

Rum River Invite - 2016

60s. light - moderate rain, firm footing				Thursday, September 15, 2016							Anoka High School					
Team	Meet	Mounds View Varsity		1600m	1600m	3200m	1600m	5000m	Avg	Last yr	Improv	Last Race	Improv	5k	2mi	Improv
Place	Place	Runner	Grd									Rosemt				
Varsity																
1	3	Dave Dahl	11	05:04.0	05:29.0	10:33.0	05:15.6	16:28.0	05:16.2	17:14.4	00:46.4	10:07.0		16:54.5	10:07.0	00:26.5
2	4	Zeke Lelinga	12	05:10.0	05:29.0	10:39.0	05:16.4	16:34.9	05:18.4	DNR		10:07.6		17:29.0	10:07.6	00:54.1
3	10	Joey Lawson	11	05:14.0	05:38.0	10:52.0	05:20.0	16:52.0	05:23.8	08:33.0		10:35.7		16:51.4	10:35.7	
4	13	Will Sacay	9	05:14.0	05:37.0	10:51.0	05:22.1	16:53.4	05:24.3	18:17.4	01:24.0	10:36.2		18:05.6	10:36.2	01:12.2
5	16	Mark Ousdigian	12	05:14.0	05:40.0	10:54.0	05:21.0	16:55.1	05:24.8	08:32.0		10:27.6		17:15.0	10:27.6	00:19.9
6	17	Lukas Hessini	10	05:15.0	05:41.0	10:56.0	05:19.6	16:55.5	05:25.0	08:35.0		10:43.1		17:22.5	10:43.1	00:27.0
7	23	Anders Bandt	11	05:15.0	05:42.0	10:57.0	05:26.3	17:04.1	05:27.7	08:32.0		10:43.7		17:06.5	10:43.7	00:02.4
		Austin Streit	10					DNR		17:33.9		10:20.8		17:11.6	10:20.8	
JV																
1	1	Tim Pease	12	05:21.0	05:35.0	10:56.0	05:32.7	17:10.3	05:29.7	16:45.0		11:22.6		16:33.4	10:59.0	
2	2	John Carlson	10	05:27.0	05:43.0	11:10.0	05:41.6	17:34.3	05:37.4	08:34.9		11:09.9		17:26.3	11:09.9	
3	5	Filipos Gilbert	11	05:26.0	06:00.0	11:26.0	06:03.6	18:15.0	05:50.4	09:20.8		11:03.3		16:56.0	11:03.3	
4	6	Aaron Marx	12	05:39.0	06:01.0	11:40.0	05:54.8	18:19.1	05:51.7	18:58.6	00:39.5	11:11.3		18:21.6	11:11.3	00:02.5
5	7	Jared Herbert	11	05:41.0	06:05.0	11:46.0	05:50.1	18:19.9	05:52.0	DNR		12:03.5		18:58.0	11:57.5	00:38.1
6	10	Jake Hakes	10	05:52.0	05:55.0	11:47.0	05:50.7	18:21.5	05:52.5	19:21.9	01:00.4	11:44.3		18:35.8	11:44.3	00:14.3
7	14	Nick Simser	11	05:40.0	06:06.0	11:46.0	06:04.4	18:36.0	05:57.1	08:40.0		DNR		17:44.0	11:44.0	
8	17	Harry Lien	12	05:52.0	06:07.0	11:59.0	05:58.2	18:42.0	05:59.0	DNR		11:54.3		17:43.0	11:16.4	
9	25	Nate Moller	10	05:26.0	05:49.0	11:15.0	06:52.4	18:58.9	06:04.4	08:40.2		10:59.3		18:32.0	10:59.3	
10	28	Eric Swenson	10	05:57.0	06:17.0	12:14.0	06:03.1	19:02.5	06:05.6	-		11:38.9			11:38.9	
11	36	Steve McCov	10	05:54.0	06:18.0	12:12.0	06:14.2	19:13.0	06:09.0	19:29.7	00:16.7	11:44.9		19:18.0	11:44.9	00:05.0
12	44	Sam Winters	10	06:02.0	06:26.0	12:28.0	06:15.9	19:30.9	06:14.7	20:31.2	01:00.3	12:08.6		19:15.0	12:08.6	
13	53	Cameron Tomczyk	12	05:54.0	06:25.0	12:19.0	06:31.1	19:39.0	06:17.3	09:42.6		11:57.1		19:49.0	11:57.1	00:10.0
14	112	Collin Wentworth	10	06:20.0	06:44.0	13:04.0	06:58.0	20:54.3	06:41.4	11:24.8		12:58.6		21:09.3	12:33.0	00:15.0
