

WHITE BEAR LAKE JV

Teams : Cretin-Derham Hall, Forest Lake, Mounds View, North St. Paul, Roseville, White Bear Lake, Woodbury

Thursday, May 12, 2016

White Bear Lake High School

Cloudy, 55 deg. Wind: NW 10-20mph

110M High Hurdles

Josh Sampson	9	16.87
Will Goldman	9	18.62

300M IM Hurdles

Jeremy Wiste	11	45.09
Will Goldman	9	49.04

100M Dash

Jeremy Wiste	11	11.81
Peter Goodwin	10	12.03
Omar Abuheileh	11	12.40
Sam Wong	9	12.42
Kenny Vue	9	12.55
Manasse Mutamba	10	12.60
Nate Farm	9	12.80
Frankie Wang	9	13.21
Connor Beale	9	13.98
Ahmed Mohamed	9	DNF

200M Dash

Josh Sampson 4TH FRESHMAN HONOR ROLL	9	23.53
Peter Goodwin	10	24.51
Jeremy Wiste	11	25.19
Sam Wong	9	25.51
Omar Abuheileh	11	25.55
Kenny Vue	9	25.61
Manasse Mutamba	10	25.92

4X100 Relay

Mounds View	47.53
Peter Goodwin	10
Sam Wong	9
Omar Abuheileh	11
Manasse Mutamba	10

4X200 Relay

No Team

400M Dash

Hassan Lubega	12	26.7	58.50
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800M Run

Lukas Hessini TIED 22ND FRESHMAN HONOR ROLL	9	65.8	2:12.25
Eddie Brody	10	66.4	2:13.96
John Carlson	9	66.9	2:14.95
Sam Winters	9	68.7	2:17.79
Nehemiah Gaim	9	69.7	2:19.18
Steve McCoy	9	69.2	2:20.00
Sam Morrisette	9	69.6	2:23.96
JP Braun	10	69.9	2:24.37
Evan Wacker	9	75.2	2:35.41
Brian Paulsen	11	75.5	2:36.84

1600M Run

Mark Ousdiqian	11	70, 2:25, 3:40	4:49.54
Aaron Marx	11	72, 2:27, 3:42	4:52.49
Anders Bandt	10	72, 2:28, 3:42	4:53.69
Andrew Fortmeyer	10	74, 2:35, 3:54	5:09.82
Jared Herbert	10	73, 2:31, 3:53	5:15.21
Lyndon Hills	12	75, 2:39, 4:04	5:22.30
Felix Zhang	10	75, 2:39, 4:06	5:27.84
Sebastian Thompson	9	83, 2:53, 4:25	5:46.86

3200M Run

Austin Streit 11TH FRESHMAN HONOR ROLL	9	76, 2:36, 3:54, 5:15	6:34, 7:54, 9:12	10:25.72
Will Sacay 15TH FRESHMAN HONOR ROLL	8	77, 2:37, 3:56, 5:17	6:37, 7:59, 9:21	10:33.24
Nate Moller 20TH FRESHMAN HONOR ROLL	9	77, 2:37, 3:56, 5:17	6:38, 8:00, 9:22	10:43.96
Adam Coltvet	10	78, 2:43, 4:05, 5:28	6:52, 8:16, 9:37	10:56.02
Kyle Goodwiler	11	79, 2:45, 4:06, 5:29	6:52, 8:16, 9:43	10:57.64
Collin Wentworth	9	84, 2:54, 4:28, 6:01	7:34, 9:05, 10:37	12:03.93
Nathan Hohenshell	9	85, 3:01, 4:38, 6:17	???, ???, 11:17	12:46.03

4X400 Relay

Mounds View	3:59.51	
Nate Farm	9	59.5
Jared Herbert	10	60.3
Frankie Wang	9	62.3
Lukas Hessini	9	57.2

4X800 Relay

Not Run

Long Jump

Micah Smith	10	17' 3"
Jeremy Wiste	11	16' 4 1/2"
Tommy Rolfs	11	16' 2 1/2"
Paul Freimuth	10	16' 2 1/2"
Spencer Pauly	11	15' 8 1/4"
Nate Farm	9	15' 3 1/2"

Triple Jump

Tommy Rolfs	11	37' 1 1/2"
Paul Freimuth	10	35' 8 1/2"
Spencer Pauly	11	33' 10 3/4"
Nate Farm	9	28' 11 3/4"

High Jump

Spencer Pauly	11	5' 2"
Paul Freimuth	10	5' 0"
Tommy Rolfs	11	NH

Pole Vault

Spencer Tuominen	10	10' 0"
Kevin Nelson	9	8' 0"
Kent Tuominen	9	8' 0"

Shot Put

Wyatt Roe	10	40' 3"
Brendan Kauls	9	37' 6 1/2"
Thoger Boyum	10	37' 6"
Ian Boyles	9	36' 3"
Dan Heilman	11	35' 5"
Joey Tillman	10	32' 3"
Ben Davis	10	29' 10"

Discus

Dan Heilman	11	102' 1"
Thoger Boyum	10	94' 8"
Joey Tillman	10	92' 6"
Ian Boyles	9	90' 11"
Brendan Kauls	9	88' 10"
Wyatt Roe	10	76' 1"
Ben Davis	10	61' 9"

PERSONAL BEST