

Alumni Race - 2019

75 F, sunny				Saturday, August 17, 2019					Como Park Pavilions					
Team	Meet	Mounds View Varsity		1st	2nd		1600m	1K	Same Meet		Last Race		CC Pers Best	
Place	Place	Runner	Grade	1600m	1600m	3200m	Avg	Avg	Last yr	Improv.	N/A	Improv.	5k	2mi
1	2	Elliot McArthur	9	05:00.0	05:06.0	<b>10:06.0</b>	05:03.0	03:09.4	10:33.0	00:27.0			16:19.0	10:33.0
2	3	Finn Sokolowski	12	05:00.0	05:08.0	<b>10:08.0</b>	05:04.0	03:10.0	DNR				15:51.3	10:37.9
3	4	Alec Nelson	12	05:01.0	05:11.0	<b>10:12.0</b>	05:06.0	03:11.3	10:28.0	00:16.0			16:05.3	10:28.0
4	5	Will Sacay	12	05:00.0	05:21.0	<b>10:21.0</b>	05:10.5	03:14.1	10:54.0	00:33.0			15:59.3	10:36.2
5	6	Matthew Miller	11	05:12.0	05:14.0	<b>10:26.0</b>	05:13.0	03:15.6	11:06.0	00:40.0			17:03.2	11:06.0
6	7	Nathaniel Apostol	12	05:13.0	05:23.0	<b>10:36.0</b>	05:18.0	03:18.7	11:17.0	00:41.0			16:58.5	11:01.1
7	9	Santino Preciado	12	05:13.0	05:33.0	<b>10:46.0</b>	05:23.0	03:21.9	11:52.0	01:06.0			17:10.7	11:36.0
8	12	Ezra Gaim	12	05:13.0	05:57.0	<b>11:10.0</b>	05:35.0	03:29.4						
9	15	Sam Magnuson	11	05:31.0	06:01.0	11:32.0	05:46.0	03:36.2	DNR				17:41.1	11:27.0
10	18	Ellis Maloney	11	05:33.0	06:08.0	11:41.0	05:50.5	03:39.1	11:50.0	00:09.0			17:45.5	11:23.6
11	20	John Pfenning-Wendt	12	05:52.0	06:02.0	11:54.0	05:57.0	03:43.1	12:05.0	00:11.0			18:17.6	11:49.4
12	22	Matthew Walker	11	05:58.0	06:02.0	<b>12:00.0</b>	06:00.0	03:45.0	12:49.0	00:49.0			18:55.8	12:49.0
13	23	Charlie Brody	11	06:01.0	06:04.0	<b>12:05.0</b>	06:02.5	03:46.6	12:59.0	00:54.0			20:10.4	12:59.0
14	24	Sam Geer	7	05:58.0	06:09.0	12:07.0	06:03.5	03:47.2						
15	25	Brenner Kline	12	06:01.0	06:25.0	12:26.0	06:13.0	03:53.1	12:13.0				17:52.9	12:13.0
16	26	Zach Allie	12	06:01.0	06:26.0	12:27.0	06:13.5	03:53.4	12:12.0				18:14.8	11:43.4
17	30	Daniel Rauenhorst	11	06:07.0	06:29.0	<b>12:36.0</b>	06:18.0	03:56.2	DNR				19:43.2	13:42.4
18	31	Max Derosier	10	06:21.0	06:20.0	12:41.0	06:20.5	03:57.8						
19	32	Luke Welsh	11	06:15.0	06:34.0	<b>12:49.0</b>	06:24.5	04:00.3	15:15.0	02:26.0			20:29.2	14:15.8
20	33	Ben Sparks	9	06:11.0	06:38.0	12:49.0	06:24.5	04:00.3						
21	34	Cole Kath	10	06:16.0	06:40.0	12:56.0	06:28.0	04:02.5	13:33.0	00:37.0			19:48.3	12:24.1
22	36	Tanner Ware	12	06:38.0	06:33.0	<b>13:11.0</b>	06:35.5	04:07.2	14:54.0	01:43.0			22:12.3	14:54.0
23	40	Nick Schulte	9	06:27.0	06:52.0	13:19.0	06:39.5	04:09.7						
24	45	James Freimuth	11	06:24.0	07:07.0	<b>13:31.0</b>	06:45.5	04:13.4	14:24.0	00:53.0			19:59.6	14:14.4
25	48	Matthew Nelson	12	06:39.0	06:54.0	13:33.0	06:46.5	04:14.1	DNR				20:23.6	12:43.2
26	49	Alex Breen	12	06:54.0	06:42.0	13:36.0	06:48.0	04:15.0	13:32.0				19:05.8	12:28.7
27	54	Levi Hammerbeck	8	06:54.0	07:14.0	<b>14:08.0</b>	07:04.0	04:25.0						
28	55	Justin Rauenhorst	11	07:11.0	06:59.0	<b>14:10.0</b>	07:05.0	04:25.6	DNR				21:38.6	15:03.7
29	58	Victor Lelinga	9	07:11.0	07:19.0	14:30.0	07:15.0	04:31.9						
30	60	Ben Wigenhorn	9	07:38.0	07:26.0	15:04.0	07:32.0	04:42.5						
31	61	Sam McDonald	9	07:16.0	07:48.0	15:04.0	07:32.0	04:42.5						
32	63	Sam Richter	9	07:21.0	08:05.0	15:26.0	07:43.0	04:49.4						
33	69	Tate Nelson	9			18:17.0								
		Mikey Gennaro	12			DNR			11:49.0				18:02.3	11:40.5
		William Anderson	10			DNR			14:21.0					
		Ashwin Wariar	11			DNR			14:29.0				22:09.5	14:29.0
		Odin Berthiaume	11			DNR			15:03.0				20:00.0	14:21.2
		Laken Hairston	12			DNR			15:29.0				24:58.8	15:28.0
		Carter Francisco	11			DNR			DNR				19:20.2	12:35.1
		Eric Feng	11			DNR			DNR				19:40.8	12:39.4
		Nick Austin	11			DNR			DNR				25:26.6	15:41.0

