

Section 5AAA Time Schedule - 2022

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				Field Events
Wed. June 1				beginning at 5:00
5:00	Girls	100 meter high hurdles	3 heats	
5:15	Boys	110 meter high hurdles	3 heats	Boys Pole Vault
5:30	Girls	100 meters	3 heats	Boys Triple Jump
5:40	Boys	100 meters	3 heats	Boys Shot Put
6:00	Girls	400 meters	3 heats	Girls High Jump
6:10	Boys	400 meters	3 heats	Girls Long Jump
6:25	Girls	300 meter low hurdles	3 heats	Girls Discus
6:40	Boys	300 meter intermediate hurdles	3 heats	
6:55	Girls	800 meters	2 heats	shot/discus weigh-in 4:00-4:45
7:05	Boys	800 meters	2 heats	shot/discus warm-ups begin at 4:45
7:15	Girls	200 meters	3 heats	long/triple jump warm-ups begin at 4:30
7:25	Boys	200 meters	3 heats	high jump warm-ups begin at 4:15
7:35	Girls	3200 meters	2 heats	pole vault weight verification at 3:45
8:00	Boys	3200 meters	2 heats	pole vault warm-ups begin at 4:00
Fri. June 3				Field Events
11:00	Girls	4x800 meters		beginning at 11:00
11:15	Boys	4x800 meters		
11:30	Girls	100 meter high hurdles		Girls Pole Vault
11:37	Boys	110 meter high hurdles		Girls Triple Jump
11:45	Girls	100 meters		Girls Shot Put
11:52	Boys	100 meters		Boys High Jump
12:05	Girls	4x200 meters		Boys Long Jump
12:12	Boys	4x200 meters		Boys Discus
12:20	Girls	1600 meters	2 heats	
12:35	Boys	1600 meters	2 heats	shot/discus weigh-in 10:00-10:45
12:55	Girls	4x100 meters		shot/discus warm-ups begin at 10:45
1:00	Boys	4x100 meters		long/triple jump warm-ups begin at 10:30
1:20	Girls	400 meters		high jump warm-ups begin at 10:15
1:25	Boys	400 meters		pole vault weight verification at 9:45
1:32	Girls	300 meter low hurdles		pole vault warm-ups begin at 10:00
1:40	Boys	300 meter intermediate hurdles		
1:47	Girls	800 meters		
1:55	Boys	800 meters		
2:05	Girls	200 meters		
2:12	Boys	200 meters		
2:45	Girls	4 x 400 meters		
2:52	Boys	4 x 400 meters		