

1ST CHANCE MEET

Teams : Mounds View, Roseville, Stillwater

Wednesday, April 5, 2017

Stillwater High School

Cloudy, 56 deg. Wind: N 10-15

110M High Hurdles

Joel Smith	11	15.3
TIED 30TH VARSITY HONOR ROLL		
Josh Sampson	10	15.7
TIED 10TH SOPHOMORE HONOR ROLL		
Will Goldman	10	16.9

300M IM Hurdles

Will Goldman	10	46.9
Santino Preciado	9	48.8
Alex Breen	9	50.3

100M Dash

Nick Sharma	10	10.9
TIED 4TH VARSITY HONOR ROLL		
TIED 1ST SOPHOMORE HONOR ROLL		
Souayang Xiong	11	11.4
Charlie Haik	12	11.5
Mike Louderback	10	11.7
Jeremy Wiste	12	11.8
Spencer Pauly	12	11.9
Peter Goodwin	11	11.9
Kenny Vue	10	11.9
Sam Wong	10	11.9
Bobby Moua	9	11.9
Xavier Myles	12	12.2
Ehtan Von Grey	10	12.2
Nate Farm	10	12.4
Omar Abuhejleh	12	12.5
Rhone Gavois	10	12.5
Ramon Salguero	10	12.5
Ryan Hill	9	12.5
Paul Freimuth	11	12.6
Chris Moua	11	12.6
Ray Holmboe	8	12.6
Ahmed Mohamed	10	12.8
Frankie Wang	10	12.9
Omar Mohammed	12	13.0
Adam Collins	9	13.0
Mustaf Abdi	11	13.1
Cooper Gourneau	9	13.1
Matt Martinson	9	13.4
Lucio Vazquez	11	13.7
Giaolong Nguyen	10	14.4
Christiam Waguespock	10	14.7
Ben Ebert	12	16.0

200M Dash

Souayang Xiong	11	24.3
Omar Abuhejleh	12	24.8
Bobby Mous	9	24.8
Ray Holmboe	8	25.1
Rhone Gavois	10	25.6
Ryan Hill	9	25.9
Chris Moua	11	26.5
Ramon Salguero	10	26.5
Frankie Wang	10	26.7
Ahmed Mohamed	10	26.9
Mustaf Abdi	11	27.3
Mat Martinson	9	27.5
Cooper Gourneau	9	27.7
Adam Collins	9	27.8
Lucio Vazquez	11	28.0
Christiam Waguespock	10	28.8
Giaolong Nguyen	10	30.4

400M Dash

No Athletes Competed

800M Run

Micah Smith	11	60.0	2:07.3
Henri Derosier	10	64.0	2:20.0
Connor Beale	10		2:26.3
Sam Wong	10	66.0	2:28.0
Nate Farm	10	65.0	2:30.2
Sebastian Thompson	10		2:34.0
Ethan Stromquist	11		2:45.0

1600M Run

Alec Nelson	9	71, 2:45, 3:52	5:07.5
Finn Sokolowski	9	71, 2:31, 3:52	5:09.1
Nate Apostol	9	73, 2:33, 3:59	5:18.4
Ezra Gaim	9	73, 2:33, 3:59	5:22.0
Erik Swensen	10	74, 2:39	5:29.4
JP Braun	11	75, 2:40	5:32.3
Chris Routhie	7	76, 2:40	5:32.8
Mikey Gennaro	9	77, 2:45, 4:15	5:33.2
Nathan Hohenshell	10	78, 2:44, 4:15	5:37.1
Jordan Bergstrom	11	78, 2:45, 4:16	5:38.8
John Pfenning-Wendt	9	82, 2:53, 4:25	5:43.0
Attila Szabo	11	86, 3:06, 4:46	6:21.5
Levi Christopherson	9	89, 3:09, 4:50	6:22.7
Naranjan Sankar	12	89, 3:11, 4:57	6:26.6
Mason Huberty	10	86, 3:06, 4:46	6:24.0
Tanner Ware	9	91, 3:20, 5:15	7:15.0

