

Saturday, April 25, 2015

Hopkins High School

Partly sunny, 55 Degrees, Wind: E -10-15mph

**110M High Hurdles**

|                 |    |       |
|-----------------|----|-------|
| John McMillan   | 12 | 16.10 |
| Charlie Etuko   | 10 | 17.95 |
| Joel Smith      | 9  | 18.23 |
| Nathan Duchenes | 10 | DNS   |

**300M IM Hurdles**

|                                  |    |              |
|----------------------------------|----|--------------|
| John McMillan                    | 12 | 41.45        |
| <b>Charlie Etuko</b>             | 10 | <b>43.30</b> |
| <i>22ND SOPHOMORE HONOR ROLL</i> |    |              |
| Joel Smith                       | 9  | 45.67        |
| Nathan Duchenes                  | 10 | 47.05        |

**100M Dash**

|                  |    |       |
|------------------|----|-------|
| Denis Li         | 12 | 11.69 |
| Nate VanBuesekom | 11 | 12.12 |
| Connor Stamper   | 12 | 12.24 |
| Mateo Dietsche   | 12 | 12.85 |

**200M Dash**

|                                     |    |              |
|-------------------------------------|----|--------------|
| <b>Michael DeGroot</b>              | 11 | <b>22.76</b> |
| <i>TIED 16TH VARSITY HONOR ROLL</i> |    |              |
| Nate VanBuesekom                    | 11 | 23.76        |
| Jake Zastrow                        | 11 | 23.91        |
| Nick Varichak                       | 11 | 24.28        |

**4X100 Relay - A** 45.32

|                  |    |
|------------------|----|
| Connor Stamper   | 12 |
| Nick Varichak    | 11 |
| Nate VanBuesekom | 11 |
| Denis Li         | 12 |

**4X200 Relay - A** 1:32.93

|                 |    |      |
|-----------------|----|------|
| Charlie Haik    | 10 | 23.8 |
| Nik Hegstrand   | 12 | 23.5 |
| Grant Herbert   | 12 | 23.2 |
| Michael DeGroot | 11 | 22.2 |

**400 M Run**

|                                      |    |      |              |
|--------------------------------------|----|------|--------------|
| Josh Hintz                           | 11 | 24.4 | 54.08        |
| George Mata                          | 10 | 26.2 | 55.26        |
| <b>Micah Smith</b>                   | 9  | 26.5 | <b>55.40</b> |
| <i>TIED 23RD FRESHMAN HONOR ROLL</i> |    |      |              |
| Josh Rydberg                         | 12 | 27.0 | 57.44        |

**800 M Run**

|               |    |      |         |
|---------------|----|------|---------|
| Hans Adamsson | 11 | 62.0 | 2:09.38 |
| Ben Yoch      | 9  | 64.5 | 2:14.12 |
| Harry Lien    | 10 | 65.7 | 2:17.94 |
| Spencer Pauly | 10 | 70.3 | 2:21.56 |

**1600 M Run**

|                 |    |                |         |
|-----------------|----|----------------|---------|
| Harrison Hirsch | 11 | 70, 2:26, 3:41 | 4:49.78 |
| Matt Ericson    | 12 | 70, 2:25, 3:41 | 4:49.79 |
| Sean Wentworth  | 12 | 71, 2:26, 3:42 | 4:51.08 |
| Thomas Wong     | 10 | 75, 2:42, 4:12 | 5:36.58 |

**3200 M Run**

|                |    |                      |          |
|----------------|----|----------------------|----------|
| Devon McDonald | 12 | 70, 2:25, 3:42, 5:00 | 10:14.25 |
|                |    | 6:18, 7:37, 9:08     |          |
| Mark Ousidagan | 10 | 75, 2:39, 4:05, 5:29 | 11:01.40 |
|                |    | 6:55, 8:21, 9:45     |          |
| Aaron Marx     | 10 | 79, 2:44, 4:18, 5:49 | 11:36.10 |
|                |    | 7:20, 8:52, 10:17    |          |
| Kyle Goodwiler | 10 | 80, 2:45, 4:19, 5:50 | 11:36.37 |
|                |    | 7:21, 8:53, 10:18    |          |

**4X400 Relay - A** 3:45.02

|               |    |      |      |
|---------------|----|------|------|
| Charlie Haik  | 10 | 24.3 | 55.2 |
| Nik Hegstrand | 12 | 25.9 | 54.3 |
| George Mata   | 10 | 26.2 | 59.1 |
| Michael Brown | 11 | 27.2 | 56.2 |

**4X800 Relay - A** 9:02.51

|               |    |      |        |
|---------------|----|------|--------|
| Hans Adamsson | 11 | 62.2 | 2:06.7 |
| Harry Lien    | 10 | 65.5 | 2:18.3 |
| David Dahl    | 9  | 66.5 | 2:18.3 |
| Jackson Denny | 10 | 65.6 | 2:18.9 |

**Long Jump**

|                |    |            |
|----------------|----|------------|
| Jake Zastrow   | 11 | 20' 1/2"   |
| Ryan Kaczynski | 12 | 19' 5 1/2" |
| Brandon Lee    | 11 | 18' 1 1/4" |
| Mateo Dietsche | 12 | 15' 9"     |

**Triple Jump**

|                |    |            |
|----------------|----|------------|
| Ryan Kaczynski | 12 | 42' 1 1/4" |
| Charlie Etuko  | 10 | 38' 3"     |
| Tommy Rolfs    | 10 | 34' 9"     |
| Micah Smith    | 9  | 34' 4 3/4" |

**High Jump**

|                |    |       |
|----------------|----|-------|
| Charlie Etuko  | 10 | 5' 6" |
| Ryan Kaczynski | 12 | 5' 6" |
| Jake Zastrow   | 11 | 5' 3" |
| Joel Smith     | 9  | 5' 0" |

**Pole Vault**

|                |    |        |
|----------------|----|--------|
| Joey Eggers    | 12 | 13' 0" |
| Hayden Oliver  | 12 | 11' 0" |
| Calvin Ciganik | 9  | 10' 0" |
| Jake Osgood    | 10 | 9' 0"  |

**Shot Put**

|                |    |            |
|----------------|----|------------|
| Matt Wong      | 12 | 48' 6 1/2" |
| Jack Thurner   | 11 | 43' 1 1/2" |
| Riley Stephens | 12 | 41' 6 1/4" |
| John Kriposos  | 10 | 38' 5 1/4" |

**Discus**

|                |    |         |
|----------------|----|---------|
| Matt Wong      | 12 | 128' 0" |
| Ryan Murphy    | 10 | 119' 1" |
| Riley Stephens | 12 | 107' 4" |
| Alec Edgett    | 11 | 101' 5" |