

Suburban East Conference (SEC) Meet - 2019

45 F, drizzling, soggy in spots				Tuesday, October 15, 2019								Tanners Brook Golf Course, Forest Lake						
Team	Meet	Varsity Race		1st	2nd	3rd	4th	5th	6th	7th	8th	Same Meet		Last Race		CC Pers Best		
Place	Place	Runner	Grade	1000m	1600m	1600m	3200m	1600m	5000m	avg.	1000m	Last yr	Improv.	5k/3200m	Improv.	5k	2mi	
1	2	Finn Sokolowski	12	03:06.0	05:02.0	05:07.0	10:09.0	05:11.0	15:58.9	05:06.8	03:11.8	15:51.3		16:24.2	00:25.3	15:51.3	10:08.0	
2	7	Will Sacay	12	03:06.0	05:02.0	05:13.0	10:15.0	05:19.6	16:14.6	05:11.9	03:14.9	16:21.4	00:06.8	16:41.4	00:26.8	15:59.3	10:21.0	
3	9	Alec Nelson	12	03:08.0	05:03.0	05:12.0	10:15.0	05:24.5	16:20.1	05:13.6	03:16.0	16:23.4	00:03.3	16:35.4	00:15.3	16:05.3	10:12.0	
4	12	Elliott McArthur	9	03:09.0	05:08.0	05:18.0	10:26.0	05:17.9	16:23.6	05:14.8	03:16.7	16:32.6	00:09.0	17:02.1	00:38.5	16:19.0	10:06.0	
5	18	Matthew Miller	11	03:10.0	05:09.0	05:22.0	10:31.0	05:31.2	16:43.6	05:21.2	03:20.7	17:03.2	00:19.6	17:07.9	00:24.3	17:03.2	10:26.0	
6	21	Santino Preciado	12	03:09.0	05:08.0	05:23.0	10:31.0	05:31.6	16:44.1	05:21.3	03:20.8	17:24.7	00:40.6	16:52.6	00:08.5	16:52.6	10:46.0	
7	32	Nathaniel Apostol	12	03:10.0	05:09.0	05:30.0	10:39.0	05:54.4	17:17.7	05:32.1	03:27.5	17:19.8	00:02.1	17:55.8	00:38.1	16:58.5	10:36.0	
8	45	Charlie Brody	11	03:20.0	05:28.0	05:41.0	11:09.0	05:44.9	17:37.0	05:38.2	03:31.4	20:35.3	02:58.3	17:42.5	00:05.5	17:42.5	11:24.9	
9	47	Ezra Gaim	12	03:11.0	05:13.0	05:39.0	10:52.0	06:03.6	17:41.0	05:39.5	03:32.2			17:41.7	00:00.7	17:41.7	11:10.0	
10	63	Brenner Kline	12	03:20.0	05:28.0	05:45.0	11:13.0	06:04.4	18:03.0	05:46.6	03:36.6	18:14.6	00:11.6	17:43.9		17:43.9	11:50.8	
		JV Race																
1	9	Canton Francisco	9		05:43.0	05:52.0	11:35.0	05:41.0	17:58.6	05:45.2	03:35.7	19:53.8	01:55.2	18:21.8	00:23.2	18:21.8	11:22.2	
2	10	Mikey Gennaro	12		05:32.0	05:46.0	11:18.0	05:57.1	17:59.7	05:45.5	03:35.9			19:36.7	01:37.0	18:02.3	11:18.7	
3	13	Zach Allie	12		05:27.0	05:50.0	11:17.0	06:01.4	18:03.6	05:46.8	03:36.7	18:14.8	00:11.2	18:37.2	00:33.6	18:14.8	11:22.6	
4	18	Sam Magnuson	11		05:32.0	05:48.0	11:20.0	06:03.2	18:08.6	05:48.4	03:37.7			18:12.2	00:03.6	17:41.1	11:27.0	
5	19	Carter Francisco	11		05:32.0	05:49.0	11:21.0	06:03.2	18:09.6	05:48.7	03:37.9	19:26.2	01:16.6	18:27.8	00:18.2	17:58.3	12:35.1	
6	24	John Pfenning-Wendt	12		05:32.0	05:57.0	11:29.0	06:11.4	18:26.8	05:54.2	03:41.4	18:50.8	00:24.0	18:29.3	00:02.5	18:12.4	11:36.9	
7	26	Nick Schulte	9		05:41.0	05:55.0	11:36.0	06:08.7	18:30.8	05:55.5	03:42.2	20:02.0	01:31.2	18:27.0		18:27.0	11:42.2	
8	28	Sam Geer	7		05:42.0	06:00.0	11:42.0	06:09.8	18:38.0	05:57.8	03:43.6			19:27.6	00:49.6	19:27.6	12:02.8	
9	36	Terry Toweh	12		05:50.0	06:04.0	11:54.0	06:05.3	18:45.0	06:00.0	03:45.0							
10	42	Ellis Maloney	11		05:32.0	06:06.0	11:38.0	06:24.0	18:50.0	06:01.6	03:46.0	17:45.5		17:59.5		17:45.5	11:23.6	
11	66	Tanner Ware	12		05:54.0	06:15.0	12:09.0	06:17.8	19:14.0	06:09.3	03:50.8	23:21.4	04:07.4	19:08.5		19:01.0	12:09.7	
12	76	Ben Sparks	9		05:56.0	06:17.0	12:13.0	06:23.1	19:24.0	06:12.5	03:52.8			18:59.4		18:59.4	12:09.4	
13	78	Luke Welsh	11		05:56.0	06:18.0	12:14.0	06:26.7	19:29.0	06:14.1	03:53.8	20:49.0	01:20.0	19:27.8		19:10.0	12:14.5	
