#13

6AAA SECTION TRUE TEAM

Score: Mounds View 1063, Roseville 965, Irondale 858.5, Mpls. Southwest 606.5, Mpls. Washburn 573.5, North St. Paul 543.5, St. Paul Central 515, Mpls. South 380, Cretin-Derham Hall 283

Tuesday, May 8, 2018 — Mounds View High School — Cloudy, 65 deg. Wind: S-SE 10-15 mph

110M High Hurdles

1	Josh Sampson	MV	11	15.01
2	John Romes	IR	12	15.80
3	Zeb Kauth	IR	11	17.01
4	David Ojika	IR	12	17.51
5	**Joshua Thomsen**	**MV**	**9**	**18.03**
	TIED 15TH FRESHMAN HONOR ROLL			
6	Julien Valentine	RV	10	18.06
7	Zachary Andrade	RV	12	18.17
8	Shuoeib Ammed	MS	10	18.21
9	Alex Breen	MV	10	18.32
10	Ahijah Tucker-Adams	SPC	11	18.39
11	Adam Pekel	SPC	11	18.48
12	Kennedy Kikeh	IR	12	18.49
13	Cameron Ausland	MS	11	18.67
14	Kyle Splinter	NSP	11	19.19
15	Savior Allen-Knight	NSP	12	19.30
16	Jake Stone	NSP	11	19.62
17	Sharmarke Ismael	MW	9	19.75
18	Nathan Noble	MW	10	19.94
19	Cristian Toledo-Garcia	MW	10	21.46

300M IM Hurdles

1	Josh Sampson	MV	11	39.14
2	Ali Hanshi	MS	10	42.60
3	Joshua Thomsen	MV	9	43.65
4	John Romes	IR	12	43.86
5	Savior Allen-Knight	NSP	12	44.53
6	Shuoeib Ammed	MS	10	44.55
7	Andrew Houfek	IR	11	45.01
8	Julien Valentine	RV	10	45.10
9	David Ojika	IR	12	45.15
10	Santino Preciado	MV	10	45.58
11	Ahijah Tucker-Adams	SPC	11	45.59
12	Adam Pekel	SPC	11	45.90
13	Zeb Kauth	RV	11	45.99
14	Jake Stone	NSP	11	46.05
15	Zachary Andrade	RV	12	46.36
16	Cooper Marson	MW	12	46.55
17	Cameron Ausland	MS	11	46.67
18	Maxwell Dodge	MW	12	46.84
19	Komlan Glissou	MSW	12	47.42
20	Sharmarke Ismael	MW	9	47.59
21	Darby Anderson	CDH	10	48.73
22	Alan Trebe	MSW	9	50.13
23	Morris McCollum	NSP	11	50.77

100M Dash

1	Seyi Afinni	RV	10	11.13
2	John Glanton	IR	12	11.32
3	Jaeveon Mottley	RV	12	11.39
4	Nick Sharma	MV	11	11.39
5	James Williams	CDH	12	11.60
6	Demetrius Marshall	MSW	10	11.68
7	Rajiv Redd	CDH	11	11.76
8	Michael Kruse	IR	12	11.86
9	Ryan Richards	SPC	12	11.90
10	Nitia Fernandez	NSP	12	12.11
11	Mike Louderback	MV	11	12.17
12	Latham Streeter	RV	11	12.18
13	Nicholas Flashcamp	MSW	9	12.24
14	Joey Erickson	MSW	11	12.26
15	Bobby Moua	MV	10	12.27
16	Jack Kuchemeister	NSP	11	12.33
17	Gershon Noble	MW	11	12.33
18	Julian Tong	SPC	9	12.34
19	Charles Brown	MSW	10	12.46
20	Tony Underwood	CDH	10	12.48
21	Jakobe Bass	IR	10	12.53
22	Chi Moua Cha	NSP	11	12.54
23	Leif Erickson	MS	11	12.60
24	Steven Bravo-Domng	MS	11	12.65
25	Luca Follega	MW	8	12.74
26	Mason Wille	MW	9	12.85

