

Section 5AA Meet - 2019

low 40s, minimal wind, partly sunny				Thursday, October 24, 2019							Anoka High School							
Team	Meet	Varsity Race			1st	2nd		3rd		1600m	1000m	Same Meet		Last Race		CC Pers Best		
Place	Place	Runner	Grade	1000m	1600m	1600m	3200m	1600m	5000m	avg.	avg	Last yr	Improv.	5k	Improv.	5k	2mi	
1	1	Finn Sokolowski	12	02:59.0	04:55.0	05:06.0	10:01.0	05:02.9	15:41.8	05:01.4	03:08.4	15:56.4	00:14.6	15:58.9	00:17.1	15:51.3	10:08.0	
2	2	Alec Nelson	12	03:03.0	05:00.0	05:09.0	10:09.0	05:01.6	15:48.3	05:03.5	03:09.7	16:05.3	00:17.0	16:20.1	00:31.8	16:05.3	10:12.0	
3	3	Will Sacay	12	03:03.0	05:00.0	05:09.0	10:09.0	05:06.0	15:53.3	05:05.1	03:10.7	15:59.3	00:06.0	16:14.6	00:21.3	15:59.3	10:21.0	
4	8	Elliott McArthur	9	03:05.0	05:04.0	05:17.0	10:21.0	05:10.6	16:10.4	05:10.5	03:14.1	16:19.0	00:08.6	16:23.6	00:13.2	16:19.0	10:06.0	
5	9	Matthew Miller	11	03:06.0	05:06.0	05:15.0	10:21.0	05:11.3	16:11.2	05:10.8	03:14.2	17:03.8	00:52.6	16:43.6	00:32.4	16:43.6	10:26.0	
6	12	Santino Preciado	12	03:06.0	05:06.0	05:19.0	10:25.0	05:20.1	16:25.1	05:15.2	03:17.0	17:10.7	00:45.6	16:44.1	00:19.0	16:44.1	10:46.0	
7	15	Nathaniel Apostol	12	03:07.0	05:07.0	05:22.0	10:29.0	05:23.9	16:33.4	05:17.9	03:18.7	16:58.5	00:25.1	17:17.7	00:44.3	16:58.5	10:36.0	
JV Race																		
1	1	Ezra Gaim	12	03:15.0	5:25.0	05:40.0	11:05.0	05:33.1	17:19.7	05:32.7	03:27.9			17:41.0	00:21.3	17:41.0	11:10.0	
2	4	Charlie Brody	11	03:16.0	5:29.0	05:42.0	11:11.0	05:41.6	17:35.3	05:37.7	03:31.1	20:10.4	02:35.1	17:37.0	00:01.7	17:37.0	11:24.9	
3	5	Zach Allie	12	03:16.0	5:29.0	05:46.0	11:15.0	05:42.2	17:40.0	05:39.2	03:32.0	18:22.4	00:42.4	18:03.6	00:23.6	18:03.6	11:22.6	
4	12	Sam Magnuson	11	03:23.0	5:35.0	05:46.0	11:21.0	05:50.0	17:54.7	05:43.9	03:34.9			18:08.6	00:13.9	17:41.1	11:27.0	
5	13	Ellis Maloney	11	03:23.0	5:34.0	05:47.0	11:21.0	05:52.7	17:57.8	05:44.9	03:35.6	17:49.3		18:50.0	00:52.2	17:45.5	11:23.6	
6	17	Brenner Kline	12	03:14.0	5:29.0	05:49.0	11:18.0	06:01.7	18:04.9	05:47.2	03:37.0	17:52.9		18:03.0		17:43.9	11:50.8	
7	21	Sam Geer	7	03:31.0	5:44.0	05:52.0	11:36.0	05:48.4	18:07.9	05:48.1	03:37.6			18:38.0	00:30.1	18:38.0	12:02.8	
8	22	Mikey Gennaro	12	03:22.0	5:34.0	05:48.0	11:22.0	06:00.8	18:07.9	05:48.1	03:37.6	18:02.3		17:59.7		17:59.7	11:18.7	
9	23	Canton Francisco	9	03:49.0	6:06.0	05:40.0	11:46.0	05:40.9	18:09.5	05:48.6	03:37.9	19:39.2	01:29.7	17:58.6		17:58.6	11:22.2	
