

GRIAK U of M INDOOR INVITE

Mounds View 136, Hopkins 89, Henry Sibley 74, Edina 59, Owatonna 45, Holdingford 44, Holy Angels 32, Mpls Edison 28, St Paul Como Park 17, Silver Bay 8, St. Croix Prep. 6, MN Academy of Deaf 5, Mpls. Roosevelt 1

Friday, March 31, 2017

University of Minnesota

60M High Hurdles

1	Abdihafid Sahal	ED	12	8.57
2	Joel Smith	MV	11	8.72
3	John Kosmach	HA	11	8.78
4	Cimeon Daniel	HK	11	8.84
5	Adeboye Mafe	HK	12	8.86
6	Josh Sampson	MV	10	9.23
7	Jeremy Wiste	MV	12	9.25
8	Joseph Swenson	HK	12	9.36

60M Dash

1	Nick Sharma	MV	10	7.22
SOPHOMORE INDOOR RECORD				
2	Jacob Gray	MV	11	7.30
3	Abner Moseti	ED	11	7.38
4	Alex Raichle	OW	11	7.42
5	Benjamin Leervig	HK	12	7.43
6	Jason Williamson	OW	10	7.44
7	Sam Bissen	SCP	11	7.58
8	Abdihafid Sahal	ED	12	7.60
9	Xavier Myles	MV	12	7.63

400M Dash

1	Sakai Kelly	HS	12	52.12
2	Andrew Swenson	ME	12	54.33
3	Montrea Talabi	ME	11	54.42
4	Jaden Dowhaniuk	OW	12	56.21
5	Andrew Rippy	SCP	11	57.35
6	Zach Lewis	SB	12	57.42
7	Gabe Segura	HS	12	57.53
11	Daceon Coleman	SPC	11	58.35
10	Ethan Von Grey	MV	10	59.07
11	Jeremy Wiste	MV	12	59.39

800M Run

1	Joe Dill	HS	12	2:05.05
2	Thomas Schauerma	ED	12	2:09.08
3	Jared Thell	HF	11	2:10.88
4	Simon Avenson	HK	12	2:13.18
5	Harry Lien	MV	12	2:13.43
6	Eddie Brody	MV	11	2:16.78
7	Owen Smalley	ED	12	2:17.88
8	George Nowak	ED	11	2:18.22

Pole Vault

1	Drew Dockendorf	HF	12	14-06.00
2	Alex Gillard	HA	11	13-06.00
3	Mike Louderback	MV	10	11-06.00
4	Nathaniel Johnson	HK	12	11-06.00
5	Spencer Tuominen	MV	11	10-06.00
6	Thomas DeMuse	HA	11	10-06.00
7	Benjamin Katona	HK	11	10-00.00

1600M Run

1	Thomas Schauerma	ED	12	4:26.52
2	Jack Korte	HS	12	4:29.28
3	David Dahl	MV	11	4:30.20
4	Myles Fleming	HS	11	4:31.89
5	Owen Smalley	ED	12	4:36.50
6	Lucas Selman	ED	10	4:48.04
7	Jackson Denny	MV	12	4:56.26
8	Paul Weiler	HK	12	4:59.15

3200M Run

1	Innocent Murwanashyaka	SPC	12	9:54.86
2	Austin Streit	MV	10	10:01.37
12TH SOPHOMORE HONOR ROLL				
3	Eli Hoeft	HK	10	10:04.31
4	Charles Pratt	ME	12	10:47.65
5	Mark Ousdigian	MV	12	10:52.52
6	Ian Stawarz	HS	11	11:16.01
7	Bryce Knutson	OW	11	11:23.20
8	Noah Smith	MR	10	12:00.08

Sprint Medley Relay

1	Holdingford	3:43.64		
2	Mounds View	3:43.65		
	Micah Smith	11	24.9	53.2
	Nick Sharma	10		22.9
	Jacob Gray	11		23.6
	Ezekiel Lelinga	12	59.1	2:03.8
3	Edina	3:52.23		
4	Hopkins	3:56.70		
5	Henry Sibley	4:04.24		
6	Academy Of Holy Angels	4:06.17		
7	Minneapolis Edison	4:07.60		
8	Owatonna	4:20.00		

4X400 Relay

1	Mounds View	3:39.94		
	Joel Smith	11	26.1	51.9
	Josh Sampson	10	25.4	54.3
	Sioyang Xiong	11	26.4	57.0
	Thomas Wong	12	26.0	56.6
2	Holdingford	3:44.67		
3	Hopkins	3:45.49		
4	Henry Sibley	3:50.58		
5	Minneapolis Edison	3:52.00		
6	Academy Of Holy Angels	3:53.49		
7	Owatonna	3:58.92		
8	Edina	4:02.65		

4X800 Relay

1	Hopkins	8:37.08		
2	Mounds View	8:53.62		
	Tim Pease	12	62.3	2:10.0
	Thomas Wong	12	61.6	2:12.0
	Lukas Hessini	10	62.3	2:11.9
	Jared Herbert	11	66.1	2:19.5
3	Henry Sibley	9:04.57		
4	Owatonna	9:38.01		
5	Academy Of Holy Angels	9:47.84		
6	Minneapolis Edison	11:03.12		
7	Minnesota State Academy	11:20.38		

Long Jump

1	Blake Patrick	HF	12	21-10.00
2	King Solace Allah	HK	11	21-07.00
3	Nick Sharma	MV	10	19-02.50
4	Abner Moseti	ED	11	18-06.25
5	Micah Smith	MV	11	18-05.75
6	Steven Ekard	OW	10	18-05.50
7	Matthew Rozman	ED	11	18-04.50
8	Zak Olafson	HS	10	18-03.50

Triple Jump

1	Dalton Kubista	OW	12	40-10.25
2	Jacob Gray	MV	11	39-09.25
3	Josh Sampson	MV	10	38-00.25
4	Daceon Coleman	SPC	11	37-02.00
5	Cimeon Daniel	HK	11	36-08.25
6	Thomas McCoy	HA	12	36-05.50
7	Scott Kingland	OW	11	35-02.25
8	Thomas Rolfs	MV	12	34-11.00

High Jump

1	Adeboye Mafe	HK	12	6-02.00
2	King Solace Allah	HK	11	6-00.00
3	Grady Clem	HS	10	5-10.00
4	Hunter Monson	SB	12	5-06.00
5	Dalton Kubista	OW	12	5-06.00
6	Scott Kingland	OW	11	5-04.00
7	Jack Foley	HA	11	5-04.00
8	Lukas Walton	SPC	11	5-04.00

Shot Put

1	Ryan Murphy	MV	12	49-02.25
2	Ben Kemp	HS	12	45-08.00
3	Joe Kammeyer	HS	11	44-00.25
4	Wyatt Roe	MV	11	43-04.75
5	Bennett Van Dellen	HK	12	42-05.00
6	Adam Rohde	MAD	11	41-06.75
7	John Kripotos	MV	12	39-07.75
8	Riley Allen	HK	12	39-07.75

PERSONAL BEST