

Section 5AA Meet - 2016

mid-60s, calm				Thursday, October 27, 2016						Anoka High School, Anoka, MN						
Team	Meet	Mounds View Varsity		Same Meet						Last Race		CC Pers Best				
Place	Place	Runner	Grd	1600m	1600m	3200m	1600m	5000m	Avg	Last yr	Improv	SEC	Improv	5k	2mi	Improv
Varsity																
1	4	Zeke Lelinga	12	05:07.0	05:13.0	10:20.0	05:08.3	16:06.8	05:09.4	17:29.0	01:22.2	16:10.0	00:03.2	16:09.3	10:07.6	00:02.5
2	5	Austin Streit	10	05:07.0	05:14.0	10:21.0	05:12.4	16:12.5	05:11.2	17:11.6	00:59.1	16:41.0	00:28.5	16:11.7	10:20.8	
3	12	Lukas Hessini	10	05:09.0	05:23.0	10:32.0	05:15.5	16:26.9	05:15.8	17:22.5	00:55.6	16:40.0	00:13.1	16:39.9	10:43.1	00:13.0
4	15	Dave Dahl	11	05:07.0	05:14.0	10:21.0	05:33.9	16:36.6	05:18.9	16:54.5	00:17.9	DNR		16:09.2	10:07.0	
5	22	Anders Bandt	11	05:21.0	05:28.0	10:49.0	05:23.1	16:52.5	05:24.0	17:06.5	00:14.0	16:46.0		16:46.0	10:43.7	
6	25	Joey Lawson	11	05:21.0	05:28.0	10:49.0	05:24.6	16:54.2	05:24.0	16:51.4		16:54.0		16:44.0	10:35.7	
7	27	Tim Pease	12	05:21.0	05:29.0	10:50.0	05:26.8	16:57.7	05:25.7	16:33.4		16:59.0	00:01.3	16:33.4	10:59.0	
JV																
1	1	Will Sacav	9	05:18.0	05:36.0	10:54.0	05:24.3	16:58.8	05:26.0	18:05.6	01:06.8	17:10.0	00:11.2	16:53.4	10:36.2	
2	2	Mark Ousdigian	12	05:18.0	05:36.0	10:54.0	05:29.2	17:04.4	05:27.8	17:15.1	00:10.7	17:02.0		16:55.1	10:27.6	
3	3	Jackson Denny	12	05:24.0	05:35.0	10:59.0	05:28.8	17:08.9	05:29.2	17:26.8	00:17.9	17:35.0	00:26.1	17:25.0	11:01.9	00:16.1
4	5	Harry Lien	12	05:30.0	05:38.0	11:08.0	05:33.8	17:23.5	05:33.9	17:57.6	00:34.1	17:51.0	00:27.5	17:43.0	11:16.4	00:19.5
5	6	Aaron Marx	12	05:24.0	05:42.0	11:06.0	05:38.2	17:26.5	05:34.9	18:21.6	00:55.1	17:33.0	00:06.5	17:33.0	11:11.3	00:06.5
6	7	John Carlson	10	05:29.0	05:38.0	11:07.0	05:39.6	17:29.1	05:35.7	17:26.3		17:49.0	00:19.9	17:26.3	11:09.9	
7	8	Jacob Hakes	10	05:34.0	05:39.0	11:13.0	05:42.5	17:38.3	05:38.7	18:35.8	00:57.5	17:39.0	00:00.7	17:39.0	11:44.3	00:00.7
8	12	Nate Moller	10	05:38.0	05:42.0	11:20.0	05:40.0	17:42.5	05:40.0	18:39.8	00:57.3	18:31.0	00:48.5	18:31.0	10:59.3	00:48.5
9	15	Finn Sokolowski	9	05:43.0	05:43.0	11:26.0	05:38.1	17:46.4	05:41.2	-	-	18:42.0	00:55.6	18:42.0	11:08.4	00:55.6
