

Suburban East Conference Meet - 2016

mid-60s, sunny, soggy footing				Tuesday, October 18, 2016				Tanners Brook Golf Course, Forest Lake, MN								
Team	Meet	Mounds View Varsity							Same Meet		Last Race		CC Pers Best			
Place	Place	Runner	Grd	1600m	1600m	3200m	1600m	5000m	Avg	Last yr	Improv	Alex.	Improv	5k	2mi	Improv
		Varsity														
1	2	Zeke Lelinga	12	05:24.0	05:14.0	10:38.0	04:55.1	16:10.0	05:10.4	17:59.0	01:49.0	16:09.3		16:09.3	10:07.6	
2	9	Lukas Hessini	10	05:24.0	05:24.0	10:48.0	05:12.9	16:40.0	05:20.0	17:32.0	00:52.0	16:39.9		16:39.9	10:43.1	
3	11	Austin Streit	10	05:24.0	05:15.0	10:39.0	05:21.8	16:41.0	05:20.3	17:15.0	00:34.0	16:11.7		16:11.7	10:20.8	
4	13	Anders Bandt	11	05:25.0	05:27.0	10:52.0	05:14.7	16:46.0	05:21.9	17:09.0	00:23.0	17:12.0	00:26.0	17:04.1	10:43.7	00:18.1
5	17	Joey Lawson	11	05:24.0	05:28.0	10:52.0	05:21.8	16:54.0	05:24.5	16:55.0	00:01.0	16:44.0		16:44.0	10:35.7	
6	20	Tim Pease	12	05:24.0	05:30.0	10:54.0	05:24.4	16:59.0	05:26.1	16:43.0		16:39.8		16:33.4	10:59.0	
7	23	Mark Ousdigian	12	05:25.0	05:28.0	10:53.0	05:28.0	17:02.0	05:27.0	17:15.0	00:13.0	16:59.6		16:55.1	10:27.6	
8	27	Will Sacav	9	05:25.0	05:31.0	10:56.0	05:32.4	17:10.0	08:35.0	18:27.0	01:17.0	10:49.6		16:53.4	10:36.2	
9	45	Aaron Marx	12	05:31.0	05:41.0	11:12.0	05:38.7	17:33.0	05:37.0	18:22.0	00:49.0	17:44.0	00:11.0	17:44.0	11:11.3	00:11.0
10	54	John Carlson	10	05:31.0	05:43.0	11:14.0	05:51.1	17:49.0	05:42.1	17:29.0		17:30.0		17:26.3	11:09.9	
		Dave Dahl	11					DNR		17:10.0		16:09.2		16:09.2	10:07.0	
		JV														
1	5	Jackson Denny	12	05:43.0	05:44.0	11:27.0	05:27.1	17:35.0	05:37.6	17:25.0		17:54.0	00:19.0	17:25.0	11:01.9	
2	6	Jacob Hakes	10	05:43.0	05:37.0	11:20.0	05:36.9	17:39.0	05:38.9	18:59.0	01:20.0	17:47.0	00:08.0	17:47.0	11:44.3	00:08.0
3	10	Harry Lien	12	05:49.0	05:54.0	11:43.0	05:27.1	17:51.0	05:42.7	17:43.0		17:49.0		17:43.0	11:16.4	
4	22	Adam Coltvet	11	05:52.0	06:05.0	11:57.0	05:39.6	18:19.0	05:51.7	18:28.0	00:09.0	17:57.0		17:57.0	11:38.6	
5	34	Jared Herbert	11	05:54.0	06:04.0	11:58.0	05:48.4	18:30.0	05:55.2	19:02.0	00:32.0	18:23.0		18:19.9	11:57.5	
6	35	Nick Simser	11	05:52.0	06:06.0	11:58.0	05:49.3	18:31.0	05:55.5	17:54.0		17:48.0		17:44.0	11:44.0	
7	36	Nate Moller	10	06:07.0	06:01.0	12:08.0	05:40.4	18:31.0		18:32.0	00:01.0	DNF		18:32.0	10:59.3	00:01.0
8	37	Alec Nelson	9	05:57.0	06:02.0	11:59.0	05:49.3	18:32.0	09:16.0	-		11:11.0		19:10.5	11:11.0	00:38.5
9	47	Steve McCov	10	05:58.0	06:06.0	12:04.0	05:52.9	18:41.0	05:58.7	19:18.0	00:37.0	18:24.0		18:24.0	11:44.9	
10	48	Erik Swenson	10	06:05.0	05:59.0	12:04.0	05:53.8	18:42.0	05:59.0	-		18:40.0		18:40.0	11:38.9	
11	49	Finn Sokolowski	9	05:57.0	06:01.0	11:58.0	05:59.1	18:42.0	09:21.0	-		11:08.4		19:14.7	11:08.4	00:32.7
12	55	JP Braun	11	05:59.0	06:09.0	12:08.0	05:55.6	18:48.0	06:01.0	19:29.0	00:41.0	18:44.0		18:44.0	12:08.2	
13	63	Sam Winters	10	06:07.0	06:18.0	12:25.0	05:51.1	19:00.0	06:04.8	19:15.0	00:15.0	18:45.0		18:45.0	12:08.6	
14	64	Sam Morrisette	10	06:07.0	06:18.0	12:25.0	05:51.1	19:00.0	06:04.8	-		18:46.0		18:46.0	12:09.5	
15	66	Cameron Tomczyk	12	05:59.0	06:09.0	12:08.0	06:08.0	19:02.0	06:05.4	19:49.0		19:26.0		19:26.0	11:57.1	00:24.0
