

Mustang Invite - 2015

70s, sunny, calm				Friday, September 25, 2015							Chippewa Middle School									
Team	Meet	MV Gold Race		1st	2nd	3rd	4th	5th	6th	7th	8th	Same Meet		Last Race		CC Pers Best			Most Improved Same Meet Last Yr	
Place	Place	Runner	Grd	1600m	1600m	3200m	1600m	5000m	1600 Avg	mi2:mi1	mi3:mi1	Last yr	Change	RunRvr	Change	5k	2mi	Change		
1	4	Joey Lawson	10	05:30.0	05:53.0	11:23.0	05:46.3	17:52.6	05:43.2	00:23.0	00:16.3	18:58.7	-01:06.1	08:33.0		17:32.0	10:56.3	+00:20.6		
2	11	Lukas Hessini	9	05:37.0	06:02.0	11:39.0	05:52.9	<b>18:16.0</b>	05:50.7	00:25.0	00:15.9			08:35.0		-	11:07.2		Eddie Brody	-03:11.3
3	13	Harry Lien	11	05:37.0	06:01.0	11:38.0	05:57.5	<b>18:20.2</b>	05:52.1	00:24.0	00:20.5	20:42.2	-02:22.0	DNR		18:48.0	11:16.4	-00:27.8	JP Braun	-02:51.9
4	16	Jackson Denny	11	05:49.0	06:02.0	11:51.0	05:50.2	<b>18:25.0</b>	05:53.6	00:13.0	00:01.2	20:16.6	-01:51.6	08:40.0		18:47.0	11:50.1	-00:22.0	Harry Lien	-02:22.0
5	26	John Carlson	9	05:39.0	06:09.0	11:48.0	06:15.6	<b>18:50.6</b>	06:01.8	00:30.0	00:36.6			08:34.9		-	11:31.8		Jackson Denny	-01:51.6
6	27	Nick Simser	10	05:42.0	06:20.0	12:02.0	06:03.3	<b>18:50.7</b>	06:01.8	00:38.0	00:21.3	19:27.6	-00:36.9	08:40.0		18:31.0	11:42.8	+00:19.7		
7	29	Nate Moller	9	05:39.0	06:03.0	11:42.0	06:23.5	<b>18:53.4</b>	06:02.7	00:24.0	00:44.5			08:40.2		-	11:13.0			
		<b>MV Green Race</b>												<b>Metro</b>						
		<b>Most Improved Last Race</b>																		
1	18	Filipos Gilbert	10	05:53.0	06:11.0	12:04.0	06:06.4	18:56.2	06:03.6	00:18.0	00:13.4			09:20.8		16:56.0	12:03.0	+02:00.2	N/A	
2	38	Levi Johnson	12	05:50.0	06:18.0	12:08.0	06:32.1	19:29.1	06:14.1	00:28.0	00:42.1	19:44.8	-00:15.7	09:01.0		18:48.5	11:50.6	+00:40.6		
3	51	Adam Coltvet	10	05:55.0	06:27.0	12:22.0	06:34.0	19:45.3	06:19.3	00:32.0	00:39.0			DNR		18:37.5	12:04.4	+01:07.8		
4	54	Aaron Marx	11	06:02.0	06:34.0	12:36.0	06:25.8	19:50.0	06:20.8	00:32.0	00:23.8	20:42.9	-00:52.9	18:58.6	+00:51.4	18:58.6	13:00.0	+00:51.4		
5	58	Noah Xiong	10	05:54.0	06:31.0	12:25.0	06:42.3	<b>19:57.6</b>	06:23.2	00:37.0	00:48.3	21:15.9	-01:18.3	09:17.8		20:22.0	12:11.3	-00:24.4		
6	61	Jake Hakes	9	06:08.0	06:29.0	12:37.0	06:35.0	20:01.4	06:24.4	00:21.0	00:27.0	-		19:21.9	+00:39.5	19:21.9	12:37.4	+00:39.5		
7	73	Steve McCoy	9	06:06.0	06:36.0	12:42.0	06:45.2	20:17.9	06:29.7	00:30.0	00:39.2	-		19:29.7	+00:48.2	19:29.7	12:33.8	+00:48.2		
8	88	JP Braun	10	06:17.0	06:41.0	12:58.0	06:45.0	20:33.6	06:34.8	00:24.0	00:28.0	23:25.5	-02:51.9	19:59.7	+00:33.9	19:59.7	13:07.8	+00:33.9	Grant Benson	-00:32.5
9	97	Sam Winters	9	06:24.0	06:45.0	13:09.0	06:41.4	20:40.6	06:37.0	00:21.0	00:17.4	-		20:31.2	+00:09.4	20:31.2	12:42.4	+00:09.4	Harry Lien	-00:27.8
10	103	Tanner Day	12	06:21.0	06:42.0	13:03.0	06:49.5	<b>20:43.7</b>	06:38.0	00:21.0	00:28.5	-		DNR	-	-	12:53.0		Noah Xiong	-00:24.4
11	110	Spencer Pauly	11	06:19.0	06:44.0	13:03.0	06:55.0	20:49.9	06:40.0	00:25.0	00:36.0	20:54.8	-00:04.9	DNR		19:46.0	12:53.9	+01:03.9	Jackson Denny	-00:22.0