14	81	Matthew Nelson	12		06:06.0	06:03.0	12:09.0	06:32.9	19:31.0	06:14.7	03:54.2	19:59.0	00:28.0	20:52.8	01:21.8	20:23.6	12:43.2	
15	83	Max Derosier	10		05:54.0	06:20.0	12:14.0	06:29.3	19:32.0	06:15.0	03:54.4	21:32.5	02:00.5	19:57.6	00:25.6	18:54.8	11:55.3	
16	85	Cole Kath	10		06:04.0	06:17.0	12:21.0	06:26.7	19:36.0	06:16.3	03:55.2	19:57.8	00:21.8	20:06.5	00:30.5	19:45.3	12:24.1	
17	94	Daniel Rauenhurst	11		06:03.0	06:18.0	12:21.0	06:38.2	19:49.0	06:20.5	03:57.8	19:43.2		19:49.3	00:00.3	19:35.7	12:36.0	
18	102	James Freimuth	11		06:06.0	06:25.0	12:31.0	06:40.0	20:01.0	06:24.3	04:00.2	20:38.0	00:37.0	20:09.9	00:08.9	19:59.6	12:30.6	
19	107	Alex Breen	12		05:47.0	06:24.0	12:11.0	07:00.4	20:04.0	06:25.3	04:00.8	19:52.8		19:48.1		19:03.9	11:58.3	
20	108	August Arnold	8		06:06.0	06:30.0	12:36.0	06:38.3	20:04.1	06:25.3	04:00.8	24:19.2	04:15.1	22:26.0	02:21.9	22:26.0		
21	120	William Anderson	9		06:11.0	06:29.0	12:40.0	06:48.0	20:19.0	06:30.1	04:03.8	22:03.3	01:44.3	21:32.0	01:13.0	21:32.0	13:20.0	
22	124	Victor Lelinga	9		06:28.0	06:33.0	13:01.0	06:38.2	20:29.0	06:33.3	04:05.8			20:27.9		20:27.9	12:33.2	
23	129	Jack Simser	12		06:30.0	06:37.0	13:07.0	06:34.7	20:31.0	06:33.9	04:06.2			20:25.9		20:25.9		
24	144	Otto Coleman	8		06:07.0	06:44.0	12:51.0	07:04.0	20:48.0	06:39.4	04:09.6			21:55.3	01:07.3	21:55.3	12:41.2	
25	153	Yatharth Sharma	10		06:22.0	06:46.0	13:08.0	07:04.0	21:05.0	06:44.8	04:13.0			22:19.7	01:14.7	20:59.8	13:08.3	
26	155	Sam Richter	9		06:28.0	06:52.0	13:20.0	06:54.2	21:06.0	06:45.1	04:13.2			21:00.0		21:00.0	13:05.3	
27	158	Ben Wiggenhorn	9		06:34.0	06:47.0	13:21.0	06:56.9	21:10.0	06:46.4	04:14.0			21:29.6	00:19.6	21:29.6	13:32.3	
28	160	Justin Rauenhurst	11		06:34.0	06:53.0	13:27.0	06:55.1	21:14.0	06:47.7	04:14.8	22:31.2	01:17.2	22:05.6	00:51.6	20:53.5	13:22.8	
29	184	Jack Carlson	9		06:44.0	07:04.0	13:48.0	07:00.4	21:41.0	06:56.3	04:20.2			21:32.1		21:32.1	13:43.0	
30	190	Jake McAlpine	12		06:29.0	07:00.0	13:29.0	07:21.8	21:46.0	06:57.9	04:21.2							
31	191	Ashwin Wariar	11		06:47.0	07:01.0	13:48.0	07:05.8	21:47.0	06:58.2	04:21.4	22:47.9	01:00.9	22:32.7	00:45.7	22:09.5	13:31.1	
32	196	Sam McDonald	9		06:46.0	07:05.0	13:51.0	07:09.3	21:54.0	07:00.5	04:22.8			21:36.6		21:36.6	13:49.7	
33	202	Harrison Smith	10		06:46.0	07:08.0	13:54.0	07:13.8	22:02.0	07:03.0	04:24.4			24:11.3	02:09.3	22:35.5	13:44.5	
34	205	Lane Bennett	9		06:49.0	07:05.0	13:54.0	07:17.3	22:06.0	07:04.3	04:25.2			22:23.9	00:17.9	22:23.9	13:55.0	
35	210	Khai Mulheron	7		07:03.0				22:23.0	07:09.8	04:28.6			DNR			14:25.6	
36	242	Ivan Zu	9		07:14.0				23:38.0	07:33.8	04:43.6			23:01.5		23:01.5		
37	259	Hudson Hirsch	9		07:35.0				24:33.0	07:51.4	04:54.6			24:20.2		24:20.2	16:00.2	
38	264	Charlie Anderson	9		07:35.0				25:03.0	08:01.0	05:00.6			26:04.0	01:01.0	26:04.0	15:53.2	
		Caleb Laberge	12						DNR					20:13.6		20:13.6		
		Matthew Walker	11						DNR			19:23.3		18:34.1		18:34.1	11:41.8	
		Laken Hairston	12						DNR			23:36.3		21:37.1		21:37.1		
		Evan Kirland	8						DNR					21:51.6		21:51.6	12:02.0	
		Tate Nelson	9						DNR					27:16.8		27:16.8	15:14.0	
		Theo Moller	9						DNR					26:50.1		26:50.1	17:29.2	
		Lukas Nicolopoulos	9						DNR					22:42.4		22:42.4		
		Levi Hammerbeck	8						DNR			23:36.5		22:37.5		22:37.5	13:23.9	