3200M Run

Steve McCoy	10	73, 2:31, 4:05, 5:35	11:27.2
		7:04, 8:35, 10:04	
Zach Allie	9	76, 2:45, 4:15, 5:44	11:42.8
		7:17, 8:48, 10:19	
Sam Winters	10	76, 2:46, 4:16, 5:47	11:44.2
		7:17, 8:50, 10:25	
Collin Wentworth	10	78, 2:46, 4:16, 5:45	11:45.3
		7:17, 8:50, 10:26	
Noah Xiong	11	74, 2:39, 4:10, 5:44	12:00.1
		7:17, 8:50, 10:28	
Sam Morrisette	10	76, 2:46, 4:16, 5:47	12:03.0
		7:19, 8:55, 10:34	

4X400 Relay A

Mounds View			3:44.1
Joel Smith	11	23.8	52.7
Josh Sampson	10	25.0	54.1
Jeremy Wiste	12		58.4
Will Goldman	10		58.9

4X400 Relay B

Mounds View			3:50.2
Nick Sharma	10	24.5	54.5
Peter Goodwin	11	26.7	56.3
Ethan Von Grey	10	29.3	60.8
Kenny Vue	10	26.0	58.6

PERSONAL BEST

Long Jump

Jack Roeber	9	17' 10 1/2"
John Montgomery	9	17' 10"
Trent Oberreit	10	16' 9"
Zach Liston	10	15' 11"
Omar Mohammed	12	15' 9"
Attila Szabo	11	14' 3"
Steven Ha	12	12' 11 1/2"

Triple Jump

Paul Freimuth	11	37' 5 3/4"
John Montgomery	9	37' 4 3/4"
Jack Roeber	9	37' 2 1/2"
Josh Sampson	10	36' 6"
Tommy Rolfs	12	35' 11 3/4"
Souayang Xiong	11	35' 0"
Micah Smith	11	34' 11 1/2"
Zach Liston	10	34' 6 1/4"
Attila Szabo	11	30' 7 3/4"

High Jump

Joel Smith	11	5' 8"
Paul Freimuth	11	5' 4"
John Montgomery	9	5' 4"
TIED 30TH FRESHMAN HONOR ROLL		
Ben Ebert	12	5' 0"
Spencer Pauly	12	5' 0"
Attila Szabo	11	NH

Pole Vault

Mike Louderback	10	12' 0"
TIED 12TH SOPHOMORE HONOR ROLL		
Spencer Tuominen	11	11' 0"
Kent Tuominen	10	9' 6"
Kevin Nelson	10	9' 0"
Liam Edgar	9	7' 0"
Ben Wynia	9	7' 0"
Calvin Ciganik	11	NH

Shot Put

Ryan Murphy	12	51' 3"
Wyatt Roe	11	44' 7"
JT Kripotos	12	41' 10"
Michael Fahim	11	41' 9"
Thoger Boyum	11	39' 3"
Joey Tillman	11	36' 5"
Jake Vogel	10	33' 9"
Thomas Van Oort	9	30' 4"
Cameron Anderson	12	29' 10"
Frankie Seymore	10	29' 10"
Elliot Lee	9	29' 9"
Bradyn Buganski	9	23' 4"
Luke Hermanson	10	22' 11"

Discus

Ryan Murphy	12	142' 10"
Michael Fahim	11	132' 11"
Dan Heilman	12	103' 6"
Joey Tillman	11	98' 6"
Thoger Boyum	11	98' 0"
Jake Vogel	10	90' 7"
Wyatt Roe	11	87' 3"
Elliot Lee	9	83' 5"
Cameron Anderson	12	79' 1"
Thomas Van Oort	9	74' 10"
Bradyn Buganski	9	62' 7"
Frankie Seymore	10	50' 4"