

WHITE BEAR LAKE RELAYS

Score: Mounds View 104, White Bear Lake 101, Stillwater 91 Forest Lake 86, Roseville 66, East Ridge 31 Cretin-Derham Hall 16

Thursday, April 12, 2018

White Bear Lake High School

Sun/Clouds 52 deg. Wind: E-SE 5 mph

110M High Hurdles

1 White Bear Lake	1:07.8
2 Mounds View	1:08.6
Josh Sampson 11	14.8
TIED 10TH VARSITY HONOR ROLL	
Joel Smith 12	15.6
Alex Breen 10	18.8
Santino Preciado 10	19.4
3 Roseville	1:13.4
4 Stillwater	1:15.4
5 Forest Lake	1:17.8

300M IM Hurdles

1 Mounds View	2:56.8
Josh Sampson 11	39.9
Joel Smith 12	40.2
Santino Preciado 10	47.3
Alex Breen 10	49.4
2 White Bear Lake	3:10.6
3 Forest Lake	3:11.7
4 Stillwater	3:31.4
5 Roseville	3:14.0
6 East Ridge	3:25.2
7 Cretin-Derham Hall	3:37.5

100m Dash

1 Forest Lake	46.8
2 Mounds View	47.1
Nick Sharma 11	10.9
Mike Louderback 11	12.0
Ray Holmboe 9	12.0
Bobby Moua 10	12.4
3 Roseville	47.5
4 Stillwater	48.0
5 East Ridge	48.1
6 White Bear Lake	48.9
7 Cretin-Derham Hall	49.1

200m Dash

1 Stillwater	1:37.2
2 Forest Lake	1:37.2
3 White Bear Lake	1:37.6
4 Mounds View	1:38.2
Micah Smith 11	23.5
Kenny Vue 11	24.8
Colby Flanagan 11	24.9
Ryan Hill 10	25.0
5 Roseville	1:38.4
6 East Ridge	1:41.3
7 Stillwater	1:51.0

4X100 Relay

1 Mounds View	44.1
Jacob Gray 12	
Mike Louderback 11	
Bobby Moua 10	
Nick Sharma 11	
2 Stillwater	44.7
2 Forest Lake	44.7
4 Roseville	45.8
5 White Bear Lake	46.3

400m Dash

1 Forest Lake	3:35.8	
2 Mounds View	3:38.6	
Jared Herbert 12	24.6	52.8
Adam Coltvet 12	25.3	54.1
Eddie Brody 12	26.6	54.9
Sam Wong 11	26.6	56.0
3 East Ridge	3:41.6	
4 White Bear Lake	3:42.0	
5 Roseville	3:42.9	
6 Stillwater	3:52.4	
7 Cretin-Derham Hall	4:19.8	

800m Run

1 Stillwater	8:15.7	
2 White Bear Lake	8:22.6	
3 Forest Lake	8:33.4	
4 Mounds View	9:02.7	
Will Sacay 10	62.6	2:05.2
Nehemiah Gaim 11	64.0	2:07.4
Noah Xiong 12		2:22.2
Collin Wentworth 11		2:27.9
5 Roseville	9:22.4	
6 East Ridge	9:22.9	

1600m Run

1 White Bear Lake	18:35.5	
2 Mounds View	18:52.4	
Lukas Hessini 11	68, 2:19, 3:29	4:33.8
David Dahl 12	69, 2:19, 3:30	4:35.0
Anders Bandt 12	70, 2:22, 3:36	4:49.5
Nathan Apostle 10	68, 2:21, 3:38	4:54.1
3 Stillwater	19:09.5	
4 Roseville	19:55.9	
5 East Ridge	20:17.7	
6 Forest Lake	20:54.3	

3200m Run

1 Stillwater	39:45.6	
2 Roseville	40:49.5	
3 Mounds View	41:47.3	
Finn Sokolowski 10	71, 2:26, 3:42, 4:59	
11TH SOPHOMORE HONOR ROLL	6:14, 7:32, 8:48	9:57.1
Elliot McArthur 7	72, 2:29, 3:48, 5:09	
9TH FRESHMAN HONOR ROLL	6:26, 7:44, 9:03	10:14.8
Nathan Moller 11	76, 2:37, 3:57, 5:18	
	6:39, 8:01, 9:22	10:40.4
Erik Swensen 11	78, 2:40, 4:04, 5:28	
	6:51, 8:14, 9:36	10:55.0
4 White Bear Lake	42:01.8	
5 Forest Lake	44:57.8	

4X100 Relay Wt. Man

1 Stillwater	53.6
2 Forest Lake	54.7
3 White Bear Lake	56.7

Long Jump

1 Mounds View	54-07.50
Micah Smith 12	18-06.50
Jack Roeber 10	18-05.00
Noah Turnquist 11	17-08.00
2 White Bear Lake	53-00.25
3 Stillwater	52-11.75
4 Forest Lake	52-03.00
5 Roseville	52-00.75
6 East Ridge	48-03.50
7 Cretin-Derham Hall	13-10.00

Triple Jump

1 White Bear Lake	117-08.50
2 Mounds View	115-01.00
Romeo Sackie 10	40-10.50
27TH SOPHOMORE HONOR ROLL	
Noah Turnquist 11	37-03.75
Paul Freimuth 12	36-10.75
3 Roseville	113-08.00
4 Stillwater	109-09.75
5 Forest Lake	101-11.50
6 East Ridge	70-00.00

High Jump

CANCELLED

Pole Vault

CANCELLED

Shot Put

1 Mounds View	171-00.00
Wyatt Roe 12	48-08.00
Michael Fahim 12	47-02.00
Thoger Boyuem 12	38-04.00
Jake Vogel 11	36-10.00
2 White Bear Lake	167-01.50
3 Forest Lake	159-05.00
4 Roseville	157-00.00
5 Stillwater	140-09.00
6 Cretin-Derham Hall	73-08.50
7 East Ridge	51-11.50

Discus

1 White Bear Lake	438-03
2 Mounds View	434-05
Michael Fahim 12	147-10
Thoger Boyuem 12	104-08
Joe Tillman 12	93-08
Wyatt Roe 12	88-03
3 Stillwater	418-04
4 Roseville	416-04
5 Forest Lake	416-00
6 Cretin-Derham Hall	1

PERSONAL BEST