#4

GRIAK U of M INDOOR INVITE

Mounds View 153, Farmington 85, Osceola 52, St. Louis Park 37, New Richmond 35, East Ridge 33, Woodbury 29, Shakopee 26, Henry Sibley 24, Minneapolis South 23, Simley 15, Holy Angles 12, Math & Science 11, South Ridge 6, St. Paul Washington 5

Saturday, March 30, 2019

University of Minnesota

60M High Hurdles

1	Joshua Thomsen	10	MV	8.91
2	Mitch Hendrickson	12	HA	9.01
3	Justin Sok	11	SM	9.02
4	Tyler Dye	11	OC	9.30
5	Seth Ott	12	OC	9.37
6	Joe Powers	11	NR	9.38
7	Jack Hendrickson	12	HA	9.40
8	Brian Brady	11	WD	9.42
14	Will Goldman	12	MV	9.70
17	Alex Breen	11	MV	9.88

60M Dash

1	Nick Sharma	12	MV	7.08
2	Montez Hinton	12	SK	7.37
3	Zachary Janz	10	FM	7.39
4	Bobby Moua	11	MV	7.45
5	Gustav Peterson	12	OC	7.46
6	Dorrayn Tapplin	12	MS	7.48
7	Jacob Parent	11	NR	7.49
8	Fahim Belfatmi	11	WD	7.52
11	Mike Louderback	12	MV	7.54

400M Dash

1	Kennan Stowers	9	NR		54.89
2	Carter Broze	11	SK		55.10
3	Connor Garber	12	MS		55.15
4	Raul Oritz	11	MS		55.61
5	Jack Savasten	10	FM		55.65
6	Michael Cardinal	12	FM		56.34
7	Colby Flanagan	12	MV	25.7	56.92
8	Joe Powers	11	NR		56.98
11	Ryan Hill	11	MV	26.4	58.17
27	Adam Collins	11	MV	27.2	60.29

800M Run

1	Lukas Hessini	12	MV	59.7	2:00.91
2	Regan Sevenich	12	FM		2:01.05
3	Aaron Kruse	11	FM		2:03.16
4	Aidan Browne	11	WD		2:06.20
5	Alec Nelson	11	MV	60.3	2:07.75
6	Suleyman Jafer	12	SPW		2:09.88
7	Charles Giese	10	SM		2:14.98
8	Eric Gramer	11	ER		2:16.10

Pole Vault

1	Chinemerem Anene	12	ER	14-06.00
2	Mike Louderback	12	MV	12-06.00
3	Luke Haase	9	OC	11-06.00
4	Blake Jordan	10	OC	10-06.00
5	Joe Charbonneau	11	NR	10-06.00
6	Trey Francis	11	NR	9-06.00
7	Casey Juan	12	FM	9-00.00
8	Cayden Henning	11	NR	9-00.00
--	Kent Tuominen	12	MV	NH

1600M Run

1	Will Sacay	11	MV	65, 2:16, 3:28	4:32.29
2	**Elliot McArthur**	**8**	**MV**	**66, 2:17, 3:28**	**4:35.79**
	FRESHMAN INDOOR RECORD			**2ND FRESHMAN HONOR ROLL**	
3	Grant Wittman	12	WD		4:38.94
4	Joseph Reimann	12	ER		4:39.88
5	Noah Revels	11	FM		4:47.75
6	Abdifetah Kalif	12	MS		4:52.00
7	Corbin Michels	12	SK		4:53.39
8	Zachary Getting	12	ER		4:54.95
23	Mikey Gennaro	11	MV	72, 2:31, 3:53	5:17.06

3200M Run

1	Matt Miller	10	MV	73, 2:31, 3:46, 5:01 6:14, 7:29, 8:46	9:58.05
2	Harris Anderson	11	M&S		10:09.74
3	Grant Dilla	11	SM		10:23.12
4	Nathan Moller	12	MV	76, 2:35, 3:53, 5:11 6:29, 7:48, 9:08	10:23.61
5	Robert Spain	10	FM		10:25.67
6	Daniel Koland	10	ER		10:47.77
7	Michael Cauthorn	11	ER		10:52.73
8	Charles Giese	10	SM		10:55.34
13	Zach Allie	11	MV	79, 2:45, 4:09, 5:38 7:08, 8:37, 10:08	11:31.25

