| Athlete | Mile 1 | Split 2 | Mile 2 | Split 3 | Mile 3 | Split 4 | Mile 4 | Split 5 | Mile 5 | AVG |
|---|---|---|---|---|---|---|---|---|---|---|
| Will Sacay | **05:44.0** | 11:34.0 | **05:50.0** | 17:25.0 | **05:51.0** | 23:12.0 | **05:47.0** | 29:05.0 | **05:53.0** | 05:49.0 |
| Alec Nelson | **07:07.0** | 13:42.0 | **06:35.0** | 20:13.0 | **06:31.0** | 26:46.0 | **06:33.0** | | | 06:41.5 |
| Finn Sokolowski | **07:07.0** | 13:43.0 | **06:36.0** | 20:13.0 | **06:30.0** | 26:46.0 | **06:33.0** | | | 06:41.5 |
| Nate Apostol | **07:07.0** | 13:43.0 | **06:36.0** | 20:38.0 | **06:55.0** | 27:14.0 | **06:36.0** | | | 06:48.5 |
| Zach Allie | **07:07.0** | 13:44.0 | **06:37.0** | 20:49.0 | **07:05.0** | 27:50.0 | **07:01.0** | | | 06:57.5 |
| Ezra Gaim | **07:07.0** | 13:43.0 | **06:36.0** | 20:15.0 | **06:32.0** | 28:03.0 | **07:48.0** | | | 07:00.8 |
| John Pfenning-Wendt | **07:29.0** | 14:45.0 | **07:16.0** | 22:24.0 | **07:39.0** | 30:13.0 | **07:49.0** | | | 07:33.3 |
| Mikey Gennaro | **08:09.0** | 16:05.0 | **07:56.0** | 23:29.0 | **07:24.0** | - | **-** | | | 07:49.7 |
| Jack Roeber | **08:09.0** | 16:05.0 | **07:56.0** | 23:32.0 | **07:27.0** | - | **-** | | | 07:50.7 |
| Levi Christopherson | **08:09.0** | 16:05.0 | **07:56.0** | 23:54.0 | **07:49.0** | - | **-** | | | 07:58.0 |
| Tanner Ware | | | | | | | | | | |