

3.19.2015 Progression Run Splits

Snail Lake Park

Jackson	8:15	7:23	7:04	6:47
Harry	8:15	7:23	7:04	6:47
David	8:15	7:23	7:04	6:47
Noah (OYO)	7:34	6:57	6:43	-
Bryan	8:46	8:31	8:29	8:25
Alex	8:28	?	?	-