

110M High Hurdles

	Prelims	Finals
Matt Baker	12 14.90	14.57
John McMillan	12 15.55	15.61
Jeremy Wiste	10 17.59	

300M IM Hurdles

Matt Baker	12 40.27	39.75
John McMillan	12 41.93	42.00
Charlie Etuko	10 42.37	

100M Dash

Denis Li	12 11.07	11.28
Connor Stamper	11 11.64	
Nick Varichak	11 11.90	

200M Dash

Jake Zastrow	11 23.63
Nick Varichak	11 24.13
Hassan Lubega	11 24.65

4X100 Relay - A 45.05

Connor Stamper	12
Nick Varichak	11
Nate VanBuesekom	11
Dennis Acheampong	12

4X200 Relay - A 1:32.80

Charlie Haik	10 24.5
Nik Hegstrand	12 22.9
Grant Herbert	12 23.2
Michael DeGroot	11 22.0

400 M Run

		Prelims	Finals
Josh Hintz	11	25.4	53.16
Micah Smith	9	25.5	54.31
<i>16TH FRESHMAN HONOR ROLL</i>			
Hassan Lubega	11	26.4	55.52

800 M Run

Grant Delaune	11	61.3 / 59.3	2:02.72	1:59.95
Tim Pease	10	61.7 / 59.6	2:04.58	2:00.04
Devon McDonald	12	61.7 / 60.0	2:02.51	2:00.20

1600 M Run

Alex Plasencia	11	65, 2:14, 3:20	4:25.90
<i>20TH VARSITY HONOR ROLL</i>			
Ben Carpenter	12	69, 2:21, 3:33	4:44.74
Harrison Hirsch	11	70, 2:23, 3:39	4:49.06

3200 M Run

Ben Carpenter	12	73, 2:29, 3:44, 4:59	6:15, 7:32, 8:53	10:04.82
Matt Ericson	12	73, 2:30, 3:45, 5:02	6:21, 7:45, 9:01	10:12.69
Sean Wentworth	12	74, 2:30, 3:46, 5:05	6:27, 7:52, 9:16	10:35.90

4X400 Relay - A 3:28.99

Charlie Haik	10	24.3	53.3
Nik Hegstrand	12	23.3	52.0
Grant Herbert	12	24.3	51.6
Michael DeGroot	11	23.9	51.9

4X800 Relay - A 8:14.02

Hans Adamsson	11	58.8	2:02.2
Tim Pease	10	58.2	2:01.1
Devon McDonald	12	58.7	2:02.8
Grant Delaune	11	60.0	2:07.9

Long Jump

Matt Baker	12	21' 5 1/4"
Denis Li	12	20' 11 1/2"
Ryan Kaczynski	12	19' 10"

Triple Jump

Ryan Kaczynski	12	43' 1 1/4"
Tommy Rolfs	10	36' 4 3/4"
Micah Smith	9	34' 10 1/4"

High Jump

Matt Baker	12	6' 0"
Charlie Etuko	10	5' 10"
Tommy Sletten	12	5' 8"

Pole Vault

Joey Eggers	12	12' 11"
Hayden Oliver	12	11' 11"
Calvin Ciganik	9	NH

Shot Put

Matt Wong	12	47' 10 1/2"
Jack Thurner	11	44' 0"
J.T. Kripotos	10	40' 11 1/2"

Discus

Matt Wong	12	133' 3"
Ryan Murphy	10	113' 7"
Riley Stephens	12	111' 1"

PERSONAL BEST