

# Welcome to the 52nd Annual Stillwater Pony Classic Friday, April 22, 2022

## Past Pony Classic Champions

Stillwater: 14 times, (75, 76, 77, 78, 83, 85, 86, 92, 93, 94, 96, 97, 98, 11)  
Mounds View: 14 times, (99, 00, 01, 02, 03, 05, 06, 07, 14, 15, 16, 17, 18, 19)  
White Bear Lake: 7 times, (70, 71, 72, 73, 87, 88, 13)  
Apple Valley: 4 times, (89, 90, 91, 95)  
North St. Paul: 2 times, (69, 79)  
Andover: 3 times, (08, 09, 12)  
Robbinsdale Armstrong: 2 times, (81, 84)  
SARS-CoV-2: 2 times, (20, 21)  
Park Center: 1 time, (82)  
Rochester Mayo: 1 time, (80)  
White Bear Mariner: 1 time, (74)  
Fargo South: 1 time, (04)  
Blaine: 1 time, (10)

**2022 Teams:** Stillwater, White Bear Lake, Mounds View, Eastview, Blaine, Owatonna, Forest Lake, Roseville, Cambridge-Isanti

### Stillwater Pony Classic Records:

**Jon Francis** 3200 Meter Team Race: Richfield, **38:54.0**, 1983  
**George Thole** 400 Meter High Hurdle Shuttle Relay: Andover **56.9**, 2009  
**Luke Watson** 6400 Meter Relay: Stillwater, 17:44.3, 2004  
800 Meter Relay: Forest Lake, **1:30.4**, 1993 & Moorehead **1:30.4**, 2004  
**Jim Podratz** 3200 Meter Relay: Lakeville South, **7:58.4**, 2007  
800 Meter Medley Relay: Mounds View, **1:33.8**, 2001  
1600 Meter 8 Man Relay: Eastview, **3:07.86**, 2018  
**Sean Graham** Distance Medley Relay: Stillwater, **10:42.12**, 2018  
**Joe Samuelson** 1600 Meter Relay: Stillwater, **3:22.8**, 1997  
400 Meter Relay: Eastview, **42.8**, 2003  
400 Meter Weightmans Relay: Eagan, **46.3**, 2003  
400 Meter 9<sup>th</sup> Grade Relay: Mounds View, **45.9**, 1998  
**Jim Ratte** 900 Meter Int. Hurdle Relay: Stillwater, **2:03.1**, 1988  
Discus Relay: Roseville (Kellogg), **481'4"**, 1985  
**Rob McGarry** Shot Put Relay: Owatonna, **173' 3.25"**, 2009  
Pole Vault Relay: Mounds View, (2 man record) **27'0"**, 2009  
Pole Vault Relay: Mounds View, **38' 6"**, 2016  
High Jump Relay: White Bear Lake, **18'11"**, 1994  
Long Jump Relay: Mounds View, **63'11.5"**, 2004  
Triple Jump Relay: Eastview, **130'1.25"**, 2011

**Scoring: 20-16-14-12-10-8-6-4-2**

# 52nd Annual Stillwater Pony Classic

## Field Events [Records in ( )]

- 3:45- check in—all field events add together for scoring purposes.  
4:00- 3\* pole vault relay; starts at 9', scratch 7', (38' 6'')  
4:00- 3\* long jump relay, cafeteria style, 4 jumps each, (63' 11.5'')  
4:00- 3\* triple jump relay, cafeteria style, 4 jumps each, (132' 1.25'')  
4:00- 3\* high jump relay, 1 pit, start at 5'0'', scratch 4'6'', (18' 11'')  
4:00- 3\* **Rob McGarry** Shot Put Relay, (173' 3.25'')  
4:00- 3\* discus relay, 4 throws each, (481' 4'')

## Running Events [Records in ( )]

- 4:15 Open 1600 meter run, unlimited, (usually about 40 runners)  
4:30 **Jon Francis** 3200 meter team race (38:54.0)  
4:50 **George Thole** 4\*100 meter HH Shuttle Relay, (56.9)  
5:00 4\*200 meter relay (1:30.4)  
5:10 **Jim Podratz** 4\*800 meter relay (7:58.4)  
5:20 800 meter sprint medley relay, 100-100-200-400, (1:33.8)  
5:30 8\*200 relay (3:07.86)  
5:40 **Luke Watson** 4\*1600 meter relay (17:44.3)  
6:00 4\*100 relay (42.8)  
6:10 **Jim Ratte** 3\*300 meter intermediate hurdle team race, add times. (2:03.1)  
6:30 4\*100 9<sup>th</sup> grade (45.9) NON-SCORED  
6:40 **Sean Graham** distance medley relay (10:42.12)  
6:55 4\*100 Thrower's relay -- must have thrown in the meet. (46.3)  
7:00 **Joe Samuelson** 4\*400 relay, (3:22.8)  
7:10 TEAM AWARDS

## POINTS OF EMPHASIS 2022

- **There is no rain date. April 22 is the day.**
- **Coaches meeting @3:15 at finish line.**
- **Medals to winners, ribbons to 2-3, special plaques to signature relays, traveling trophy to winning team.**
- **Please, each team must bring 2 student helpers, checked at coach's meeting.**
- **Please, each team must help with judging some exchange zones with an adult.**
- **The athlete must take at least one attempt in a vertical field event to get the scratch value. No entry-no scratch value.**
- **Only one scratch value per team, per field event.**
- **Our results this year will list individuals on running relays and field events so you will be able to use those performances for Hamline entries where applicable.**

## **Student Worker Assignments and Relay Exchange Assignments:**

### **Student Workers: 2 from each school**

Stillwater and Eastview: Hurdles

White Bear Lake: Long Jump

Owatonna: High Jump

Forest Lake: Discus

Blaine: Shot put

Roseville: Pole Vault

Mounds View: Triple Jump

Cambridge-Isanti: Block Cart

### **Relay Zones (ADULT):**

Exchange One: Blaine, Eastview

Exchange Two: Mounds View, Stillwater, White Bear Lake, Owatonna

Exchange Three: Cambridge-Isanti, Forest Lake

**Cut Point:** Roseville, Stillwater (distance races only)

### **Field Event Information:**

Shot Put: 3 Throwers/ 4 Throws each add total of individual bests

Discus: 3 Throwers/ 4 Throws each add total

Pole Vault: 3 Vaulters/ Starting Height 9' to 10', raise 6'' thereafter, until 2 vaulters remain. Add total of individual bests.

High Jump: 3 jumpers/ Starting Height 5' then 2'' until 2 remain, Add total.

Long Jump: 3 Jumpers/ 4 jumps each Add total of individual bests.

Triple Jump: 3 Jumpers,/ 4 jumps each Add total of individual bests.

All vertical field events have a scratch distance. I will deal with that if I need to put it into play. PV: 7'', HJ: 4'6. You must have at least one attempt to get the scratch. This is only used for "no heights". No scratch distances in the horizontal jumps or throws.