200M Dash

1	John Glanton	IR	12	22.37
2	Seyi Afinni	RV	10	22.38
3	James Williams	CDH	12	22.97
4	Nick Sharma	MV	11	22.98
5	Jaeveon Mottley	RV	12	23.20
6	Rajiv Redd	CDH	11	23.56
7	Quinn Walker	RV	10	23.76
8	Sam Hurcomb	MSW	10	23.78
9	Daniel Larson	IR	10	24.00
10	Nitia Fernandez	NSP	12	24.14
11	Faydane Ouro Akondo	MSW	12	24.22
12	Julian Tong	SPC	9	24.24
13	Willem Robertson	MW	10	24.44
14	Ray Holmboe	MV	9	24.51
15	Alvin Gee	IR	9	24.65
16	Kenny Vue	MV	12	24.67
17	Richard Lindley	SPC	10	24.75
18	Josh Stenman	NSP	12	24.80
19	Connor Garber	MS	11	24.90
20	Luca Follega	MW	8	25.07
21	Nicholas Miller	SPC	10	25.53
22	Tony Underwood	CDH	10	26.17
23	Liam Root	MSW	9	26.43
24	Steven Bravo-Domng	MS	11	26.95
25	Ian Collis	MW	11	27.32
26	Ridwaan Abdikadir	MS	11	32.81

PERSONAL BEST

400 M Dash

1	Micah Smith	MV	12	24.4	51.75
2	Quinn Walker	RV	10		52.41
3	Rajiv Redd	CDH	11		52.73
4	Kassahun Trebe	MSW	10		52.94
5	Daniel Larson	IR	10		53.05
6	Jared Herbert	MV	12	24.8	53.24
7	Liam Kennedy	SPC	10		53.82
8	Josh Hauver	MW	11		53.98
9	Willem Robertson	MW	10		53.98
10	Richard Lindley	SPC	10		54.14
11	Adam Coltvet	MV	12	25.0	54.67
12	Latham Streeter	RV	11		54.68
13	Caelan Kleinhaus	MSW	11		55.61
14	Netra Prasad Upreti	RV	10		56.02
15	James Carl	MS	10		56.22
16	Felix Ongera	IR	8		56.37
17	Jake Lawrence	IR	10		56.44
18	Liam Root	MSW	9		57.87
19	Ansel Alldredge	SPC	9		57.94
20	Tyson Sonnek	NSP	10		60.44
21	Nicholas Yang	NSP	10		61.53
22	Ian Collis	MW	11		61.95
23	Samuel Kendrick	MS	10		63.00
24	Anthony Almeida	NSP	10		63.43

800 M Run

1	Ben Perry	MW	12		1:58.86
2	David Dahl	MV	12	59.4	2:00.58
3	Mitchell Schroeder	MSW	11		2:02.44
4	Kaj Johnson	MW	12		2:02.88
5	Acer Iverson	RV	11		2:03.46
6	Elliot Flack	RV	10		2:03.96
7	Alec Nelson	MV	10	61.4	2:05.77
8	Masud Farah	MSW	12		2:06.65
9	Karl Koob	RV	12		2:08.18
10	Kalid Ali	SPC	9		2:10.93
11	J.P. Braun	MV	12	65.0	2:11.25
12	Aaron Johnson	MW	12		2:12.29
13	Owen Dean	MSW	11		2:12.95
14	William Nagel	SPC	9		2:14.92
15	Kojo Herzog	IR	12		2:16.24
16	Carlos Momsen	IR	10		2:16.46
17	Friedrich Doku	IR	10		2:17.27
18	Hans Christopherson	MS	10		2:25.69
19	Lucas Yang	NSP	9		2:26.02
20	Melik Nelson	SPC	9		2:28.00
21	Anthony Her	NSP	10		2:28.63
22	Brett Gulyash	NSP	12		2:31.06
23	Jayce Khambounmy	MS	12		2:34.74

