

SECTION 5AA

Score: Mounds View 183, Blaine 168.5, Champlin Park 86, St. Michael-Albertville 78, Maple Grove 71, Osseo 61.5, Park Center 52, Anoka 49.5, Coon Rapids 45, Rogers 37, Spring Lake Park 30.5, Centennial 27.5, Totino-Grace 10, Irondale 10, Fridley 7.5

Wednesday, May 29 & Friday, May 31, 2019

Hamline University

Day 1- Sunny 74 deg. Wind: SW 0-5 mph, Day 2 - Sunny, 88 deg. Wind: W 5-10 mph

110M High Hurdles				400M Dash				Long Jump				Shot Put			
		PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS
1 Joshua Sampson 12 MV 15.10 14.14 <small>VARSIY RECORD</small> <small>SECTION 5AA RECORD</small>				1 Brett Ringer 10 BL 50.02 49.85 2 Brandon Langdok 11 SMA 50.78 49.96 3 Cade Lizotte 12 CP 50.34 50.05 4 Abdisa Koji 12 CR 51.01 51.01 5 Terry Towah 11 SLP 51.09 51.46 6 Bruce Muehlhauser 12 AN 51.03 51.75 7 Gavin Spencer 12 SLP 51.88 51.83 8 Rufus Summerville 12 OS 50.55 52.52 9 Sebastian Fernande 11 AN 51.48 53.26 22 Sam Wong 12 MV 25.0 54.92 23 Nate Farn 12 MV 25.0 55.12 37 Adam Collins 11 MV 26.0 57.42				1 Edmund Ocansey 10 CP 22-11.00 2 DJ Gurley 12 BL 21-04.75 3 Jack Roeber 11 MV 20-11.75 4 Michael Miller 12 TG 20-07.50 5 Darby Rajala 11 BL 20-07.25 6 Brandon Wittig 12 BL 20-07.00 7 Dominique Drake 11 PC 20-04.25 8 Yaach Chuol 12 CT 20-02.00 13 John Montgomery 11 MV 19-08.00 14 Noah Turnquist 12 MV 19-05.75				1 Jakob Bradford 12 PC 51-03.00 2 Josh Beinke 12 BL 49-05.25 3 Jordan Nolan 11 CR 49-04.50 4 Lucas Becker 12 BL 49-01.75 5 Malik Yankaway 12 BL 48-10.75 6 TJ Duerr 12 SMA 47-11.50 7 Noah Presseller 12 TG 47-05.00 8 William Ketola 10 MV 45-09.00 <small>13TH SOPHOMORE HONOR ROLL</small>			
4 Joshua Thomsen 10 MV 15.95 14.77 <small>8TH VARSITY HONOR ROLL</small> <small>SOPHOMORE RECORD</small>				5 Spencer Hoiium 11 CR 15.04 14.85 6 Jack Stahnke 12 BL 15.35 15.02 7 Micah Madyun 12 AN 15.60 15.21 8 Jackson Heckt 12 AN 15.69 15.27 9 Alex Mcaloon 11 SMA 15.94 15.32 17 Ben Howlett 10 MV 16.76				2 Jack Roeber 11 MV 45-04.25 <small>12TH VARSITY HONOR ROLL</small>				5 Elliot Lee 11 MV 147-05 <small>25TH VARSITY HONOR ROLL</small>			
300M IM Hurdles				800 M Run				Triple Jump				Discus			
		PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS
1 Joshua Thomsen 10 MV 38.89 38.54 <small>4TH VARSITY HONOR ROLL</small> <small>SOPHOMORE RECORD</small>				1 Lukas Hessini 12 MV 60.8 / 59.0 2:00.72 1:57.72 2 Mackinon Mokoro 11 OS 1:59.26 1:57.87 3 Alec Nelson 11 MV 62.1 / 59.4 2:02.33 1:59.21 4 Carter Knaus 12 SMA 2:00.40 2:01.12 5 Steve McCoy 12 MV 62.6 / 60.8 2:03.85 2:03.13 6 Jacob Dirshel 12 RG 2:02.14 2:04.80 7 Gavin Peterson 11 MG 2:02.00 2:05.26 8 Alexander Ostafte 12 MG 2:02.38 2:05.52 9 Bruce Muehlhauser 12 AN 2:01.12 2:05.59 10 Thomas Glad 11 RG 2:02.81 2:08.63 11 Ethan Anderson 12 RG 2:00.74 2:08.86 12 Felix Onqera 9 IR 2:02.64 2:15.27				3 DJ Gurley 12 BL 44-11.00 4 Elijah Barlue 12 OS 44-04.00 5 Jackson Heckt 12 AN 44-01.50 6 Darby Rajala 11 BL 43-04.00 7 Geoffrey Ikhimioya 12 MG 43-01.00 8 Brandon Wittig 12 BL 41-09.50 9 Carlson Payne 11 PC 41-08.00 12 Noah Turnquist 12 MV 40-05.75 Romeo Sackie 11 MV FOUL				1 Lucas Becker 12 BL 164-11 2 Isaiah Giles 11 BL 162-08 3 Santino Stephens 12 CP 153-08 4 Jakob Bradford 12 PC 151-05 5 Elliot Lee 11 MV 147-05 <small>25TH VARSITY HONOR ROLL</small>			
100M Dash				1600 M Run				High Jump				Pole Vault			
		PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS
