



## 2019 Mounds View Boys' Track & Field Schedule

Date:	Meet/Event	Location	Time	Volunteers Needed:
Monday March 4	Freshmen/New boys Practice Begins	MVHS	3:30 p.m.	-
Thurs. March 7	<b>Parent /Athlete meeting</b>	MVHS Cafeteria	7:00 p.m.	-
Monday March 11	Full Team Track Begins	MVHS	3:30 p.m.	-
Thursday March 21	Time Trial	Bethel University	4:00 p.m.	
Tues March 26	St. Thomas Indoor	St Thomas University	5:30 p.m.	
<b>*Friday. March 29</b>	<b>MV Co-Ed Indoor</b>	<b>Bethel University</b>	<b>7:00 p.m.</b>	<b>Volunteers</b>
Sat. March 30	Griak, U of M - Indoor	U of M Field House (Varsity)	10:00 a.m.	
<b>Fri.. April 5</b>	<b>CARBOLOAD</b>	MVHS - Cafeteria	5:00-6:30	<b>Volunteers</b>
<b>*Sat. April 6</b>	<b>St John's</b>	<b>St Johns University</b>	<b>4:00 p.m.</b>	<b>Volunteers</b>
Monday. April 8	Lightning JV 9 <sup>th</sup> /10 <sup>th</sup> Invite	Eastview	4:00 pm.	
Tues. April 9	White Bear Relays	WBL South Campus	3:45 p.m.	
Fri. April 12	Gopher Invite U of M	U of M Track & Field Stadium	2:00pm?? TBD	-
<b>*Mon. April 15</b>	<b>MV - JV MEET</b>	<b>MVHS HOME MEET</b>	<b>4:00 pm</b>	<b>Volunteers</b>
Wed. April 17	<b>CARBOLOAD</b>	MVHS - cafeteria	5:00 - 6:30	<b>Volunteers</b>
Thurs. April 18	Pony Relays	Stillwater High School	4:00 pm	
Tues April 23	Hopkins True Team Invite	Hopkins High School	4:00 pm	-
<b>*Thurs. April 25th</b>	<b>MV 9th Grade Invite</b>	<b>MVHS HOME MEET</b>	<b>4:00 pm</b>	
Fri. April 26	Hamline Elite Meet - varsity	Hamline University	5:00 pm	-
Mon. April 29th	Davanni's Fundraiser	Davannis – 20% of bill donated	4:00–8:00pm	
<b>*Tues. April 30th</b>	<b>BOB STEWART INVITE</b>	<b>MVHS HOME MEET</b>	<b>4:00 pm</b>	<b>Volunteers</b>
Fri. May 3	Trojan Relays	Wayzata HS	5:00 p.m.	
Mon. May 6th	<b>CARBOLOAD</b>	MVHS Cafeteria	5:00 - 6:30	<b>Volunteers</b>
<b>*Tues. May 7</b>	<b>TRUE TEAM SECTION</b>	<b>MVHS HOME MEET</b>	<b>4:00 pm</b>	<b>Volunteers</b>
Wed May 8	True Team JV Invite	WBL South Campus	3:45 p.m.	
Tues. May 14	9 & 10 Conference Meet	WBL - South Campus	3:45 p.m.	
Wed. May 15	Last Chance Meet	Stillwater HS	3:45 p.m.	
Thurs. May 16	<b>CARBOLOAD</b>	MVHS CAFETERIA	5:00 - 6:30	<b>Volunteers</b>
Fri. May 17th	True Team State	Stillwater High School	4:00 p.m.	
Tues. May 21	SEC Conference Meet (Prelims)	East Ridge High School	2:00 p.m.	
Thurs. May 23	SEC Conference Meet (Finals)	East Ridge High School	4:00 p.m.	
Wed. May 29	Section 5AA Meet (Prelims)	Hamline University	2:00 p.m.	
Fri. May 31	Section 5AA Meet (Finals)	Hamline University	12:00 - noon	
Fri. June 7	State Meet (Prelims)	Hamline University	9:00 a.m.	
Sat. June 8	State Meet (Finals)	Hamline University	9:00 a.m.	
Mon. June 10	<b>BANQUET</b>	<b>MVHS Cafeteria</b>	5:30 -8:30 p.m.	-

Please check website often, as meet dates / times can change due to weather, etc.

Each family please pick 2 volunteer shifts /opportunities, including carboloads, track meet stations, concessions

- For updates please visit Website: [www.moundsviewxc.com](http://www.moundsviewxc.com)
- To receive updates right to your mobile device: use REMIND APP.  
Text : @MVTF2019, To: 81010
- Volunteer Sign up: Visit website, at bottom of home page

### Captains:

- **Nick Sharma**
- **Mike Louderback**
- **Lukas Hessini**
- **Josh Sampson**
- **Austin Streit**

### Parent Contact

Anup & Rozeli      [aismobile2002@gmail.com](mailto:aismobile2002@gmail.com), [rozelisharma1@yahoo.com](mailto:rozelisharma1@yahoo.com)  
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### Coaches

[ross.fleming@moundsviewschools.org](mailto:ross.fleming@moundsviewschools.org) Ross Fleming - Head coach & Varsity Distance

[thompson.aaron.j@gmail.com](mailto:thompson.aaron.j@gmail.com) – Aaron Thompson, Assistance Distance coach

[wilfredapratt@gmail.com](mailto:wilfredapratt@gmail.com) – Bill Pratt - Middle distance

[RFleigle@comcast.net](mailto:RFleigle@comcast.net) – Robin Fleigle – Sprints

[jobrienmv2012@gmail.com](mailto:jobrienmv2012@gmail.com) – Jack O Brien – Assistant Sprints

[mike.goldman@anokaramsey.edu](mailto:mike.goldman@anokaramsey.edu) – Mike Goldman - Hurdles

[tom.davis@moundsviewschools.org](mailto:tom.davis@moundsviewschools.org) – Tom Davis - Throws

[skopp713@gmail.com](mailto:skopp713@gmail.com) – Scott Kopp - Jumps

[eric2396@umn.edu](mailto:eric2396@umn.edu) - Pete Erickson – Pole Vault

### Conference teams:

Cretin  
 East Ridge  
 Forest lake  
 Hastings  
 Park  
 Roseville  
 Stillwater  
 White Bear Lake  
 Woodbury

### Meet locations & addresses

Bethel University: 3900 Bethel Drive, Arden Hills  
 East Ridge HS: 4200 Pioneer Drive, Woodbury  
 Stillwater HS: 5701 Stillwater Blvd, Stillwater  
 Wayzata HS: 4955 Peony Lane, Plymouth  
 WBL South Campus: 3551 McKnight Rd, White Bear Lake  
 Hopkins HS: 2400 Lindbergh Dr., Minnetonka  
 Hamline University: 1550 Taylor Ave, Saint Paul  
 St. Thomas University: 2115 Summit Ave St. Paul  
 U of M Field House (indoor): 1800 University Ave, Mpls  
 U of M Track and Field Stadium (outdoor): 1801 6th St. SE, Minneapolis,