10	24	Nick Schulte	9	03:30.0	5:46.0	05:50.0	11:36.0	05:50.1	18:09.9	05:48.8	03:38.0			18:30.8	00:20.9	18:30.8	11:42.2	
11	27	John Pfenning-Wendt	12		5:35.0	05:59.0	11:34.0	05:55.0	18:13.4	05:49.9	03:38.7	18:21.7	00:08.3	18:26.8	00:13.4	18:12.4	11:36.9	
12	29	Carter Francisco	11	03:27.0	5:39.0	05:51.0	11:30.0	05:59.7	18:14.7	05:50.3	03:38.9	19:20.2	01:05.5	18:09.6		17:58.3	12:35.1	
13	33	Terry Toweh	12	03:34.0	5:52.0	06:00.0	11:52.0	05:48.4	18:23.9	05:53.2	03:40.8			18:45.0	00:21.1	18:45.0		
14	47	Tanner Ware	12	03:39.0	5:55.0	06:03.0	11:58.0	05:56.2	18:38.7	05:58.0	03:43.7	22:12.3	03:33.6	19:14.0	00:35.3	19:01.0	12:09.7	
15	54	Matthew Walker	11	03:42.0	6:00.0	06:08.0	12:08.0	05:56.3	18:48.8	06:01.2	03:45.8	18:55.8	00:07.0	18:34.1		18:34.1	11:41.8	
16	69	Luke Welsh	11	03:45.0	6:06.0	06:10.0	12:16.0	06:00.6	19:01.7	06:05.3	03:48.3	20:29.2	01:27.5	19:29.0	00:27.3	19:10.0	12:14.5	
17	72	Max Derosier	10	03:48.0	6:07.0	06:10.0	12:17.0	06:00.8	19:02.9	06:05.7	03:48.6	21:22.2	02:19.3	19:32.0	00:29.1	18:54.8	11:55.3	
18	82	Otto Coleman	8	03:57.0	6:20.0	06:08.0	12:28.0	05:59.7	19:12.7	06:08.9	03:50.5			20:48.0	01:35.3	20:48.0	12:41.2	
19	96	Ben Sparks	9	03:42.0	6:01.0	06:19.0	12:20.0	06:14.1	19:20.9	06:11.5	03:52.2			19:24.0	00:03.1	18:59.4	12:09.4	
20	100	Matthew Nelson	12	03:52.0	6:12.0	06:12.0	12:24.0	06:13.8	19:24.5	06:12.6	03:52.9	20:02.1	00:37.6	19:31.0		19:31.0	12:43.2	
21	106	Cole Kath	10	03:48.0	6:10.0	06:11.0	12:21.0	06:20.1	19:28.6	06:14.0	03:53.7	19:48.3	00:19.7	19:36.0	00:07.4	19:36.0	12:24.1	
22	109	Alex Breen	12	03:40.0	6:00.0	06:15.0	12:15.0	06:28.7	19:32.3	06:15.1	03:54.5	19:05.8		20:04.0	00:31.7	19:03.9	11:58.3	
23	112	Daniel Rauenhurst	11	03:48.0	6:11.0	06:09.0	12:20.0	06:25.2	19:33.3	06:15.5	03:54.7	19:53.0	00:19.7	19:49.0	00:15.7	19:35.7	12:36.0	
24	114	Jack Simser	12	04:01.0	6:24.0	06:18.0	12:42.0	06:08.6	19:36.7	06:16.5	03:55.3			20:31.0	00:54.3	20:25.9		
25	125	James Freimuth	11	03:50.0	6:16.0	06:32.0	12:48.0	06:09.1	19:43.2	06:18.6	03:56.6	19:59.6	00:16.4	20:01.0	00:17.8	19:59.6	12:30.6	
26	126	Caleb Laberge	12	03:52.0	6:16.0	06:32.0	12:48.0	06:09.4	19:43.6	06:18.8	03:56.7	25:07.1	05:23.5	20:13.6	00:30.0	20:13.6		
27	132	Evan Kirland	8	04:03.0	6:26.0	06:20.0	12:46.0	06:15.6	19:48.5	06:20.3	03:57.7			21:51.6	02:03.1	21:51.6	12:02.0	
28	166	William Anderson	9	04:04.0	6:29.0	06:25.0	12:54.0	06:28.5	20:11.1	06:27.6	04:02.2			20:19.0	00:07.9	20:19.0	13:20.0	
