

Alexandria Lions Meet of Champions - 2018

| 40 F, cloudy, firm footing | | | | Saturday, October 6, 2018 | | | | | | | Arrowwood Resort | | | | | |
|----------------------------|-------|---------------------|-------|---------------------------|---------|---------|---------|---------|----------------|---------|------------------|-----------|--------------|-----------|---------|---------|
| Team | Meet | Mounds View Varsity | | 1st | 2nd | 3rd | 4th | 5th | 1600m | 1K | Same Meet | Last Race | CC Pers Best | | | |
| Place | Place | Runner | Grade | 1k | 1600m | 1600m | 3200m | 1600m | 5000m | Avg | Avg | Last yr | Improv. | Mlca/Must | 5k | 2mi |
| 1 | 3 | Austin Streit | 12 | 02:56.0 | 04:55.0 | 05:03.0 | 09:58.0 | 05:00.9 | 15:36.5 | 04:59.7 | 03:07.3 | 16:34.5 | 00:58.0 | 15:53.7 | 15:53.7 | 10:01.0 |
| 2 | 8 | Lukas Hessini | 12 | 02:59.0 | 05:02.0 | 05:14.0 | 10:16.0 | 05:10.0 | 16:04.7 | 05:08.7 | 03:12.9 | 16:40.5 | 00:35.8 | 16:01.7 | 16:01.7 | 10:07.5 |
| 3 | 12 | Finn Sokolowski | 11 | 03:01.0 | 05:08.1 | 05:15.9 | 10:24.0 | 05:13.7 | 16:16.9 | 05:12.6 | 03:15.4 | 17:14.7 | 00:57.8 | 16:16.5 | 16:16.5 | 10:37.9 |
| 4 | 16 | Will Sacay | 11 | 03:02.0 | 05:10.0 | 05:21.0 | 10:31.0 | 05:13.5 | 16:23.7 | 05:14.8 | 03:16.7 | 17:11.9 | 00:48.2 | 16:25.5 | 16:12.8 | 10:36.2 |
| 5 | 25 | Alec Nelson | 11 | 03:07.0 | 05:13.0 | 05:23.0 | 10:36.0 | 05:22.8 | 16:39.2 | 05:19.7 | 03:19.8 | 18:00.0 | 01:20.8 | 16:49.4 | 16:49.4 | 10:48.6 |
| 6 | 29 | Elliot McArthur | 8 | 03:06.0 | 05:13.8 | 05:23.2 | 10:37.0 | 05:24.1 | 16:41.6 | 05:20.5 | 03:20.3 | 10:57.5 | - | 16:48.1 | 16:48.1 | 11:09.5 |
| 7 | 66 | Nate Moller | 12 | 03:11.0 | 05:24.0 | 05:39.0 | 11:03.0 | 05:42.6 | 17:28.4 | 05:35.5 | 03:29.7 | 18:15.4 | 00:47.0 | 17:25.4 | 17:25.4 | 10:59.3 |
| | | Boys JV Race | | | | | | | | | | | | | | |
| 1 | 4 | Matthew Miller | 10 | 03:13.0 | 05:27.0 | 05:39.0 | 11:06.0 | 05:29.7 | 17:16.9 | 05:31.8 | 03:27.4 | 11:37.0 | | 17:23.6 | 17:23.6 | 11:06.0 |
| 2 | 10 | Nathaniel Apostol | 11 | 03:13.0 | 05:26.0 | 05:41.0 | 11:07.0 | 05:41.1 | 17:30.7 | 05:36.2 | 03:30.1 | 19:17.0 | 01:46.3 | 17:25.7 | 17:25.7 | 11:01.1 |
| 3 | 14 | Sam Magnuson | 10 | 03:16.0 | 05:32.0 | 05:43.0 | 11:15.0 | 05:43.2 | 17:41.1 | 05:39.6 | 03:32.2 | 11:29.9 | | 18:00.2 | 17:54.4 | 11:27.0 |
| 4 | 16 | Santino Preciado | 11 | 03:16.0 | 05:33.0 | 05:46.0 | 11:19.0 | 05:42.0 | 17:43.8 | 05:40.4 | 03:32.8 | 20:02.2 | 02:18.4 | 17:39.7 | 17:39.7 | 11:36.0 |
| 5 | 19 | Ellis Maloney | 10 | 03:25.0 | 05:49.0 | 05:46.0 | 11:35.0 | 05:35.2 | 17:52.1 | 05:43.1 | 03:34.4 | 11:36.9 | | 18:03.5 | 18:03.5 | 11:23.6 |
