

SECTION 5AA

Score: Mounds View 215, St. Michael-Albertville 131, Blaine 119.5, Maple Grove 74, Anoka 62.5, Irondale 62, Park Center 53, Rogers 42.5, Champlin Park 42, Spring Lake Park 35.5, Osseo 31, Centennial 26, Totino Grace 12, Coon Rapids 6, Fridley 5

Wednesday, May 30 & Friday, June 1, 2018

Hamline University

Day 1 - Cloudy 74 deg. Wind: E-SE 0-5 mph, Day 2 - Sunny, 78 deg. Wind: NE 5-10 mph

110M High Hurdles				400M Dash				Long Jump				Shot Put			
PRELIMS FINALS				PRELIMS FINALS				12 MV 21-05.25							
1 Josh Sampson	11	MV	15.20 14.80	1 David Shaptala	12	RG	50.78 49.22	1 Jacob Gray	12	SM	21-05.00	1 Tommy Kucera	12	BL	52-03.75
2 Joel Smith	12	MV	15.85 15.24	2 Micah Smith	12	MV	24.5 / 25.4 51.64 50.00	2 Xavier Thurman	12	SM	21-03.50	2 John Herlofsky	12	SL	52-01.25
3 Tyler Sealock	12	OS	15.59 15.33	12TH VARSITY HONOR ROLL				3 Peyton Zahler	12	SM	21-03.50	3 Trent Tatur	12	MG	51-03.75
4 John Romes	12	IR	15.86 15.51	3 Austin Peters	12	PC	50.91 50.48	4 Edmund Ocansey	9	CH	21-02.25	4 Michael Fahim	12	MV	51-01.75
5 Micah Madyun	11	AN	16.00 15.63	4 Cade Lizotte	11	CH	50.58 50.55	5 Levi Yeebahn	9	AN	21-00.75	5 Parker Feuerborn	12	SM	50-04.25
6 David Obwaya	11	BL	15.93 15.97	5 Adam Kassim	12	CT	51.94 51.20	6 Mawuli Mensah	12	PC	20-07.25	6 Terrell Ighodalo	11	CH	49-10.00
7 Spencer Hoium	10	CR	15.98 15.98	6 Bruce Muehlhauser	11	AN	51.74 51.30	7 Michael Olowo	9	RG	20-02.75	7 Wyatt Roe	12	MV	49-01.50
8 Emmual Mensah	11	BL	16.18 15.99	7 Rufus Summerville	11	OS	51.47 51.31	8 Brandon Wittig	11	BL	20-02.00	8 Lucas Becker	11	BL	48-07.00
9 Adam Namyst	11	CT	16.13 16.27	8 Alex Lee	12	AN	51.94 52.00	9 Dashaun Curtis	12	BL	20-00.75	9 Darious Williams	12	FR	46-09.25
39 Joshua Thomsen	9	MV	22.51	9 Daniel Larson	10	IR	51.85 54.62	10 John Montgomery	10	MV	20-00.50	28 Thoger Boyuem	12	MV	39-07.50
				10 Adam Coltvet	12	MV	25.4 52.32	12 Jack Roeber	10	MV	19-10.75				
				28 Sam Wong	11	MV	26.0 54.93								
300M IM Hurdles				800 M Run				Triple Jump				Discus			
PRELIMS FINALS				PRELIMS FINALS				12 SM 46-02.50				12 MV 156-01.00			
1 Joel Smith	12	MV	41.16 38.21	1 Alex Thayer	12	TG	2:01.54 1:56.96	1 Xavier Thurman	12	SM	46-02.50	1 Michael Fahim	12	MV	156-01.00
2 Josh Sampson	11	MV	40.40 38.46	2 Jackson Tracy	11	SM	2:01.72 1:59.68	2 DJ Gurley	11	BL	45-03.00	2 Ronney Trass	12	IR	152-03.00
3RD VARSITY HONOR ROLL				3 Lukas Hessini	11	MV	62.4 / 61.3 2:03.02 2:00.76	3 Stephen Ayobamidel	12	PC	43-07.00	3 Lucas Becker	11	BL	150-01.00
3 Tyler Sealock	12	OS	40.80 38.83	4 Nathan Smith	10	BL	2:01.67 2:00.83	4 Romeo Sackie	10	MV	42-10.00	4 John Herlofsky	12	SL	150-00.00
