrison Lien	-01:04.7	
15	122	Karl Keeler	12	06:14.0	06:42.0	12:56.0	06:26.7	<b>20:11.0</b>	06:29.8	00:12.7	00:28.0	20:55.0	00:44.0	21:39.4	-01:28.4	20:55.0	13:00.2	-00:44.0			
16	131	Noah Xiong	9	06:11.0	06:47.0	12:58.0	06:34.7	<b>20:22.0</b>	06:33.3	00:23.7	00:36.0	DNR	-	13:07.8	N/A	21:15.9	13:07.8	-00:53.9			
17	138	David Dahl	9	06:08.0	06:41.0	12:49.0	06:54.2	20:35.0	06:37.5	00:46.2	00:33.0	DNR	-	11:42.9	N/A	19:06.5	11:42.9				
18	162	Brian Paulsen	10	06:37.0	06:58.0	13:35.0	06:49.8	21:16.0	06:50.7	00:12.8	00:21.0	DNR	-	21:11.3	+00:04.7	21:11.3	14:17.9				
19	167	John Paul Braun	9	06:35.0	07:13.0	13:48.0	06:51.6	<b>21:31.0</b>	06:55.5	00:16.6	00:38.0	DNR	-	13:36.6	N/A	23:25.5	13:36.6	-01:54.5			
20	170	Lyndon Hills	11	06:43.0	07:18.0	14:01.0	06:46.2	<b>21:38.0</b>	06:57.8	00:03.2	00:35.0	DNR	-	22:03.4	-00:25.4	22:03.4		-00:25.4			
21	175	Andrew Fortmeyer	9	06:43.0	07:19.0	14:02.0	06:52.4	<b>21:46.0</b>	07:00.4	00:09.4	00:36.0	DNR	-	DNF	N/A	23:02.6	14:19.1	-01:16.6			
22	182	Collin Wentworth	8	06:41.0	07:36.0	14:17.0	06:46.2	<b>21:54.0</b>	07:02.9	00:05.2	00:55.0	DNR	-	12:59.0	N/A	-	-				
23	191	Edward Brody	9	06:39.0	07:40.0	14:19.0	07:06.7	<b>22:19.0</b>	07:11.0	00:27.7	01:01.0	DNR	-	13:49.3	N/A	24:02.7	13:49.3	-01:43.7			
24	194	Grant Benson	9	06:51.0	07:44.0	14:35.0	06:59.6	<b>22:27.0</b>	07:13.6	00:08.6	00:53.0	DNR	-	13:25.5	N/A	23:19.6	13:25.5	-00:52.6			
25	200	Ben Lindahl	10	06:49.0	07:58.0	14:47.0	07:20.0	<b>23:02.0</b>	07:24.8	00:31.0	01:09.0	DNR	-	23:08.6	-00:06.6	23:08.6	14:44.6	-00:06.6			
26	209	Shihab Ahmed	11	06:46.0	07:59.0	14:45.0	08:19.6	24:07.0	07:45.7	01:33.6	01:13.0	DNR	-	24:16.7	-00:09.7	23:44.0					
		Cameron Tomczyk	10					DNR				DNR		20:44.5		20:44.5	13:14.0				
		Ben Ebert	10					DNR				25:53.2		20:48.4		20:48.4	13:10.2				
		Aaron Gehl	12					DNR				21:08.0		21:31.1		21:08.0	14:41.0				
		Travis Walbon	10					DNR				DNR		21:31.1		21:31.1	14:30.8				
		John Carlson	8					DNR				DNR									
		Austin Streit	8					DNR				DNR		11:50.0							
		Lucas Hessini	8					DNR				DNR		12:38.6							
		Hans Adamsson	11					DNR				17:19.0		DNR		17:19.0	11:30.1				
		Ryan Lucas	12					DNR				22:50.0		24:00.6		22:50.0	14:33.1				
		Patrick Ongaro	12					DNR				21:06.0		20:20.0		18:56.7	12:01.0				
		Erik Odmark	10					DNR						24:08.7		24:08.7					

**Suburban East Conference Meet - 2014**

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