1 Evan Hull 12 MG 11.05 10.74 2 Michael Olowo 10 RG 11.10 10.86 3 Brian Obwoji 9 BL 11.29 10.88 4 Rejiwon Dupree 11 OS 11.35 11.01 5 Cade Lizotte 12 CP 11.45 11.18 6 Emmanuel Danso 11 MV 11.40 11.18 <small>TIED 8TH VARSITY HONOR ROLL</small>				1 Austin Streit 12 MV 63, 2:10, 3:16 4:26.53 2 Elliot McArthur 8 MV 64, 2:12, 3:22 4:30.13 3 Ethan Anderson 12 RG 4:33.93 4 Dontae Johnson 11 CP 4:36.63 5 Clark Young 11 MG 4:37.47 6 Jeffrey Sandkuhler 12 IR 4:38.94 7 Caden Nordberg 9 SMA 4:39.21 8 Thomas Marrah 12 CT 4:39.62 9 Jonah Breuer 12 SMA 4:39.88 12 Nathan Moller 12 MV 68, 2:19, 3:30 4:41.57				1 Levi Yeebahn 10 AN 6-05.00 2 Micah Madyun 12 AN 6-04.00 3 Romeo Sackie 11 MV 6-02.00 <small>TIED 16TH VARSITY HONOR ROLL</small>				1 Kyle Kucera 12 SMA 13-06.00 2 Nicholas Eicher 11 SMA 13-02.00 3 Alex Hoglund 11 CT 12-11.00 4 Andreas Groebner 10 SLP 12-02.00 5 Daunte Williams 12 FR 12-02.00 5 Carter Benson 12 CT 12-02.00 7 Sam Magnuson 10 MV 11-08.00 8 Grant Allen 11 BL 11-08.00 9 Sean Marks 12 CR 11-08.00 13 Liam Edgar 11 MV 10-08.00 13 Kevin Nelson 12 MV 10-08.00			
200M Dash				3200 M Run				4X100 Relay				4X400 Relay			
		PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS
1 Michael Olowo 10 RG 22.49 21.92 2 Evan Hull 12 MG 22.15 21.99 3 Dominic Feess 12 PC 22.57 22.00 4 Kevin Arthur 12 CP 23.04 22.53 5 Landen Liu 9 CT 23.23 22.64 6 Nicholas Westphal 10 MG 23.16 22.93 7 Tamue Kekoura 11 CR 23.12 22.97 8 Christopher Frazie 9 PC 23.13 23.05 9 Vamey Conneh 12 CP 23.36 23.28 14 Bobby Moua 11 MV 23.61 22 Josh Albers 12 MV 24.01 40 Adam Collins 11 MV 25.61				1 Finn Sokolowski 11 MV 72, 2:26, 3:37, 4:52 9:32.38 <small>11TH VARSITY HONOR ROLL</small> 2 Will Sacay 11 MV 73, 2:27, 3:37, 4:53 9:36.21 <small>16TH VARSITY HONOR ROLL</small> 3 Matt Miller 10 MV 73, 2:27, 3:38, 4:53 9:39.64 6:06, 7:19, 8:29 4 Nicholas Jacobson 12 BL 9:48.33 5 Charles Caven 11 MG 9:50.78 6 Connor Preston 11 CP 9:51.70 7 Dontae Johnson 11 CP 9:55.36 8 Lukas Peterson 12 SMA 10:01.82 9 Clark Young 11 MG 10:04.05				1 Champlin Park 42.88 2 Blaine 43.36 3 Maple Grove 43.68 4 Osseo 43.75 5 Park Center 43.78 6 Spring Lk Pk/St. A 44.33 7 St. Michael-Albert 44.85 8 Coon Rapids 45.22 9 Totino-Grace 45.42 Mounds View 11 DQ Bobby Moua 11 Colby Flanagan 12 Ryan Hill 11 Emmanuel Danso 11				1 Mounds View 3:25.45 Josh Thomsen 10 24.4 50.4 Lukas Hessini 12 25.5 52.3 Austin Streit 12 24.3 51.1 Josh Sampson 12 24.3 51.5 2 Blaine 3:27.40 3 Osseo 3:28.62 4 St. Michael-Albert 3:31.82 5 Maple Grove 3:32.06 6 Park Center 3:35.39 7 Fridley 3:35.41 8 Coon Rapids 3:38.86 9 Spring Lk Pk/St. A 3:39.20			
PERSONAL BEST				4X200 Relay				4X800 Relay							
		PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS			PRELIMS	FINALS
1 Blaine 1:29.90 2 Park Center 1:30.21 3 Mounds View 1:31.61 Bobby Moua 11 23.7 Emmanuel Danso 11 22.2 <small>TIED 26TH VARSITY RELAY HONOR ROLL</small> Josh Albers 12 23.2 John Montgomery 11 22.3 4 Coon Rapids 1:31.64 5 Champlin Park 1:31.94 6 Spring Lk Pk/St. A 1:32.05 7 St. Michael-Albert 1:32.59 8 Centennial 1:32.65 9 Osseo 1:35.12				1 St. Michael-Albert 8:00.78 2 Anoka 8:01.46 3 Maple Grove 8:05.28 4 Mounds View 8:10.82 Will Sacay 11 59.4 2:01.4 Nehemiah Gaim 12 56.4 2:00.6 Ellis Maloney 10 58.4 2:01.6 Matt Miller 10 57.5 2:07.2 5 Blaine 8:21.86 6 Champlin Park 8:36.27 7 Irondale 8:36.76 8 Spring Lk Pk/St. A 8:37.58 9 Centennial 8:53.71											