12	112	Eddie Brody	10	06:17.0	06:42.0	12:59.0	06:59.9	20:51.4	06:40.4	00:25.0	00:42.9	24:02.7	-03:11.3	20:11.4	+00:40.0	20:11.4	12:41.7	+00:40.0		
13	120	Cameron Tomczyk	11	06:24.0	06:53.0	13:17.0	06:52.7	21:01.3	06:43.6	00:29.0	00:28.7			09:42.6		20:27.3	12:48.3	+00:34.0		
14	138	Jeffrey Hu	10	06:24.0	06:55.0	13:19.0	07:19.9	<b>21:33.9</b>	06:54.0	00:31.0	00:55.9	-		09:24.3		-	12:21.4		1. Wayzata	46
15	149	Grant Benson	10	06:28.0	07:09.0	13:37.0	07:22.2	<b>21:54.5</b>	07:00.6	00:41.0	00:54.2	23:19.6	-01:25.1	DNR		22:27.0	13:18.2	-00:32.5	2. Rock Bridge	49
16	164	Brian Paulsen	11	06:41.0	06:58.0	13:39.0	07:30.8	22:06.2	07:04.4	00:17.0	00:49.8	21:40.3		DNR		20:59.0	13:34.0	+01:07.2	3. Mounds View	69
17	172	Travis Walbon	11	06:42.0	07:09.0	13:51.0	07:31.3	22:18.7	07:08.4	00:27.0	00:49.3	-		10:01.3		21:11.9	13:47.0	+01:06.8	4. Lake Braddock	77
18	181	Lynden Hills	12	06:40.0	07:33.0	14:13.0	07:22.8	22:31.2	07:12.4	00:53.0	00:42.8	-		10:33.1		21:38.0	13:16.7	+00:53.2	5. Johnston (IA)	94
19	216	Ben Ebert	11	06:59.0	07:24.0	14:23.0	07:42.6	23:03.4	07:22.7	00:25.0	00:43.6	21:09.2	+01:54.2	DNR	-	20:48.4	13:10.2	+02:15.0		
20	245	Jordan Bergstrom	10	07:06.0	07:35.0	14:41.0	08:08.6	<b>23:50.7</b>	07:37.8	00:29.0	01:02.6	-		DNR	-	-	15:11.4			
21	301	Ethan Stromquist	10	07:49.0	08:41.0	16:30.0	09:14.0	<b>26:53.3</b>	08:36.3	00:52.0	01:25.0								1. Wayzata	18
		Sam Bobick	11					DNR				-		DNR		-	13:22.9		2. Rock Bridge	41
		<b>MV Junior High Race</b>		1600m				2500m											3. Johnson (IA)	82
1	2	Will Sacay	8	05:38.0				08:45.3	05:36.2			-		18:17.4		18:17.4	11:35.8		4. Mounds View	138
2	13	Kevin Nelson	9	06:14.0				09:53.5	06:19.8			-		10:12.2		-	14:26.2		5. Bismarck	156
3	41	Henri Derosier	9	06:42.0				10:40.8	06:50.1			-		DNR		-	13:35.3			
4	43	Connor McCallum	9	06:48.0				10:41.8	06:50.8			-		10:27.7		-	13:39.1			
5	44	Collin Wentworth	9	06:43.0				10:43.0	06:51.5			-		11:24.8		-	14:01.2		1. Dowling	27
6	45	Nathan Hohenshell	9	06:44.0				10:43.5	06:51.8			-		DNR		-	14:16.7		2. Roseville	46
7	65	Nick Gourley	9	07:12.0				11:23.1	07:17.2			-		11:32.7		-	15:08.8		3. Chippewa	104
8	69	Eli Abbott	9	07:24.0				11:34.3	07:24.4			-		11:32.9		-	14:53.4		4. Mounds View	122
9	79	Mason Huberty	9	07:17.0				11:49.5	07:34.1			-		11:25.0		-	15:09.4		5. Elk River	126
10	95	Chris Jin	9	07:15.0				12:13.2	07:49.2			-		12:49.8		-	14:56.7			
		Felix Zhang	10					DNR				-		DNR	-	-	14:36.0			
		Andrew Fortmeyer	10					DNR				-		10:04.9		-	13:39.0			
		Shihab Ahmed	12					DNR				24:16.7		DNR	-	21:31.0	15:30.0			
		Alex Plasencia	12					DNR						16:15.3		16:15.3	10:17.4			
		Tim Pease	11					DNR						16:45.0		16:45.0	10:59.0			
		Hans Adamsson	12					DNR						17:04.3		17:04.3	10:42.0			
		Harrison Hirsch	12					DNR						17:06.8		17:06.8	10:51.1			
		David Dahl	10					DNR						17:14.4		17:14.4	10:56.2			
		Austin Streit	9					DNR						17:33.9		17:33.9	11:05.1			
		Anders Bandt	10					DNR						08:32.0		18:19.0	11:03.5			
		Mark Ousdigian	11					DNR						08:32.0		-	11:12.5			
		Grant Delaune	12					DNR						19:51.2		17:17.0	11:07.8			
		Jared Herbert	10					DNR						DNR		19:57.0	11:57.5			