

110M High Hurdles

Joel Smith	9	17.3
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300M IM Hurdles

Joel Smith	9	44.7
Nathan Duchenes	10	48.1

100M Dash

Xavier Myles	10	11.8
George Mata	10	12.1
Jack Graham	12	12.3
Brandon Lee	11	12.5
Ali Manzoor	11	12.5
Mateo Dietsche	12	12.7
Josh Rydberg	12	12.7
Shihab Ahmed	11	12.9
Christian Verley	11	12.9
Souayang Xiong	9	13.0
Kevin Ameyaw	11	13.1
Omer Muhammad	10	13.2
Nedal Zaro	10	13.4
Omar Abuhejeh	10	13.4
Nate Farm	8	13.4
Matamba	9	13.6
Rudy Emolins	9	14.6
Eli Onkwani	9	15.8

200M Dash

George Mata	10	24.8
Jack Graham	12	25.4
Micah Smith	9	25.4
Ali Manzoor	11	26.0
Josh Rydberg	12	26.4
Shihab Ahmed	11	26.9
Kevin Ameyaw	11	27.4
Omar Abuhejeh	10	27.4
Nedal Zaro	10	27.6
Nate Farm	8	27.6
Matamba	9	28.2

4X100 Relay - A 51.4

Jack Graham
Nathan Duchenes
Kevin Ameyaw
George Mata

4X200 Relay - A

NONE

400 M Run

Nedal Zaro	10	26.8	60.3
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800 M Run

Michael Brown	11	63.6	2:11.9
Aaron Marx	10	73.8	2:27.8
J.P. Braun	9	75.5	2:34.1
Eddy Brody	9	76.0	2:36.8
Brian Paulson	10	76.4	2:41.4
Ben Lindahl	10	79.9	2:45.5
Alex Gillespie	10	82.7	2:51.5

1600 M Run

Harrison Hirsch	11	71, 2:29, 3:45	4:53.5
Jared Herbert	9	76, 2:37, 4:03	5:20.0
Kyle Goodwiler	10	77, 2:39, 4:04	5:21.5

3200 M Run

Mark Sheldon	10	75, 2:34, 3:53, 5:15 6:42, 8:10, 9:38	10:55.9
Spencer Pauly	10	83, 2:51, 4:19, 5:51 7:18, 8:50, 10:21	11:45.9
Andrew Fortmeyer	9	86, 2:54, 4:24, 5:56 7:30, 9:03, 10:37	11:57.1
Thomas Wong	10	86, 2:55, 4:29, 5:57 7:31, 9:05, 10:42	12:07.2

High Jump

Joel Smith	9	5' 2"
Paul Freimuth	9	NH

Pole Vault

Jake Osgood	10	9' 0"
Cameron Tomczyk	10	9' 0"

4X800 Relay - A

NOT RUN

4X400 Relay - 2 4:37.4

Aaron Marx	10	66.2
Brian Paulson	10	72.1
Eddy Brody	9	75.6
Daniel Crist	12	63.6

4X400 Relay - 1 3:52.6

Michael Brown	11	57.4
Shihab Ahmed	11	60.6
Josh Rydberg	12	57.7
Hassan Lubega	11	56.9

Long Jump

Brandon Lee	11	17' 6"
Tommy Rolfs	10	16' 6"
Joel Smith	9	16' 2"
Micah Smith	9	16' 1 1/4"
Paul Freimuth	9	15' 5"
Ali Manzoor	11	14' 11 1/4"
Mateo Dietsche	12	14' 6"
Souayang Xiong	9	14' 1/2"
Rudy Emolins	9	13' 9 1/2"
Omer Muhammad	10	13' 7 1/4"
Nedal Zaro	10	13' 6"
Jack Graham	10	12' 7 1/2"

Triple Jump

Tommy Rolfs	10	37' 2"
Micah Smith	9	35' 6 1/4"
Paul Freimuth	9	32' 2 1/4"

Shot Put

J.T. Kripotos	10	39' 3"
Dan Hanson	11	39' 1"
Ean Deno	11	34' 11"
Danny Heilman	10	33' 11"
Michael Fahim	9	31' 8"
Alex Relling	9	31' 1"
Joey Tillman	9	29' 11"
Thoger Boyuem	9	28' 9"
Will Wickstrom	10	26' 8"
Ben Davis	9	20' 4"

Discus

Dan Hanson	11	100' 0"
J.T. Kripotos	10	95' 2"
Michael Fahim	9	95' 1"
Danny Heilman	10	90' 0"
Alex Relling	9	87' 1"
Ean Deno	11	87' 0"
Thoger Boyuem	9	77' 5"
Joey Tillman	9	76' 6"
Billy Howlett	11	75' 9"
Will Wickstrom	10	69' 2"
Ben Davis	9	48' 9"

PERSONAL BEST