## 2019 Alumni Race Results

- 1) Austin Streit 10:00 (2019) Gopher bound
- 2) Elliott McArthur 10:06(9th)
- 3) Finn Sokolowski 10:08(Sr)
- 4) Alec Nelson 10:12(Sr)
- 5) Will Sacay 10:21(Sr)
- 6) Matt Miller 10:26(Jr)
- 7) Nate Apostle 10:36(Sr)
- 8) Nate Moller 10:38(2019)
- 9) Santino Preciado 10:46(Sr)
- 10) Mark Ousdigian 11:07(2017) Michigan Tech
- 11) Tom Wentworth 11:08 (2013) MV Asst Coach
- 12) Ezra Gaim 11:10 (Sr)
- 13) Michael Gatzlaff 11:13 (2003)
- 14) Anders Bandt(2018)
- 15) Sam Magnuson(Jr) 11:32
- 16) Ken Cooper 11:38(1990) Penn State Captain
- 17) Brent Wilberts 11:39(2000) Drake All-American
- 18) Ellis Mahloney 11:41(Jr)
- 19) Nehemiah Gaim 11:51(2019)
- 20) John Phenning-Wendt 11:54(Sr)
- 21) Eddy Brody 11:56(2018)
- 22) Matt Walker 12:00(Jr)
- 23) Charlie Brody 12:05(Jr)
- 24) Sam Geer 12:07(7th)
- 25) Brenner Klein 12:26(12)
- 26) Zach Allie 12:27(12)
- 27) Scott Utne 12:31(1998)
- 28) Michael Hoff 12:32(2013)
- 29) Dan Peterson 12:34(1993)
- 30) Daniel Raunhorst 12:36(Jr)
- 31) Max DeRosier 12:41(So)
- 32) Luke Welsh 12:49(Jr)
- 33) Ben Sparks 12:49(Fr)
- 34) Cole Kath 12:56(So)
- 35) Joe Turgeon 13:04(2001)
- 36) Tanner Ware 13:11(Sr)
- 37) Nick Simser 13:18(2018)
- 38) Noah Xiong 13:18(2018)
- 40) Nick Schulte 13:19(Fr)
- 41) Dan Tavernier 13:25
- 42) Steve McCoy 13:26(2019)
- 43) Erik Swenson 13:26(2019)
- 44) Sam Warnes 13:30(2012)
- 45) James Freimuth 13:31(Jr)
- 46) Sam Morrisette 13:32(2019)
- 48) Matt Nelson 13:33(Sr)
- 49) Alex Breen 13:36(Sr)
- 50) Collin Wentworth 13:41(2019)
- 51) Otto Coleman 13:47
- 52) Ben Carpenter 14:05(2015)
- 53) Devon McDonald 14:05(2015)
- 54) Levi Hammerbeck 14:08(8)
- 55) Justin Raunhorst 14:10(Jr)
- 56) Sam Winters 14:26(2019)
- 57) Grant Dawson 14:27
- 58) Victor Lelinga 14:30(Fr)
- 59) Andy Afdahl 13:33
- 60) Ben Wiggerhorn 15:04(Fr)
- 61) Sam McDonald 15:04(Fr)
- 62) Mason Huberty 15:14(2019)
- 63) Sam Richter 15:26(Fr)
- 64) Darrell Schulte 15:38
- 65) Jack Carlson 15:42
- 66) Dan Freimuth
- 67 ?
- 68 ?
- 69) Tate Nelson 18:17(Fr)
- 70) Alec Isabel 19:45