

Tuesday, May 6, 2014

Mounds View High School

Mostly cloudy, 64 Degrees, Wind: E-SE 10-20mph

<u>110M High Hurdles</u>		
Matt Baker	11	14.90
Jalen Hallman	12	15.50
Kevin Duffy	11	16.77

<u>300M IM Hurdles</u>		
Matt Baker	11	40.19
Jalen Hallman	12	41.65
John McMillan	11	43.93

<u>100M Dash</u>		
Denis Li	11	11.48
Connor Stamper	11	12.12
Nick Varichak	10	12.17

<u>200M Dash</u>		
Ola Mustapha	12	22.93
<b>Michael DeGroot</b>	10	23.22
<i>Tied 7th Sophomore Honor Roll</i>		
Kevin Duffy	11	24.66

<u>4X100 Relay - A</u>		
Denis Li	11	
Nick Varichak	10	
Connor Stamper	11	
Michael DeGroot	10	
		45.16

<u>4X200 Relay - A</u>		
Ola Mustapha	12	23.0
John McMillan	11	25.0
Michael DeGroot	10	22.6
Tony Moga	12	22.4

<u>400 M Run</u>				
Tony Moga	12	24.9		51.08
Ola Mustapha	12	24.2		51.80
Will Eggers	12	24.3		53.68

<u>800 M Run</u>				
George Henson	12	65.0		2:05.93
Devon McDonald	11	64.5		2:07.07
Alex Plasencia	10	65.3		2:08.07

<u>1600 M Run</u>				
<b>Andrea Hessini</b>	12	68, 2:17, 3:22		4:24.65
<i>14th Varsity Honor Roll</i>				
Michael Hoff	12	69, 2:17, 3:23		4:31.19
Dalton Pauly	12	70, 2:19, 3:31		4:41.41

<u>3200 M Run</u>				
Matt Anderson	12	71, 2:27, 3:45, 5:03		
		6:18, 7:39, 8:56		10:07.51
Mark Sheldon	11	72, 2:28, 3:45, 5:03		
		6:19, 7:40, 8:57		10:12.37
Tont Duchenes	12	69, 2:25, 3:92, 5:00		
		6:18, 7:40, 9:05		10:21.87

<u>4X400 Relay - A</u>				
Nick Varichak	10	25.0		55.6
Grant Delaune	10	25.7		53.6
Dennis Acheampong	11	25.7		54.9
Grant Herbert	11	24.4		52.1
				3:36.35

<u>4X800 Relay - A</u>				
Grant Delaune	10	61.8		2:06.3
Erik Sundberg	12	63.9		2:08.5
Devon McDonald	11	60.0		2:05.9
Grant Herbert	11	58.1		2:11.2
				8:32.32

<u>Long Jump</u>		
Denis Li	11	20' 9 1/2"
Jalen Hallman	12	20' 7 1/2"
Grant Delaune	10	16' 8"

<u>Triple Jump</u>		
Jalen Hallman	12	41' 6"
Denis Li	11	39' 11"
Billy Howlett	10	37' 7 1/2"

<u>High Jump</u>		
Matt Baker	11	6' 0"
Tommy Sletten	11	5' 8"
<b>Charles Etuko</b>	9	5' 6"
<i>Tied 13th Freshman Honor Roll</i>		

<u>Pole Vault</u>		
Wes Lin	12	11' 6"
Hayden Oliver	11	11' 0"
Joey Eggers	11	10' 6"

<u>Shot Put</u>		
Eric Martin	12	44' 0"
Matt Wong	11	43' 10"
Peter Schlichting	12	43' 0"

<u>Discus</u>		
Peter Schlichting	12	125' 8"
Matt Wong	11	119' 6"
Luke Cincotta	12	110' 2"

PERSONAL BEST