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# Mounds View Cross Country Alumni Race



Saturday, August 17, 2019

9:30 a.m.

Como Park



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This is an annual event when, after the first week of official practice, members of the boys and girls cross country teams—past and present—gather for conversation and competition in the form of a 2-mile race at Como Park. Refreshments for families and runners are provided after the race. Following the race is a softball game between alumni and students and anyone is welcome to play.

This is an important and fun team-bonding event. Runners are highly encouraged to attend. Parents, this is a great time to meet other parents and get some questions answered. Please note that although the race starts at 9:30 am, runners should arrive by **8:45 am** for warm-up activities.

Please bring your own chair. Boys should bring their own baseball mitts for the softball game.

## Food to Bring and Share:

**Freshmen:** Fruit, washed and ready to serve

**Sophomore:** Fresh Bagels and Cream Cheese (12 bagels and 1 cream cheese container)

**Juniors:** Cookies (2 dozen), Bars (one pan) or Muffins

**Seniors:** Juice, Sports Drinks, Fitness Water (12 bottles minimum); Plain water will be provided, so please do not bring plain bottled water

**Directions:** Drive south on Lexington Avenue through Como Park. Turn right onto Horton Avenue and park in the lot by the pavilion on the right or on the street. We will be located next to the pavilion (not actually at the pavilion).

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## Additional Information:

**Runner questions should be directed to one of the captains.**

Zach Allie: 651.262.4385

Alec Nelson: 651.767.2583

Will Sacay: 651.207.4749

Finn Sokolowski: 612.352.6934

**Parents with questions:**

Email: [mvboyscrosscountry@gmail.com](mailto:mvboyscrosscountry@gmail.com)

Cindy Allie: 651.271.3715

Brian Allie: 651.343.6461

**We look forward to seeing everyone at the Alumni Race! Go Mustangs!**