

Thursday, April 25, 2013

Mounds View High School

Sunny, 50 Degrees, Wind: W -5-15mph

**110M High Hurdles**

No Entry

**300M IM Hurdles**

Billy Howlett 9 51.9  
Jeremy Wiste 8 53.6

**100M Dash**

Michael Degroot 9 12.1  
Andrew Bjorklund 9 12.2  
Jake Zastrow 9 12.2  
Nick Varichak 9 12.3  
Nate VanBeusekom 9 12.4  
Kyle Harned 9 13.2  
Jon Cincotta 9 13.8

**200M Dash**

Nate VanBeusekom 9 25.0  
Nick Varichak 9 25.2  
Jake Zastrow 9 25.7  
Dan Hanson 9 25.9  
Jon Cincotta 9 27.8

**4X100 Relay - A**

46.8  
Nick Varichak 9  
Nate VanBeusekom 9  
Andrew Bjorklund 9  
Jake Zastrow 9

**4X200 Relay - A**

1:45.3  
Dan Hanson 9 26.2  
Nolan Thomas 9 26.5  
Jeremy Wiste 8 26.9  
Grant Delaune 9 25.7

**400 M Run**

Michael Degroot 9 26.0 54.1  
15TH FRESHMAN HONOR ROLL  
Tommy Klotz 9 58.4

**800 M Run**

Grant Delaune 9 66.0 2:15.1

**1600 M Run**

Frank Floeder 9 71, 2:25, 3:42 4:54.6  
23RD FRESHMAN HONOR ROLL  
Alex Plasencia 9 72, 2:27, 3:46 4:56.0  
26TH FRESHMAN HONOR ROLL  
Hans Adamsson 9 2:30, 3:56 5:03.5  
Henry Henson 9 2:34, 3:54 5:09.5

**3200 M Run**

No Entry

**4X400 Relay - A**

No Entry

**4X800 Relay - A**

No Entry

**Long Jump**

Jake Zastrow 9 19' 3 1/2"  
TIED 9TH FRESHMAN HONOR ROLL  
Grant Delaune 9 17' 10"  
Nate VanBeusekom 9 17' 9 1/2"  
Andrew Bjorklund 9 17' 7 1/2"  
Nolan Thomas 9 16' 11"  
Brandon Lee 9 16' 3"  
Billy Howlett 9 15' 6"  
Nick Varichak 9 15' 4 1/2"

**Triple Jump**

Andrew Bjorklund 9 34' 5"  
Billy Howlett 9 34' 4 1/2"

**High Jump**

Nolan Thomas 9 NH  
Brandon Lee 9 NH

**Pole Vault**

No Entry

**Shot Put**

Tommy Klotz 9 37' 5"  
25TH FRESHMAN HONOR ROLL  
Jack Thurner 9 32' 11 1/2"  
Dan Hanson 9 28' 11"

**Discus**

Billy Howlett 9 88' 5"  
Tommy Klotz 9 80' 1 1/2"  
Dan Hanson 9 77' 8"  
Jack Thurner 9 61' 11"

PERSONAL BEST