

WHITE BEAR LAKE JV

Teams : Cretin-Derham Hall, Forest Lake, Mounds View, North St. Paul, Roseville, White Bear Lake, Woodbury

Friday, May 12, 2017

White Bear Lake High School

Sunny, 74 deg. Wind: S 5 mph

110M High Hurdles

Josh Sampson	10	15.73
Will Goldman	10	18.45
Alex Breen	9	19.50
Tino Preciado	9	20.51
Ben Goldman	9	23.66

300M IM Hurdles

Will Goldman	10	47.76
Tino Preciado	9	49.04
Alex Breen	9	51.43
Ben Goldman	9	56.45

100M Dash

Max Janes	11	11.84
Omar Abuhejleh	12	12.20
Kenny Vue	10	12.23
Ethan Von Grey	10	12.25
Felix Zhang	11	12.37
Chris Moua	11	12.59
Nate Farm	10	12.63
Frankie Wang	10	13.02
Adam Collins	9	13.30
Christian Waquespac	10	13.48
Lucio Vazquez	11	13.55
Giaolong Nguyen	10	14.06

200M Dash

Bobby Moua	9	24.34
TIED 25TH FRESHMAN HONOR ROLL		
Kenny Vue	10	24.50
Ryan Hill	9	24.64
Omar Abuhejleh	12	24.84
Ray Holmboe	8	24.99
Felix Zhang	11	25.38
Chris Moua	11	26.70
Adam Collins	9	28.19
Giaolong Nguyen	10	29.38

4X100 Relay

Mounds View	47.74
Rhone Gavois	10
Nate Farm	10
Sam Wong	10
Kenny Vue	10

4X200 Relay

Mounds View	1:38.64	
Ray Holmboe	8	25.9
Ryan Hill	9	24.0
Bobby Moua	9	24.2
John Montgomery	9	24.3

400M Dash

Ethan Von Grey	10	26.7	56.97
Ethan Stromquist	11		64.62

800M Run

Eddie Brody	11	29.7, 64.2, 1:36	2:10.36
Nate Apostle	9	30.7, 65.1, 1:37	2:11.40

TIED 18TH FRESHMAN HONOR ROLL

Alec Nelson

TIED 22ND FRESHMAN HONOR ROLL

Alec Nelson	9	31.2, 65.6, 1:37	2:11.90
Harry Lien	12	30.4, 64.6, 1:37	2:12.19
John Carlson	10	31.7, 67.0, 1:43	2:18.44
JP Braun	11	32.4, 67.0, 1:43	2:21.77
Mikey Gennaro	9	35.1, 74.6, 1:51	2:22.53
Johnathon Pfenning-Wendt	9	35.8, 75.1, 1:52	2:22.61
Noah Xiong	11	32.8, 71.2, 1:47	2:27.03
Levi Christophers	9	40.2, 84.4, 2:06	2:47.08
Tanner Ware	9	40.5, 84.8, 2:09	2:52.40

1600M Run

Mark Ousdigian	12	72, 2:26, 3:40	4:52.12
Nate Moller	10	72, 2:27, 3:40	4:55.98
Nehemiah Gaim	10	73, 74, 75, 74	4:58.40
Sam Winters	10	78, 2:38, 3:56	5:07.48
Sam Morissette	10	77, 2:35, 3:54	5:08.47
Filipos Gilbert	11	82, 2:39, 3:56	5:18.57
Steve McCoy	10	77, 2:38, 4:03	5:29.11
Erik Swenson	10	78, 2:38, 4:00	5:25.36
Nathan Hohenshell	10	79, 2:42, 4:07	5:26.52
Zach Allie	9	79, 2:41, 4:06	5:26.27
Collin Wentworth	10	79, 2:42, 4:08	5:30.84
Sebastian Thompson	10	87, 2:57, 4:23	5:44.93
Niranjan Sankar	12	88, 3:02, 4:36	6:04.05
Mason Huberty	10	87, 3:01, 4:41	6:19.30

3200M Run

Finn Solokowski	9	78, 2:38, 4:00, 5:21	10:47.37
25TH FRESHMAN HONOR ROLL			
		6:43, 8:06, 9:30	
Ezra Gaim	9	78, 2:40, 4:03, 5:35	11:35.44
		7:03, 8:43, 10:14	

4X400 Relay

Mounds View	3:50.38	
Rhone Gavois	9	57.0
Nate Farm	10	56.7
Sam Wong	10	57.6
Lucio Vazquez	11	59.0

4X800 Relay

Not Run

Long Jump

Micah Smith	11	18' 10 1/4"
Paul Freimuth	11	17' 1/2"
Spencer Pauly	12	16' 8 1/2"
Trent Oberreit	10	15' 8 1/2"
Jack Roeber	9	14' 6 1/2"
Stephen Ha	12	14' 2"

Triple Jump

Souayang Xiong	11	39' 8 3/4"
Josh Sampson	10	39' 1/4"
Paul Freimuth	11	38' 10 1/4"
Micah Smith	11	38' 2 1/2"
Jack Roeber	9	36' 8"

High Jump

Paul Freimuth	11	5' 10"
Kyle Durbin	11	5' 2"
John Montgomery	9	5' 0"

Pole Vault

Kent Tuominen	10	10' 6"
Kevin Nelson	10	9' 6"
Ben Wynia	9	8' 0"
Liam Edgar	9	8' 0"

Shot Put

Max Janes	11	41' 10 1/2"
Thomas Van Oort	9	32' 1 1/2"
Elliot Lee	9	30' 6"
Cam Anderson	12	30' 1/2"
Frankie Seymore	10	27' 1 1/2"
Bradyn Buganski	9	26' 9 1/2"
Luke Hermanson	10	22' 10"

Discus

Thoger Boyum	11	108' 7"
Max Janes	11	108' 4"
Joey Tillman	11	100' 3"
Elliot Lee	9	100' 3"
Cam Anderson	12	93' 5"
Bradyn Buganski	9	78' 1"
Thomas Van Oort	9	74' 1"
Luke Hermanson	10	58' 8"

PERSONAL BEST