| 6 | 37 | Erik Swensen | 12 | 03:23.0 | 05:46.0 | 05:49.0 | 11:35.0 | 06:02.8 | 18:23.2 | 05:53.0 | 03:40.6 | 18:48.0 | 00:24.8 | 17:56.4 | 17:56.4 | 11:09.0 |
| 7 | 47 | Mikey Gennaro | 11 | 03:30.0 | 05:57.0 | 06:05.0 | 12:02.0 | 05:49.2 | 18:34.8 | 05:56.7 | 03:43.0 | 19:08.5 | 00:33.7 | 18:30.7 | 18:30.7 | 11:40.5 |
| 8 | 55 | Sam Morrisette | 12 | 03:31.0 | 05:58.0 | 06:03.0 | 12:01.0 | 05:56.5 | 18:42.1 | 05:59.1 | 03:44.4 | 19:06.4 | 00:24.3 | 18:43.1 | 18:36.2 | 11:46.4 |
| 9 | 56 | Steve McCoy | 12 | 03:23.0 | 05:48.0 | 05:57.0 | 11:45.0 | 06:10.9 | 18:42.3 | 05:59.1 | 03:44.5 | 18:32.8 | | 18:12.6 | 17:53.9 | 11:02.3 |
| 10 | 68 | John Pfenning-Wendt | 11 | 03:32.0 | 05:58.0 | 06:02.0 | 12:00.0 | 06:02.3 | 18:47.6 | 06:00.8 | 03:45.5 | 20:49.0 | 02:01.4 | 18:17.6 | 18:17.6 | 11:49.4 |
| 11 | 90 | Brenner Kline | 11 | 03:29.0 | 05:59.0 | 06:04.0 | 12:03.0 | 06:17.4 | 19:07.6 | 06:07.2 | 03:49.5 | 20:03.2 | 00:55.6 | 18:18.7 | 18:18.7 | 12:13.0 |
| 12 | 115 | Alex Breen | 11 | 03:32.0 | 05:58.0 | 06:21.0 | 12:19.0 | 06:16.3 | 19:22.3 | 06:11.9 | 03:52.5 | 21:49.6 | 02:27.3 | 19:17.9 | 19:17.9 | 12:28.7 |
| 13 | 116 | Collin Wentworth | 12 | 03:32.0 | 06:01.0 | 06:24.0 | 12:25.0 | 06:12.0 | 19:23.5 | 06:12.3 | 03:52.7 | 19:29.6 | 00:06.1 | 20:41.8 | 19:08.9 | 12:04.1 |
| 14 | 121 | Carter Francisco | 10 | 03:40.0 | 06:11.0 | 06:21.0 | 12:32.0 | 06:10.0 | 19:28.2 | 06:13.8 | 03:53.6 | 12:13.2 | | 19:25.8 | 19:25.8 | 12:35.1 |
| 15 | 127 | Zach Allie | 11 | 03:32.0 | 06:00.0 | 06:25.0 | 12:25.0 | 06:17.7 | 19:29.9 | 06:14.4 | 03:54.0 | 21:26.2 | 01:56.3 | 18:47.2 | 18:37.9 | 11:43.4 |
| 16 | 153 | Eric Feng | 10 | 03:44.0 | 06:18.0 | 06:29.0 | 12:47.0 | 06:20.0 | 19:54.5 | 06:22.2 | 03:58.9 | 12:59.8 | | 19:40.8 | 19:40.8 | 12:39.4 |
| 17 | 159 | Sam Wong | 12 | 03:38.0 | 06:12.0 | 06:39.0 | 12:51.0 | 06:20.4 | 19:58.9 | 06:23.6 | 03:59.8 | - | | 20:57.7 | 20:32.8 | 12:30.6 |
| 18 | 169 | Daniel Rauenhorst | 10 | 03:37.0 | 06:11.0 | 06:33.0 | 12:44.0 | 06:31.3 | 20:04.2 | 06:25.3 | 04:00.8 | 14:36.9 | | 19:44.0 | 19:44.0 | 13:42.4 |
| 19 | 198 | Matthew Nelson | 11 | 03:39.0 | 06:16.0 | 06:46.0 | 13:02.0 | 06:37.1 | 20:28.7 | 06:33.2 | 04:05.7 | 21:34.7 | 01:06.0 | DNR | 20:23.6 | 12:43.2 |
| 20 | 230 | James Freimuth | 10 | 04:07.0 | 06:58.0 | 07:12.0 | 14:10.0 | 06:23.6 | 21:21.5 | 06:50.1 | 04:16.3 | 14:12.8 | | 21:26.5 | 21:22.9 | 14:14.4 |
| 21 | 232 | Odin Berthiaume | 10 | 03:55.0 | 06:49.0 | 07:16.0 | 14:05.0 | 06:32.2 | 21:26.2 | 06:51.6 | 04:17.2 | 13:37.9 | | 20:00.0 | 20:00.0 | 14:21.2 |
| 22 | 241 | Michael Haik | 12 | 04:05.0 | 06:50.0 | 07:13.0 | 14:03.0 | 06:45.9 | 21:39.6 | 06:55.9 | 04:19.9 | - | | DNR | | |
| 23 | 243 | Luke Welsh | 10 | 03:55.0 | 06:40.0 | 07:14.0 | 13:54.0 | 06:56.8 | 21:42.9 | 06:56.9 | 04:20.6 | - | | 20:54.2 | 20:54.2 | 14:15.8 |
