

Mile Time Trials - October 2020

1600m TT		Friday, October 23 2020								
Runner	Grade	August	400m		800m		1200m		1600m	Improvement
Matthew Walker	12	DNR	01:16.0	01:17.0	02:33.0	01:15.0	03:48.0	01:08.1	04:56.1	
Otto Coleman	9	05:00.9	01:12.0	01:19.0	02:31.0	01:18.0	03:49.0	01:11.3	05:00.3	00:00.6
Carter Francisco	12	05:06.7	01:13.0	01:18.0	02:31.0	01:17.0	03:48.0	01:13.6	05:01.6	00:05.1
Sam Geer	8	05:22.4	01:12.0	01:19.0	02:31.0	01:18.0	03:49.0	01:18.5	05:07.5	00:14.9
Owen Kalms	8	05:50.2	01:13.0	01:20.0	02:33.0	01:20.0	03:53.0	01:18.1	05:11.1	00:39.1
Ben Sparks	10	DNR	01:16.0	01:21.0	02:37.0	01:26.0	04:03.0	01:20.2	05:23.2	
Levi Hammerbeck	9	DNR	01:13.0	01:21.0	02:34.0	01:24.0	03:58.0	01:25.2	05:23.2	
Sam Richter	10	05:27.9	01:14.0	01:23.0	02:37.0	01:26.0	04:03.0	01:23.5	05:26.5	00:01.4
Victor Leling	10	05:28.1	01:16.0	01:26.0	02:42.0	01:30.0	04:12.0	01:17.2	05:29.2	
James Freimuth	12	06:51.1	01:17.0	01:27.0	02:44.0	01:28.0	04:12.0	01:17.2	05:29.2	01:21.9
Sam McDonald	10	05:39.1	01:17.0	01:28.0	02:45.0	01:27.0	04:12.0	01:17.8	05:29.8	00:09.3
August Arnold	9	06:03.2	01:17.0	01:27.0	02:44.0	01:28.0	04:12.0	01:23.2	05:35.2	00:28.0
William Anderson	10	05:36.2	01:15.0	01:27.0	02:42.0	01:30.0	04:12.0	01:23.6	05:35.6	00:00.6
Jack Carlson	10	06:00.6	01:17.0	01:28.0	02:45.0	01:27.0	04:12.0	01:26.9	05:38.9	00:21.7
Layne Bennett	10	05:39.2	01:16.0	01:29.0	02:45.0	01:29.0	04:14.0	01:30.4	05:44.4	
Charlie Anderson	10	06:22.0	01:28.0	01:32.0	03:00.0	01:35.0	04:35.0	01:28.8	06:03.8	00:18.2
Tate Nelson	10	06:36.0	01:28.0	01:32.0	03:00.0	01:36.0	04:36.0	01:33.2	06:09.2	00:26.8
August McDonald	9	DNR	01:17.0	01:30.0	02:47.0	01:42.6	04:29.6	01:43.6	06:13.2	-
Hudson Hirsch	10	06:04.1	01:28.0	01:35.0	03:03.0	01:31.0	04:34.0	01:42.5	06:16.5	
Ethan Zhao	9	07:09.8	01:32.0	01:41.0	03:13.0	01:38.0	04:51.0	01:26.1	06:17.1	00:52.7
Alton Supena	9	DNR	01:31.0	01:42.0	03:13.0	01:35.0	04:48.0	01:40.5	06:28.5	-
Jonin Morgan	8	07:06.0	01:32.0	01:41.0	03:13.0	01:39.0	04:52.0	01:38.4	06:30.4	00:35.6
Khari Mulheron	8	07:03.6	01:31.0	01:42.0	03:13.0	01:41.0	04:54.0	01:37.1	06:31.1	00:32.5
Lief Smith	10	DNR	01:30.0	01:43.0	03:13.0	01:38.0	04:51.0	01:41.8	06:32.8	-