10	20	Adam Coltvot	11	05:31.0	05:51.0	11:22.0	05:50.3	17:56.1	05:44.4	18:05.5	00:09.4	18:19.0	00:22.9	17:57.0	11:38.6	00:00.9
11	22	Nick Simser	11	05:31.0	05:50.0	11:21.0	05:52.0	17:57.0	05:44.6	17:44.0		18:31.0	00:34.0	17:44.0	11:44.0	
12	25	Jared Herbert	11	05:38.0	05:49.0	11:27.0	05:49.6	18:00.3	05:45.7	18:58.0	00:57.7	18:30.0	00:29.7	18:19.9	11:57.5	00:19.6
13	47	Steve McCov	10	05:54.0	05:57.0	11:51.0	05:57.8	18:33.5	05:56.3	19:23.0	00:49.5	18:41.0	00:07.5	18:24.0	11:44.9	
14	50	Erik Swenson	10	05:54.0	05:57.0	11:51.0	06:00.0	18:36.0	05:57.1	-	-	18:42.0	00:06.0	18:40.0	11:38.9	00:04.0
15	53	Sam Morrisette	10	06:05.0	06:04.0	12:09.0	05:46.0	18:38.2	05:57.8	-	-	19:00.0	00:21.8	18:46.0	12:09.5	00:07.8
16	56	Sam Winters	10	06:05.0	06:04.0	12:09.0	05:48.4	18:40.9	05:58.7	19:17.9	00:37.0	19:00.0	00:19.1	18:45.0	12:08.6	00:04.1
17	60	JP Braun	11	05:57.0	05:59.0	11:56.0	06:01.7	18:42.9	05:59.3	19:38.8	00:55.9	18:48.0	00:05.1	18:44.0	12:08.2	00:01.1
18	61	Nathaniel Apostol	9	06:00.0	06:04.0	12:04.0	05:56.9	18:45.5	06:00.2	-	-	19:15.0	00:29.5	19:15.0	11:28.2	00:29.5
19	65	Eddie Brody	11	05:58.0	05:59.0	11:57.0	06:05.1	18:47.7	06:00.9	19:20.6	00:32.9	19:27.0	00:39.3	19:20.6	12:41.7	00:32.9
20	86	Zach Allie	9	06:02.0	06:06.0	12:08.0	06:09.3	19:03.5	06:05.9	-	-	19:44.0	00:40.5	19:44.0	12:12.8	00:40.5
21	96	Brenner Kline	9	06:02.0	06:15.0	12:17.0	06:08.2	19:11.2	06:08.4	-	-	19:50.0	00:38.8	19:50.0	12:20.7	00:38.8
22	99	Cameron Tomczvck	12	06:00.0	06:13.0	12:13.0	06:14.2	19:14.0	06:09.3	19:55.0	00:41.0	19:02.0		19:02.0	11:57.1	
23	126	Henri Derosier	10	06:19.0	06:18.0	12:37.0	06:10.2	19:33.5	06:15.5	21:18.2	01:44.7	20:00.0	00:26.5	19:42.0	13:02.8	00:08.5
24	138	Spencer Pauly	12	06:09.0	06:23.0	12:32.0	06:23.1	19:43.0	06:18.6	18:49.9		19:30.0		18:49.9	12:34.7	
25	141	Noah Xiong	11	06:05.0	06:28.0	12:33.0	06:23.9	19:44.9	06:19.2	DNF		20:14.0	00:29.1	19:15.0	12:11.3	
26	142	Collin Wentworth	10	06:10.0	06:25.0	12:35.0	06:23.2	19:46.1	06:19.6	21:09.3	01:23.2	19:59.0	00:12.9	19:47.0	12:33.0	00:00.9
27	144	Mikev Gennaro	9	06:20.0	06:22.0	12:42.0	06:18.0	19:47.3	06:19.9	-	-	21:04.0	01:16.7	21:04.0	12:24.4	01:16.7
28	149	Felix Zhang	11	06:22.0	06:18.0	12:40.0	06:22.4	19:50.2	06:20.9	DNR		21:04.0	01:13.8	19:52.0	12:42.4	00:01.8