Sprint Medley Relay

1	Mounds View			3:44.21
	Josh Thomsen	10	24.6	53.2
	Nick Sharma	12		22.9
	Bobby Moua	11		24.4
	Alec Nelson	11	57.9	2:03.4
2	Farmington			3:48.42
3	St Louis Park			3:52.60
4	East Ridge			3:54.15
5	Henry Sibley			3:55.90
6	Minneapolis South			3:56.50
7	St. Paul Washington Techno			4:02.38
8	Shakopee			4:07.82

4X400 Relay

1	St Louis Park			3:39.03
2	Farmington			3:39.90
3	Osceola			3:43.62
4	Woodbury			3:46.37
5	New Richmond			3:46.57
6	Minneapolis South			3:48.15
7	Mounds View			3:48.58
	Bobby Moua	11	26.4	58.5
	Ellis Maloney	10	27.0	55.5
	Sam Wong	12	27.3	57.8
	Nate Apostol	11	26.8	56.7
8	Henry Sibley			3:51.91

4X800 Relay

1	Farmington			8:41.54
2	Osceola			8:56.78
3	Mounds View			9:00.09
	Sam Wong	12	63.7	2:16.2
	John Pfenning-Wendt	11	65.3	2:22.9
	Ellis Maloney	10	65.0	2:12.8
	Nate Apostol	11	61.1	2:08.1
4	New Richmond			9:21.45
5	Henry Sibley			9:24.02
6	Math & Science Academy			9:34.71
7	Academy Of Holy Angels			9:48.92
8	Woodbury			9:54.30

Long Jump

1	John Montgomery	11	MV	20-08.75
2	Jack Roeber	11	MV	20-00.00
3	Jerald Hall	12	ER	19-06.50
4	David Benjamin	12	SLP	19-05.00
5	Jake Smithson	11	FM	18-11.00
6	Charles Theis	11	SK	18-09.00
7	Fahim Belfatmi	11	WD	18-08.25
8	Noah Turnquist	12	MV	18-07.50

Triple Jump

1	**Jack Roeber**	**11**	**MV**	**43-03.00**
	TIED 30 VARSITY HONOR ROLL			
2	Romeo Sackie	11	MV	41-08.00
3	David Benjamin	12	SLP	41-00.00
4	Jordan Chanthakhoun	12	FM	40-10.00
5	Tray Scott	12	OC	40-00.00
6	Charles Theis	11	SK	38-11.00
7	Noah Turnquist	12	MV	38-08.00
8	Alex Jarchow	9	NR	38-02.00

High Jump

1	Grady Clem	12	HS	6-00.00
2	Tray Scott	12	OC	6-00.00
3	Romeo Sackie	11	MV	5-10.00
4	John Montgomery	11	MV	5-08.00
5	Alex Jarchow	9	NR	5-08.00
6	AJ Graham	10	HS	5-08.00
7	Luke Haase	9	OC	5-08.00
8	Zackery Coleman	12	SK	5-08.00
16	Noah Turnquist	12	MV	5-04.00

Shot Put

1	Nicholas Medina	12	SLP	42-11.25
2	Cadin Vowels	12	FM	42-07.00
3	Mattt Kilbourn	12	SR	42-05.25
4	Raphael Orubo	12	WD	41-05.50
5	Jake Nelson	11	FM	41-03.00
6	Jake Vogel	12	MV	41-01.25
7	Tyler Brunelle	10	HS	39-08.25
8	Tyler Norris	11	FM	39-06.50
11	Elliot Lee	12	MV	38-04.50
17	Thomas Van Oort	11	MV	37-08.25

PERSONAL BEST