4 Adam Namyst	11	CT	40.84 40.67	5 Blake Iverson	12	MG	2:00.39 2:01.19	5 Peyton Zahler	12	SM	42-07.00	5 Travis Sinclair	12	RG	137-05.00
5 John Romes	12	IR	41.08 41.08	6 Sydney Bosire	11	CH	2:02.29 2:02.54	6 Jacob Gray	12	MV	42-05.50	6 Parker Feuerborn	12	SM	136-09.00
6 Joshua Thomsen	9	MV	41.38 41.15	7 Mackinon Mokoro	10	OS	2:03.98 2:04.35	7 Terrence Killen	12	BL	42-05.00	7 Ricky Soto	12	CR	134-05.00
FRESHMAN RECORD				8 Andrew Nordquist	12	CT	2:03.66 2:05.91	8 Jack Roeber	10	MV	42-04.50	8 Trent Tatur	12	MG	132-00.00
7 David Obwaya	11	BL	41.17 41.36	9 Alec Nelson	10	MV	62.4 / 62.8 2:03.11 2:06.56	11TH SOPHOMORE HONOR ROLL				9 William Fredrickso	9	BL	131-07.00
8 Huxley Nyabwari	10	MG	41.34 41.62	10 Joseph Och	12	SM	2:02.94 2:06.69	9 Darby Rajala	10	BL	42-02.00	24 Elliot Lee	10	MV	106-08.00
9 Brandon Benson	10	BL	41.50 42.28	11 Eddie Brody	12	MV	63.1 / 63.1 2:04.41 2:06.71					- Thoger Boyuem	12	MV	FOUL
				- Antuan Sobocinski	11	CT	2:02.12 DNS								
100M Dash				1600 M Run				High Jump				Pole Vault			
PRELIMS FINALS				PRELIMS FINALS				12 SM 6-06.00				12 SL 14-03.00			
1 Ethan Peal	11	SM	11.03 11.10	1 Austin Streit	11	MV	64, 2:11, 3:17 4:21.42	1 Xavier Thurman	12	SM	6-06.00	1 Bailey Kwong	12	SL	14-03.00
2 Evan Hull	11	MG	10.97 11.18	2 Ben Olson	12	BL	4:23.03	2 Dakota McKenzie	12	AN	6-04.00	2 Mike Louderback	11	MV	13-09.00
3 John Glanton	12	IR	11.10 11.20	3 David Dahl	12	MV	66, 2:13, 3:20 4:23.93	3 Lorenzo Lindsey	10	BL	6-04.00	3 Shawn Schindler	12	MG	13-09.00
4 Nick Sharma	11	MV	11.02 11.22	4 Blake Iverson	12	MG	4:27.42	4 Levi Yeebahn	9	AN	6-04.00	4 Spencer Tuominen	12	MV	12-03.00
5 Brandon Langdok	10	SM	11.24 11.35	5 Patrick Mclean	10	MG	4:32.95	5 John Glanton	12	IR	6-02.00	5 Kyle Kucera	11	SM	12-03.00
6 Justin Naklen	12	PC	11.06 11.39	6 Ethan Anderson	11	RG	4:37.20	6 Brandon Wittig	11	BL	6-00.00	6 Alex Pekulia	12	BL	12-03.00
7 Bryant Alexander	12	SL	11.33 11.45	7 Nicholas Jacobson	11	BL	4:37.31	7 Mawuli Mensah	12	PC	5-10.00	6 Tenzin Gyaltsen	10	SL	12-03.00
8 Michael Olowo	9	RG	11.23 11.48	8 Tyler Anderson	10	BL	4:37.32	7 Sherifodeen Bolari	9	CH	5-10.00	8 Derrick Ellison	12	AN	11-09.00
- Ernest Worjloh	12	CH	11.25 DNS	9 Dontae Johnson	10	CH	4:38.37	8 Bellame Kapila	10	RG	5-10.00	8 Jerod Gordon	12	RG	11-09.00
25 Bobby Moua	10	MV	11.97	12 Anders Bandt	12	MV	71, 2:23, 3:35 4:44.61	13 Paul Freimuth	12	MV	5-08.00	- Calvin Ciganik	12	MV	NH
31 Souayang Xiong	12	MV	12.09					- Noah Turnquist	11	MV	NH				
200M Dash				3200 M Run				4X100 Relay				4X400 Relay			
PRELIMS FINALS				PRELIMS FINALS				12 MV 42.02				3:21.11			