		Noah Xiong	11	05:54.0	06:23.0	12:17.0		DNF		09:17.8		DNR			12:11.3	
		Jackson Denny	12					DNR		08:40.0		11:01.9		17:25.0	11:01.9	
		Adam Coltvet	11					DNR		DNR		11:38.6		18:05.5	11:38.6	
		JP Braun	11					DNR		19:59.7		12:08.2		19:29.0	12:08.2	
C Race								3000m								
1	1	Alec Nelson	9					11:03.4	05:53.8	-		11:48.4			11:48.4	
2	2	Finn Sokolowski	9					11:04.4	05:54.3	-		11:52.9			11:52.9	
3	5	Sam Morrisette	10					11:20.9	06:03.1	-		12:09.5			12:09.5	
4	7	Nate Apostol	9					11:28.8	06:07.4	-		12:32.7			12:32.7	
5	9	Brenner Kline	9					11:41.7	06:14.2	-		13:22.2			13:22.2	
6	10	Henri Derosier	10					11:49.7	06:18.5	DNR		13:02.8		21:03.0	13:02.8	
7	13	Spencer Pauly	12					11:53.7	06:20.6	DNR		12:34.7		18:49.9	12:34.7	
8	15	Alex Breen	9					12:11.3	06:30.0	-		13:22.7			13:22.7	
9	17	Nathan Hohenshell	10					12:17.4	06:33.3	DNR		13:09.0		21:20.2	13:09.0	
10	19	Brian Paulsen	12					12:23.3	06:36.4	DNR		13:52.2		20:28.2	13:34.0	
11	21	Zachary Allie	9					12:37.6	06:44.1	-		13:29.7			13:26.0	
12	29	Mason Huberty	10					12:37.7	06:44.1	11:25.0		13:47.2		22:58.7	13:47.2	
13	34	Ben Ebert	12					12:44.3	06:47.6	DNR		13:59.2		20:35.7	13:10.2	
14	36	Matthew Nelson	9					12:50.2	06:50.8	-		14:38.4			14:38.4	
15	41	Kevin Nelson	10					13:01.4	06:56.7	10:12.2		14:05.3		20:58.7	12:58.8	
16	42	John Pfenning-Wendt	9					13:06.3	06:59.4	-		14:18.3			14:18.3	
17	46	Travis Walbon	12					13:18.5	07:05.9	DNR		14:03.5		20:59.4	13:47.0	
18	47	Jordan Bergstrom	11					13:18.5	07:05.9							
19	49	Sam Safi	9					13:19.9	07:06.6	-		13:52.1			13:52.1	
20	94	Nick Gourlev	10					14:30.3	07:44.2	11:32.7		DNR		21:22.3	13:41.2	
21	115	Henry Sevmour	9					15:15.2	08:08.1							
22	133	Caleb Walbon	10					16:08.6	08:36.6	-		22:15.3			22:15.3	
		Mikey Gennaro	9					DNR		-		12:41.0			12:41.0	
		Felix Zhang	11					DNR		DNR		12:42.4		22:11.0	12:42.4	
		Ben Loperfido	9					DNR		-		16:16.4			16:16.4	
		Naranjan Sankar	12					DNR		-		18:00.4			18:00.4	
		Eddie Brody	11					DNR		20:11.4		DNR		19:20.6	12:41.7	

Most Improved Same Meet Last Year		
Will Sacay		01:24.0
Jake Hakes		01:00.4
Sam Winters		01:00.3

Most Improved Last Race		
N/A		

Most Improved Career 5000m		
1. Will Sacay		01:12.2
2. Zeke Lelinga		00:54.1
3. Jared Herbert		00:38.1

Varsity Team Scores		
1. Mounds View		46
2. St. Paul Highland Park		98
3. Robbinsdale Armston		144
4. Totino Grace		187
5. Burnsville		203
6. St. Michael-Albertvillt		211

JV Team Scores		
1. Mounds View		21
2. Robbinsdale Armston		72
3. Anoka		121
4. Champlin Park		137
5. St. Paul Highland Park		150
6. Burnsville		161

C Race Team Scores		
1. Mounds View		19
2. St. Paul Highland Park		104
3. Burnsville		119
4. Champlin Park		134
5. Northdale Middle Sch		147
6. Anoka		165