| 24 | 266 | Justin Rauenhorst | 10 | 04:12.0 | 07:08.0 | 07:17.0 | 14:25.0 | 06:54.1 | 22:10.9 | 07:05.9 | 04:26.2 | 17:04.0 | | 21:38.6 | 21:38.6 | 15:03.7 |
| 25 | 267 | Mason Huberty | 12 | 04:01.0 | 06:51.0 | 07:21.0 | 14:12.0 | 07:06.0 | 22:11.2 | 07:06.0 | 04:26.2 | 23:55.5 | 01:44.3 | 22:02.3 | 21:53.0 | 13:47.2 |
| 26 | 272 | Tanner Ware | 11 | 04:13.0 | 07:12.0 | 07:15.0 | 14:27.0 | 07:00.9 | 22:20.5 | 07:09.0 | 04:28.1 | - | | 22:57.1 | 22:57.1 | 14:54.0 |
| 27 | 292 | Ashwin Wariar | 10 | 04:13.0 | 07:09.0 | 07:41.0 | 14:50.0 | 07:35.8 | 23:22.8 | 07:28.9 | 04:40.6 | - | | 22:42.6 | 22:42.6 | 14:29.0 |
| 28 | 307 | Alec Wahlin | 12 | 04:13.0 | 07:18.0 | 08:12.0 | 15:30.0 | 07:47.5 | 24:15.9 | 07:45.9 | 04:51.2 | - | | 23:27.1 | 23:27.1 | 15:13.8 |
| | | Nehemiah Gaim | 12 | 03:13.0 | 05:24.0 | 05:41.0 | 11:05.0 | | DNF | | | 17:45.0 | | DNR | 16:59.7 | 11:00.5 |
| | | Matthew Walker | 10 | | | | | | | | | | | DNR | 19:25.6 | 12:49.0 |
| | | Henri Derosier | 12 | | | | | | | | | 20:27.2 | | 20:52.7 | 19:33.5 | 12:40.8 |
| | | Laken Hairston | 11 | | | | | | | | | DNR | | 23:57.3 | 24:38.7 | 15:28.0 |
| | | Justin Reiling | 12 | | | | | | | | | 21:26.6 | | 20:02.8 | 20:02.8 | 13:02.8 |
| | | Nathan Gale | 10 | | | | | | | | | - | | 12:30.9 | 12:30.9 | |
| | | Nick Austin | 10 | | | | | | | | | DNR | | DNR | 25:26.6 | 15:41.0 |
| | | Charlie Brody | 10 | | | | | | | | | 13:05.3 | | DNR | | 12:59.0 |

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| Boys 9th Grade | | | | 3200m | | | | | | | | | |
|----------------|-----|-------------------|---|---------|---------|----------------|--|--|--|--|---------|---------|---------|
| 1 | 50 | Canton Francisco | 8 | 05:58.7 | 06:16.2 | 12:14.9 | | | | | 09:29.7 | | 13:49.6 |
| 2 | 57 | Cole Kath | 9 | 06:05.0 | 06:19.1 | 12:24.1 | | | | | 20:06.2 | 20:06.2 | 13:33.0 |
| 3 | 72 | Max Derosier | 9 | 06:24.0 | 06:17.1 | 12:41.1 | | | | | 22:20.0 | 21:12.8 | 14:09.0 |
| 4 | 191 | Alex Honebrink | 9 | 07:47.0 | 08:14.9 | 16:01.9 | | | | | 22:34.7 | 22:34.7 | 20:12.9 |
| | | Elijah Anderson | 9 | | | | | | | | 11:22.2 | DNR | 12:55.8 |
| | | Zach Nelson | 9 | | | | | | | | 14:02.5 | DNR | |
| | | Thunor Berthiaume | 9 | | | | | | | | DNR | DNR | 18:19.0 |
| | | Nick Schulte | 8 | | | | | | | | 12:58.6 | | |
| | | William Anderson | 8 | | | | | | | | 13:17.4 | | 14:21.0 |
| | | John Fullen | 8 | | | | | | | | 14:52.9 | | |
| | | Tate Nelson | 8 | | | | | | | | 15:50.8 | | 17:28.0 |
| | | Charlie Anderson | 8 | | | | | | | | 16:47.9 | | |
| | | Levi Hammerbeck | 7 | | | | | | | | 14:29.3 | | 15:26.9 |
| | | August Arnold | 7 | | | | | | | | 15:50.3 | | |