1 Ethan Peal	11	SM	22.38 22.49	1 Ben Olson	12	BL	9:35.15	1 St. Michael-Albertville	42.02	6TH VARSITY HONOR ROLL & SECTION 5AA RECORD					
2 John Glanton	12	IR	22.16 22.51	2 Will Sacay	10	MV	69, 2:21, 3:32, 4:46 9:40.01	2 Rogers	42.58	Micah Smith 12 22.8 50.0					
3 Nick Sharma	11	MV	22.12 22.68	16TH VARSITY HONOR ROLL				3 Irondale	43.24	Jared Herbert 12 23.8 51.2					
4 Evan Hull	11	MG	22.23 22.73	6:03, 7:21, 8:36				4 Blaine	43.44	Josh Sampson 11 23.4 49.5					
5 David Weiss	12	AN	22.69 23.16	3 Patrick Mclean	10	MG	9:44.48	5 Champlin Park	44.09	TIED 16TH VARSITY RELAY HONOR ROLL					
6 Cade Lizotte	11	CH	22.95 23.29	4 Finn Sokolowski	10	MV	71, 2:24, 3:38, 4:53 9:47.19	6 Park Center	44.42	Joel Smith 12 24.8 50.2					
7 Michael Olowo	9	RG	22.63 23.32	28TH VARSITY HONOR ROLL				7 Maple Grove	44.43	2 Park Center 3:22.51					
8 Alex Peters	11	BL	22.85 23.45	6:08, 7:25, 8:39				8 Anoka	44.84	3 Anoka 3:28.22					
9 Dominic Feess	11	PC	22.58 23.60	5 David Dahl	12	MV	71, 2:24, 3:38, 4:53 9:56.98	9 Osseo	45.28	4 Irondale 3:30.36					
25 Ray Holmboe	9	MV	24.19	6:08, 7:25, 8:39				- Mounds View	DQ	5 Blaine 3:32.94					
27 Colby Flanagan	11	MV	24.20	6 Carter Knaus	11	SM	10:03.82	Mike Louderback	11	6 Centennial 3:33.70					
				7 Clark Young	10	MG	10:05.21	Colby Flanagan	11	7 Osseo 3:33.92					
				8 Mitchell Kahl	12	CH	10:05.23	Souayang Xiong	12	8 St. Michael-Albertville 3:35.58					
				9 Michael Ward	11	MG	10:05.36	Ray Holmboe	9	9 Fridley 3:37.12					
PERSONAL BEST				4X200 Relay				4X800 Relay							
				1:29.18				1:29.18				8:01.11			
				1 Park Center				1 Park Center				1 St Michael Albertville			
				2 Mounds View	1:30.00			2 Mounds View	1:30.00			2 Mounds View	8:03.50		
				13TH VARSITY HONOR ROLL				20TH VARSITY HONOR ROLL							
				Nick Sharma	11	22.1	Nick Sharma	11	22.1	Will Sacay	10	59.6	2:03.7		
				Josh Thomsen	9	22.8	Josh Thomsen	9	22.8	Alec Nelson	10	57.6	2:01.1		
				Jared Herbert	12	22.5	Jared Herbert	12	22.5	Nehemiah Gaim	11	57.6	2:00.7		
				Micah Smith	12	22.4	Micah Smith	12	22.4	Lukas Hessini	11	57.1	1:57.9		
				3 Anoka	1:30.73			3 Anoka	1:30.73			3 Centennial	8:05.53		
				4 Blaine	1:32.57			4 Blaine	1:32.57			4 Anoka	8:23.38		
				5 Osseo	1:33.95			5 Osseo	1:33.95			5 Maple Grove	8:27.19		
				6 Champlin Park	1:34.32			6 Champlin Park	1:34.32			6 Champlin Park	8:27.40		
				7 Fridley	1:34.47			7 Fridley	1:34.47			7 Irondale	8:30.76		
				8 Maple Grove	1:35.55			8 Maple Grove	1:35.55			8 Blaine	8:38.61		
				9 St. Michael-Albertville	1:35.68			9 St. Michael-Albertville	1:35.68			9 Spring Lk Pk/St. Ant	8:52.31		