16	76	Nathaniel Apostol	9	06:14.0	06:12.0	12:26.0	06:03.6	19:15.0	09:37.5	-		11:28.2		19:35.4	11:28.2	00:20.4
17	85	Eddie Brody	11	05:58.0	06:17.0	12:15.0	06:24.0	19:27.0	06:13.4	19:24.0		19:30.0	00:03.0	19:20.6	12:41.7	
18	88	Spencer Paulv	12	06:03.0	06:20.0	12:33.0	06:19.6	19:30.0	06:14.4	19:02.0		19:10.0		18:49.9	12:34.7	
19	97	Zach Allie	9	06:20.0	06:24.0	12:44.0	06:13.3	19:44.0	09:52.0	-		12:12.8			12:12.8	
20	102	Brenner Kline	9	06:20.0	06:25.0	12:45.0	06:17.8	19:50.0	09:55.0	-		12:20.7			12:20.7	
21	112	Collin Wentworth	10	06:17.0	06:35.0	12:52.0	06:19.6	19:59.0	06:23.7	22:47.0	02:48.0	19:47.0		19:47.0	12:33.0	
22	113	Henri Derosier	10	06:29.0	06:37.0	13:06.0	06:08.0	20:00.0	06:24.0	21:03.0	01:03.0	19:42.0		19:42.0	13:02.8	
23	123	Noah Xiong	11	06:08.0	06:36.0	12:44.0	06:40.0	20:14.0	06:28.5	DNF		20:28.0	00:14.0	19:15.0	12:11.3	
24	128	Nathan Hohenshell	10	06:29.0	06:39.0	13:08.0	06:23.1	20:19.0	06:30.1	21:35.0	01:16.0	19:59.0		19:59.0	13:09.0	
25	132	Travis Walbon	12	06:33.0	06:42.0	13:15.0	06:23.1	20:26.0	06:32.3	21:01.0	00:35.0	20:06.0		20:06.0	13:47.0	
26	145	Matthew Nelson	9	06:36.0	06:48.0	13:24.0	06:29.3	20:42.0	10:21.0	-		12:43.2			12:43.2	
27	149	Jordan Bergstrom	11	06:42.0	06:43.0	13:25.0	06:33.8	20:48.0	06:39.4	22:37.0	01:49.0	21:02.0	00:14.0	21:02.0		00:14.0
28	157	Ben Ebert	12	06:33.0	06:46.0	13:19.0	06:47.1	20:57.0	06:42.2	20:52.0		23:31.0	02:34.0	20:35.7	13:10.2	
29	161	Felix Zhang	11	06:29.0	06:53.0	13:22.0	06:50.7	21:04.0	06:44.5	22:11.0	01:07.0	19:52.0		19:52.0	12:42.4	
30	162	Mikev Gennaro	9	06:43.0	06:52.0	13:35.0	06:39.1	21:04.0	10:32.0	-		12:24.4			12:24.4	
31	170	Alex Breen	9	06:44.0	06:52.0	13:36.0	06:48.0	21:15.0	10:37.5	-		12:28.7			12:28.7	
32	181	Brian Paulsen	12	06:47.0	06:51.0	13:38.0	06:58.7	21:29.0	06:52.5	21:36.0	00:07.0	20:06.0		20:06.0	13:34.0	
33	197	Attila Szabo	11	06:58.0	07:19.0	14:17.0	06:40.9	21:48.0	06:58.6	-		22:27.0	00:39.0	22:27.0		00:39.0
34	206	Kevin Nelson	10	06:57.0	07:26.0	14:23.0	06:54.2	22:09.0	07:05.3	21:01.0		21:00.0		20:58.7	12:58.8	
35	216	John Pfenning-Wendt	9	07:06.0	07:21.0	14:27.0	07:02.2	22:22.0	11:11.0	-		DNF			14:18.3	
36	218	Mason Huberty	10	07:05.0	07:14.0	14:19.0	07:10.2	22:23.0	07:09.8	23:41.0	01:18.0	21:53.0		21:53.0	13:47.2	
37	231	Nick Gourley	10	07:06.0	07:27.0	14:33.0	07:21.8	22:50.0	07:18.4	22:45.0		22:23.0		21:22.3	13:41.2	
38	251	Henry Sevmour	11			15:51.0	08:01.8	24:53.0		-		DNF				
39	252	Naranjan Sankar	12			16:37.0	07:28.9	25:02.0		-					18:00.4	
		Caleb Walbon	10		00:00.0		#####	DNR	#####	-		26:12.0		26:12.0	22:15.3	
		Filippos Gilbert	11					DNR		18:08.0		DNF			11:03.3	
		Sam Safi	9					DNR		-		DNF			13:52.1	
		Ben Loperfido	9					DNR		-		DNF			16:16.4	

Most Improved Same Meet Last Year	
Collin Wentworth	02:48.0
Zeke Lelinga	01:49.0
Jordan Bergstrom	01:49.0

Most Improved Last Race	
Ben Ebert	02:34.0
Attila Szabo	00:39.0
Anders Bandt	00:26.0

Most Improved Career 5000m	
Attila Szabo	00:39.0
Alec Nelson	00:38.5
Finn Sokolowski	00:32.7

Varsity Team Scores	
1) Mounds View	52
2) Stillwater	59
3) White Bear Lake	103
4) Woodbury	113
5) Forest Lake	130
6) Roseville	149

JV Team Scores	
1) Stillwater	17
2) Mounds View	66
3) White Bear Lake	72
4) East Ridge	97
5) Forest Lake	156
6) Roseville	160