29	162	Nathan Hohenshell	10	06:19.0	06:23.0	12:42.0	06:26.9	19:57.3	06:23.1	21:20.2	01:22.9	20:19.0	00:21.7	19:59.0	13:09.0	00:01.7
30	164	Alex Breen	9	06:20.0	06:22.0	12:42.0	06:30.9	20:01.8	06:24.6	-	-	21:15.0	01:13.2	21:15.0	12:28.7	01:13.2
31	187	Jordan Bergstrom	11	06:23.0	06:42.0	13:05.0	06:29.4	20:23.1	06:31.4	22:24.3	02:01.2	20:48.0	00:24.9	20:48.0		00:24.9
32	189	Matthew Nelson	9	06:22.0	06:39.0	13:01.0	06:33.4	20:23.6	06:31.6	-	-	20:42.0	00:18.4	20:42.0	12:43.2	00:18.4
33	197	Travis Walbon	12	06:22.0	06:42.0	13:04.0	06:34.6	20:27.9	06:32.9	20:59.4	00:31.5	20:26.0		20:06.0	13:47.0	
34	205	Brian Paulsen	12	06:32.0	06:35.0	13:07.0	06:41.2	20:38.3	06:36.3	20:28.2		21:29.0	00:50.7	20:06.0	13:34.0	
35	228	Attila Szabo	11	06:35.0	#####		18:35.8	20:55.3	06:41.7	-	-	21:48.0	00:52.7	21:48.0		00:52.7
36	232	Ben Ebert	12	06:28.0	#####		18:40.5	21:00.6	06:43.4	20:35.7		20:57.0		20:35.7	13:10.2	
37	270	John Pfenning-Wendt	9	06:59.0	#####		19:14.1	21:38.4	06:55.5	-	-	22:22.0	00:43.6	22:22.0	14:18.3	00:43.6
38	278	Nick Gourlev	10	06:59.0	#####		19:24.0	21:49.5	06:59.0	21:22.3		22:50.0	01:00.5	21:22.3	13:41.2	
39	294	Mason Huberty	10	06:52.0	#####		19:34.1	22:00.9	07:02.7	22:58.7	00:57.8	22:23.0	00:22.1	21:53.0	13:47.2	
40	337	Naranjan Sankar	12	07:06.0	#####		20:37.6	23:12.3		-	-	25:02.0	01:49.7	25:02.0	18:00.4	01:49.7
41	343	Henry Sevnmour	11	06:53.0	#####		20:44.6	23:20.2		-	-	24:53.0	01:32.8	24:53.0		01:32.8
		Alec Nelson	9					DNR		-	-	18:32.0		18:32.0	11:11.0	
		Kevin Nelson	10					DNR		20:58.7		22:09.0		20:58.7	12:58.8	
		Caleb Walbon	10					DNR		-	-	DNR		26:12.0	22:15.3	
		Filippos Gilbert	11					DNR		DNF		DNR			11:03.3	
		Sam Safi	9					DNR		-	-	DNR			13:52.1	
		Ben Loperfido	9					DNR		-	-	DNR			16:16.4	

Most Improved Same Meet Last Year	
Jordan Bergstrom	02:01.2
Henri Derosier	01:44.7
Collin Wentworth	01:23.2

Most Improved Last Race	
Naranjan Sankar	01:49.7
Henry Seymour	01:32.8
Mikev Gennaro	01:16.7

Most Improved Career 5000m	
Naranjan Sankar	01:49.7
Henry Seymour	01:32.8
Mikev Gennaro	01:16.7

Varsity Team Scores	
1) Maple Grove	40
2) Mounds View	58
3) Centennial	80
4) STMA	137
5) Blaine	145
6) Coon Rapids	169

JV Team Scores	
1) Mounds View	17
2) Centennial	54
3) Maple Grove	93
4) Blaine	146
5) Champlin Park	162
6) Anoka	172