1600 M Run

1	Joseph Minor-Williams	MW	12		4:23.81
2	Austin Streit	MV	11	69, 2:17, 3:24	4:24.39
3	Acer Iverson	RV	11		4:28.07
4	Matt Cota	MW	12		4:31.32
5	Lukas Hessini	MV	11	70, 2:18, 3:25	4:32.06
6	**Will Sacay**	**MV**	**10**	**71, 2:18, 3:27**	**4:32.63**
	9TH SOPHOMORE HONOR ROLL				
7	Elliot Flack	RV	10		4:37.99
8	Jeffrey Sandkuhler	IR	11		4:38.59
9	Spenser Brown	IR	12		4:39.01
10	Darius Brown	SPC	11		4:43.07
11	Masud Farah	MSW	12		4:43.52
12	Parker Wilhoit	RV	12		4:43.68
13	Tyler Merrell	IR	9		4:51.64
14	Charlie Grabow	MSW	10		4:52.33
15	Jakob Baatrup-Sabo	MSW	10		4:56.17
16	Micah Lesch	MW	8		4:57.72
17	Tristan Bakke	SPC	12		4:58.58
18	Abdi Roba	SPC	10		4:59.56
19	Dek Hassan	MS	11		5:03.44
20	Isaiah Bischoff	MS	10		5:07.76
21	Reed Mencke	CDH	10		5:13.16
22	Lucas Yang	NSP	9		5:16.85
23	Peter De Ruiter	MS	9		5:29.87
24	Mikie Hannon	CDH	11		5:34.25
25	Donald Chang	NSP	11		5:49.31
26	Reyna Lam	NSP	11		5:51.33
27	Connor Ingham	CDH	9		6:11.76

3200 M Run

1	Joseph Minor-Williams	MW	12		9:42.61
2	Mickies Kiros	SPC	10		9:48.04
3	**Finn Sokolowski**	**MV**	**10**	**73, 2:26, 3:40, 4:55**	**9:51.04**
	9TH SOPHOMORE HONOR ROLL			**6:09, 7:26, 8:42**	
4	Nehemiah Gaim	MV	11	74, 2:26, 3:40, 4:55	10:05.85
				6:10, 7:29, 8:48	
5	Caleb Schultz	RV	12		10:07.24
6	Anders Bandt	MV	12	75, 2:29, 3:44, 4:57	10:08.17
				6:14, 7:32, 8:52	
7	Thomas Kessens	MW	11		10:08.88
8	Joseph Lee	RV	9		10:09.03
9	John Wolf	RV	11		10:17.77
10	Jeffrey Sandkuhler	IR	11		10:25.20
11	Spenser Brown	IR	12		10:29.58
12	Kade Hagen	SPC	11		10:35.35
13	Michael Smith	SPC	11		10:35.76
14	Simon Midtbo	MW	12		10:48.12
15	Isaiah Bischoff	MS	10		10:52.67
16	Dylan Surprise	MSW	11		11:03.98
17	Declan Rodefeld	IR	9		11:05.97
18	Jacob Hoekstra	MS	9		11:06.13
19	Oliver Nicholson	MSW	11		11:08.54
20	Dave Diesslin	NSP	10		11:16.18
21	Patrick Eikens	MSW	12		11:21.41
22	Xuefeng Yang	NSP	11		12:09.44
23	Will Domeier	MS	9		12:18.89
24	Nicholas Yang	NSP	10		12:23.86

Long Jump

1	Sam Hurcomb	MSW	10	22-05.00
2	Demetrius Marshall	MSW	10	21-08.00
3	Jaeveon Mottley	RV	12	20-10.00
4	**John Montgomery**	**MV**	**10**	**20-02.00**
	TIED 20TH SOPHOMORE HONOR ROLL			
5	John Glanton	IR	12	20-01.00
6	**Romeo Sackie**	**MV**	**10**	**20-01.00**
	26TH SOPHOMORE HONOR ROLL			
7	James Williams	CDH	12	19-04.00
8	Txongming Yang	RV	12	19-04.00
9	Rajiv Redd	CDH	11	19-04.00
10	Micah Smith	MV	12	19-03.00
11	Johnathan McMillan	RV	11	19-02.00
12	Ryan Richards	SPC	12	19-02.00
13	Josh Stenman	NSP	12	18-08.00
14	James Labrasseur	CDH	11	18-04.00
15	Charles Brown	MSW	10	18-03.00
16	John Robinson	MW	11	18-01.00
17	Malik Toure	NSP	11	18-01.00
18	Tramone Nevels	MSW	10	18-00.00
19	Kejela Ansha	MS	10	17-09.00
20	Nitia Fernandez	NSP	12	17-05.50
21	Assem Elsayad	SPC	9	17-03.50
22	Dino Mahmutovic	IR	10	16-09.00
23	Ignatius Ejiofor	IR	10	16-07.00
24	Nicholas Miller	SPC	10	16-03.00
25	Shuoeib Ammed	MS	10	15-05.00
26	Josh Hauver	MW	11	15-04.00
27	Steven Bravo-Domng	MS	11	13-07.00

