

ROSEMOUNT JV TIME TRIAL

Tuesday, April 16, 2013

Rosemount High School

Sunny,47 Degrees, Wind: W -5-10mph

110M High Hurdles

Matt Baker	10	15.72
John McMillan	10	18.78

300M IM Hurdles

Not Run		
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100M Dash

Denis Li	10	11.58
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TIED 10TH SOPHOMORE HONOR ROLL

Riley Krause	12	11.78
Nick Schwartz	10	12.08
Spencer Stueve	11	12.31
Michael Degroot	9	12.42
Nick Varichak	9	12.42
Jake Zastrow	9	12.46
Nate VanBeusekom	9	12.55
Chase Corliss	10	12.56
Andrew Bjorklund	9	12.59
Mateo Dietsche	10	12.76
Danny Dewitt	10	12.79
Grant Tuominen	11	12.82
Grant Delaune	9	12.88
Nolan Thomas	9	12.92
Dennis Achecimpong	10	12.95
Jeremy Wiste	8	13.71
Kyle Harned	9	13.89
Mark Johnson	9	14.34
Jon Cincotta	9	14.43

200M Dash

Denis Li	10	24.18
Nick Schwartz	10	24.75
Jake Zastrow	9	25.32
Andrew Bjorklund	9	25.70
Nate VanBeusekom	9	25.78
Dennis Achecimpong	10	25.94
Nick Varichak	9	25.99
Danny Dewitt	10	26.13
Chase Corliss	10	26.17
Dan Hanson	9	26.59
John McMillan	10	26.79
Mateo Dietsche	10	26.82
Grant Tuominen	11	26.92
Tommy Klotz	9	27.07
Nolan Thomas	9	27.57
Jeremy Wiste	8	29.14

400 M Run

Not Run			
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800 M Run

Grant Herbert	10	64.0	2:10.7
Alex Placentia	9	67.0	2:15.9
Grant Delaune	9	68.0	2:16.2
Frank Floeder	9	69.0	2:19.9
Henry Henson	9	71.0	2:20.5
Nathan Kaeter	12	74.0	2:26.0

1600 M Run

Mark Sheldon	10	74, 2:29, 3:45	4:55.7
Ben Carpenter	10	77, 2:37, 3:56	5:10.3
Hans Adamsson	9	77, 2:38, 4:00	5:12.3
Sean Wentworth	10	78, 2:40, 4:04	5:23.5
Josh Yuan	10	80, 2:44, 4:13	5:39.2
Tristan Aschitino	11	85, 2:52, 4:26	5:57.4

3200 M Run

Not Run			
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4X400 Relav - A

Matt Baker	10	25.0	54.3
Michael DeGroot	9	28.0	57.9
Grant Herbert	10	27.0	56.9
Mark Sheldon	10	28.0	57.9

4X800 Relav - A

Not Run			
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Discus

Matt Wong	10	94' 7"
Chris Wells	11	88' 0"
Luke Cincotta	10	79' 8"
Dan Roden	11	78' 8"
Marty Koehn	12	70' 6"
Jack Thurner	9	59' 0"

Long Jump

Riley Krause	12	18' 9"
Jake Zastrow	9	18' 6"
Nate VanBeusekom	9	18' 1"
Grant Delaune	9	16' 5 1/2"
Andrew Bjorklund	9	15' 10"
Billy Howlett	9	15' 4 1/4"
Oystein Skogvold	12	15' 1/2"
Brandon Lee	9	14' 9"
Mateo Dietsche	10	14' 6"
Alex Moline	12	14' 1 1/2"
Mark Johnson	9	13' 9"
Denis Li	10	ND

Triple Jump

Denis Li	10	36' 9"
Billy Howlett	9	32' 6"
Andrew Bjorklund	9	30' 8"
Alex Moline	12	29' 1/2"
Riley Krause	12	ND

High Jump

Matt Baker	10	5' 3"
Oystein Skogvold	12	NH
Mark Johnson	9	NH
Brandan Lee	9	NH

Pole Vault

John Knopf	12	11' 6"
Keegan Tountas	11	10' 6"
Eric Diaz	12	9' 0"
Tucker LeBow	12	9' 0"
Daniel Crist	10	7' 0"
Tristan Fairchild	10	7' 0"
Joe Eggers	10	7' 0"
Hayden Oliver	10	NH

Shot Put

Matt Wong	10	39' 9 1/2"
Dan Roden	11	37' 0"
John O'Dougherty	11	33' 9 3/4"
Tommy Klotz	9	33' 7"
Luke Cincotta	10	32' 9 1/2"
Chris Wells	11	31' 6 1/2"
Dan Hanson	9	28' 0"
Jack Thurner	9	28' 0"
Marty Koehn	12	27' 4 1/2"

PERSONAL BEST