

Tuesday, March 31, 2015
4 mile progression run

Anders	7:13	7:08	6:45	6:50
Harry	7:13	7:08	6:50	6:50
Kyle	7:13	7:17	?	?
Ben	7:13	7:17	7:22	8:38
Thomas	7:46	7:47	7:39	7:30
Schamarky	?	?	-	-