Triple Jump

1	Sam Hurcomb	MSW	10	41-03.50
2	Joyce Mubikayi Kabamba	RV	11	41-01.00
3	Jack Roeber	MV	10	40-03.50
4	Richard Lindley	SPC	10	40-00.00
5	Malik Toure	NSP	11	38-11.50
6	Ignatius Ejiofor	IR	10	38-10.00
7	Noah Turnquist	MV	11	38-04.50
8	Zachary Andrade	RV	12	38-04.50
9	Latham Streeter	RV	11	38-02.50
10	Tramone Nevels	MSW	10	38-02.50
11	Joshua Thomsen	MV	9	37-09.50
12	Kennedy Kikeh	IR	12	37-06.50
13	Josh Stenman	NSP	12	37-00.00
14	Kyle Splinter	NSP	11	36-08.50
15	Gershon Noble	MW	11	36-07.00
16	Josh Hauver	MW	11	36-00.00
17	Ryan Richards	SPC	12	35-00.00
18	Dino Mahmutovic	IR	10	34-09.50
19	Assem Elsayad	SPC	9	34-05.00

High Jump

1	Ignatius Ejiofor	IR	10	6-00.00
2	Ricky Weber	RV	9	6-00.00
3	John Glanton	IR	12	5-10.00
4	Calvin Ciganik	MV	12	5-08.00
5	Carson Dittel	RV	11	5-06.00
5	Gershon Noble	MW	11	5-06.00
7	David Ojika	IR	12	5-06.00
8	Quinn Walker	RV	10	5-06.00
9	John Montgomery	MV	10	5-06.00
10	Malik Toure	NSP	11	5-04.00
11	Jordan Brown	MW	12	5-04.00
12	Romeo Sackie	MV	10	5-04.00
13	John Robinson	MW	11	5-02.00
14	Adam Pekel	SPC	11	5-02.00
15	Bao-Phong Nguyen	NSP	10	5-02.00
16	Jake Stone	NSP	11	5-00.00
17	Jalen Jackson	SPC	12	5-00.00
18	Todd Bauman	MSW	11	5-00.00
	Komlan Glissou	MSW	12	NH
	Antonio Nadeau	CDH	9	NH
	James Carl	MS	10	NH
	Joey Erickson	MS	11	NH

4X100 Relay

1	Roseville		43.78
2	Mounds View		44.63
	Mike Louderback	11	
	Colby Flanagan	11	
	Bobby Moua	10	
	Nick Sharma	11	
3	Mpls Southwest		45.61
4	St Paul Central		46.71
5	Irondale		47.14
6	Mpls South		48.88
7	North St Paul		51.04
8	Cretin Derham Hall		53.63
9	Mpls Washburn		55.39

4X200 Relay

1	Mounds View		1:33.55
	Micah Smith	12	23.7
	Josh Thomsen	9	23.3
	Jared Herbert	12	23.2
	John Montgomery	10	23.2
2	Mpls Southwest		1:33.72
3	Roseville		1:34.61
4	Mpls South		1:37.62
5	Irondale		1:38.20
6	St Paul Central		1:40.66
7	North St Paul		1:42.52
8	Mpls Washburn		1:44.17
9	Cretin Derham Hall		1:45.70

Shot Put

1	Michael Fahim	MV	12	51-11.00
2	Wyatt Roe	MV	12	47-08.00
3	Shawn Brodie Jr.	CDH	12	47-07.25
4	Max Janes	MV	12	46-08.50
5	Ronney Trass	IR	12	44-09.75
6	Jeremy Weldon	NSP	11	44-03.50
7	Tyheem Cobb	IR	12	43-10.00
8	Quinton Olsby	RV	12	42-10.50
9	Jacob Dingee	RV	11	41-10.75
10	Kingson Ofor	IR	12	40-07.75
11	Roch St. Pierre	RV	11	40-03.75
12	Gavin McPhillip	NSP	9	38-01.00
13	Cade Fiest	NSP	10	37-10.00
14	William Kjornes-Mo	MS	12	36-09.00
15	Devin Joyce	MSW	12	36-08.00
16	Tywon Nash	MSW	12	34-10.00
17	Ethan Mills	SPC	10	33-10.25
18	Samuel Kemdrick	MSW	10	33-07.75
19	Hao-Evan Truong	SPC	12	32-01.25
20	Griffin Baumann	MW	12	31-09.50
21	Eli Major	MW	12	31-08.75
22	Alex Hawkins	MW	10	31-00.00
23	Billy Anderson	CDH	11	30-05.50
24	Leif Erickson	MS	11	29-06.00
25	Wyatt Garrity	CDH	11	28-10.00
26	Devon White	SPC	12	28-02.25