29	170	Victor Leling	9	04:03.0	6:29.0	06:33.0	13:02.0	06:23.6	20:13.5	06:28.3	04:02.7			20:29.0	00:15.5	20:27.9	12:33.2	
30	193	August Arnold	8	04:12.0	6:43.0	06:39.0	13:22.0	06:24.4	20:34.5	06:35.0	04:06.9			20:04.1		20:04.1		
31	217	Justin Rauenhurst	11	04:03.0	6:38.0	06:57.0	13:35.0	06:27.2	20:50.6	06:40.2	04:10.1	21:51.7	01:01.1	21:14.0	00:23.4	20:53.5	13:22.8	
32	229	Sam Richter	9	04:20.0	6:38.0	06:52.0	13:30.0	06:40.4	21:00.4	06:43.3	04:12.1			21:06.0	00:05.6	21:00.0	13:05.3	
33	239	Yatharth Sharma	10	04:03.0	6:33.0	06:52.0	13:25.0	06:53.6	21:10.3	06:46.5	04:14.1			21:05.0		20:59.8	13:08.3	
34	242	Jack Carlson	9	04:15.0	6:52.0	06:48.0	13:40.0	06:41.6	21:11.8	06:47.0	04:14.4			21:41.0	00:29.2	21:32.1	13:43.0	
35	246	Sam McDonald	9	04:04.0	6:53.0	06:47.0	13:40.0	06:43.0	21:13.4	06:47.5	04:14.7			21:54.0	00:40.6	21:36.6	13:49.7	
36	247	Lane Bennett	9	04:17.0	6:54.0	06:46.0	13:40.0	06:43.1	21:13.5	06:47.5	04:14.7			22:06.0	00:52.5	22:06.0	13:55.0	
37	254	Levi Hammerbeck	8	04:12.0	6:44.0	06:51.0	13:35.0	06:52.4	21:19.0	06:49.3	04:15.8			22:37.5	01:18.5	22:37.5	13:23.9	
38	274	Harrison Smith	10	04:17.0	6:54.0	06:59.0	13:53.0	06:51.6	21:36.0	06:54.7	04:19.2			22:02.0	00:26.0	22:02.0	13:44.5	
39	277	Khai Mulheron	7	04:16.0	6:59.0	07:00.0	13:59.0	06:51.6	21:42.0	06:56.6	04:20.4			22:23.0	00:41.0	22:23.0	14:25.6	
40	279	Ashwin Warriar	11	04:17.0	6:55.0	06:59.0	13:54.0	06:57.3	21:43.5	06:57.1	04:20.7	22:09.5	00:26.0	21:47.0	00:03.5	21:47.0	13:31.1	
41	354	Hudson Hirsch	9	04:33.0	7:29.0	07:28.4	14:57.4	07:24.1	23:17.0	07:27.0	04:39.4			24:33.0	01:16.0	24:20.2	16:00.2	
42	357	Ivan Zu	9	04:35.0	7:24.0	07:41.2	15:05.2	07:18.8	23:18.8	07:27.6	04:39.8			23:38.0	00:19.2	23:01.5		
43	369	Lukas Nicolopoulos	9	04:51.0	7:49.0	07:18.4	15:07.4	07:35.4	23:39.7	07:34.3	04:43.9			22:42.4		22:42.4		
44	374	Tate Nelson	9	04:33.0	7:27.0	07:44.4	15:11.4	07:37.2	23:45.8	07:36.3	04:45.2			27:16.8	03:31.0	27:16.8	15:14.0	
45	378	Charlie Anderson	9	04:35.0	7:28.0	07:49.2	15:17.2	07:37.2	23:51.6	07:38.1	04:46.3			25:03.0	01:11.4	25:03.0	15:53.2	
46	393	Theo Moller	9	04:39.0	7:30.0	07:54.6	15:24.6	08:00.7	24:25.4	07:48.9	04:53.1			26:50.1	02:24.7	26:50.1	17:29.2	
		Ben Wiggenhorn	9			00:00.0			DNR					21:10.0		21:10.0	13:32.3	
		Jake McAlpine	12						DNR					21:46.0		21:46.0		
		Laken Hairston	12						DNR			23:44.9		21:37.1		21:37.1		