Discus

1	Ronney Trass	IR	12	151-11
2	Michael Fahim	MV	12	141-08
3	Ashley Scaife	RV	10	140-01
4	Christen Hurt	RV	11	135-07
5	**Elliot Lee**	**MV**	**10**	**130-10**
	20TH SOPHOMORE HONOR ROLL			
6	Shawn Brodie Jr.	CDH	12	127-04
7	Quinton Olsby	RV	12	120-01
8	Jeremy Weldon	NSP	11	115-11
9	Thoger Boyuem	MV	12	106-03
10	Kingson Ofor	IR	12	105-06
11	Nathan Flomo	MW	11	101-01
12	Alan Trebe	MSW	9	100-08
13	Ethan Collins	IR	10	100-05
14	Everitt Moder	NSP	10	97-03
15	Cade Fiest	NSP	10	97-01
16	Devin Joyce	MSW	12	96-10
17	Hao-Evan Truong	SPC	12	95-05
18	Tywon Nash	MSW	12	94-09
19	William Kjornes-Mo	MS	12	94-03
20	Eli Major	MW	12	93-06
21	Griffin Baumann	MW	12	92-02
22	Billy Anderson	CDH	11	88-01
23	Alexander Hurla	SPC	10	86-08
24	Samuel Kemdrick	MS	10	71-08
25	Wyatt Garrity	CDH	11	68-04
26	Jacob Hoekstra	MS	9	67-00

Pole Vault

1	Calvin Ciganik	MV	12	15-06.00
2	Mike Louderback	MV	11	13-06.00
3	Carson Dittel	RV	11	13-00.00
4	Spencer Tuominen	MV	12	13-00.00
5	Noah Hurley	NSP	11	12-06.00
6	Miguel Brandao	MS	11	10-00.00
7	Jake Lawrence	IR	10	9-06.00
8	Charlie Grabow	MSW	10	9-00.00
9	Tyson Sonnek	NSP	10	9-00.00
10	David Fluth	IR	10	9-00.00
11	John Robinson	MW	11	8-00.00
11	Sam Martinez	NSP	10	8-00.00
13	Traymont Lewis	MW	12	8-00.00
13	Charles Brown	MSW	10	8-00.00
14	John Bendix	IR	11	8-00.00
14	Treveon Johnson	RV	9	8-00.00
	Oscar Shulman	MW	12	NH
	Isaiah Clausen	MSW	11	NH
	Julian Branden	MS	10	NH
	Steven Bravo-Domng	MS	11	NH
	Matthew Toe	RV	11	NH
	Mikie Hannon	CDH	11	NH

4X400 Relay

1	Mounds View			3:33.99
	Adam Coltvet		12	54.2
	Lukas Hessini		11	53.0
	Sam Wong		11	54.8
	Jared Herbert		12	51.8
2	Irondale			3:35.07
3	Mpls Washburn			3:38.03
4	Mpls South			3:40.01
5	Mpls Southwest			3:40.31
6	Roseville			3:41.96
7	St Paul Central			3:44.18
8	North St Paul			4:01.55

4X800 Relay

1	Mounds View			8:32.19
	Alec Nelson	63	10	2:06.1
	Nathan Apostle	62	11	2:09.4
	Eddie Brody	62	12	2:07.7
	Steve McCoy	61	11	2:09.1
2	Irondale			8:41.65
3	Roseville			8:42.53
4	Mpls Southwest			8:47.91
5	Mpls South			8:49.66
6	Mpls Washburn			9:07.20
7	St Paul Central			9:13.39
8	North St Paul			9:16.73
9	Cretin Derham Hall			9:35.90